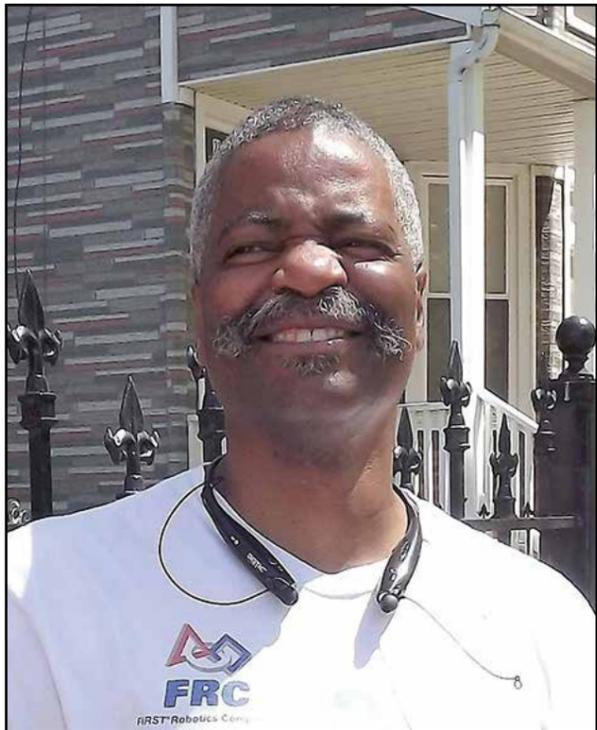




**Interview**

**Big change for Dollar Tree**



**20 Questions**

This month's interview is with Jeff Taylor, owner of Happy Kidds Group Daycare Home, 2148 W. Montrose.

- Q. Where were you born and raised?
- A. Chicago.
- Q. Are you married? Any children?
- A. Yes. I have 3 children, 1 girl and 2 boys.
- Q. Where did you attend school?
- A. Near North Career Magnet School.
- Q. Who has/had the most influence in your life?
- A. My mother.
- Q. Who do you most admire and why?
- A. My older brother. He is very mechanical and can fix anything.
- Q. If you could meet anyone in the world, who would that person be and why?
- A. Adam. I would ask him why he let Eve eat that fruit.
- Q. If you could travel to any country in the world, where would

- that place be and why?
- A. Dubai. I've heard that they have inside snow skiing, in the middle of the desert, great architecture and a world famous water park.
- Q. What would you like to do in your life that you haven't done so far?
- A. Take my wife to Italy and Spain.
- Q. What hobbies or special interests do you have?
- A. Fishing and when I was a kid I had a collection of Johnny Lightning collection of cars.
- Q. What is your favorite TV show, movie and book?
- A. My favorite TV show is "American Ninja" and the Discovery Channel, when they have animal specials. My favorite movie is "Old Yella". My favorite book is any book about dogs.
- Q. Father's Day is coming up. You have 2 sons and a daughter of which you are very proud. Tell us a little about their accomplishments.
- A. My son, Geoffrei, is a chef in New York City. My daughter, Chloe,

Continued page 2

by George Rimel

The Dollar Tree Store located at 3016 North Ashland Avenue in the Lakeview community closed suddenly on May 11th . The employees were transferred to the Addison Mall and Elston and Diversey locations. Management of The Dollar Tree told Lakeview Newspaper. "The landlord raised the rent and that's what

caused them to close the store. Corporate is looking for other places in Lakeview. We like this community and the people that shop here." A comment on Yelp said it wasn't the store or the landlord's fault. It's the fault of the City of Chicago and the mayor for raising property taxes The 7 cent bag tax and the penny an ounce tax

for beverages surely doesn't help. The Dollar Tree was making a profit at this location, according to management sources for the store and catered to everyone in the community who wanted a good deal. Everything was a \$1.00 or less unlike other dollar stores. This Dollar Tree store had some brand name

products, frozen food, lots of food aisles and really reasonable toys for children and items for each holiday. The free parking next to the U.S. Post Office made it easier to shop without having to worry about feeding a meter with LAZ parking. Hopefully corporate will find another location in Lakeview.

**What's on your Mind?**



"I'm a yoga director. How to bring yoga at Hamsa to the Northcenter community."

Corinne Torres



"My family and friends are in law enforcement and they are giving everything to Chicago. It breaks my heart how they are being treated by the public."

Gorette Carroll



"Writing my dissertation. So, work is on my mind."

Jennifer Cheek

# Editorial & Opinions

Interview continued from Page 1

has her degree in Marketing and my son, Stephan, is finalizing his studies at DeVry for computers and automotive computers.

**Q.** Why did you decide to go into the child care business and what would you say is your greatest challenge?

**A.** I worked for an insurance company that closed. So Cynthia and I started a day care center. The challenge is taking care of their safety and love and care for them.

**Q.** What is your most prized possession?

**A.** A photograph of my dad's mother.

**Q.** What have been your three greatest achievements?

**A.** Getting married, having three healthy kids and my wife and I owning our own business.

**Q.** What have been your three greatest disappointments?

**A.** People and family that have passed away, people that don't treat you well and the violence in Chicago.

**Q.** What is your "pet peeve"?

**A.** People who complain about nothing.

**Q.** What has been the worst advice you were ever given?

**A.** "Don't pay your parking tickets."

**Q.** If you could trade places with someone for a day, who would that person be and why?

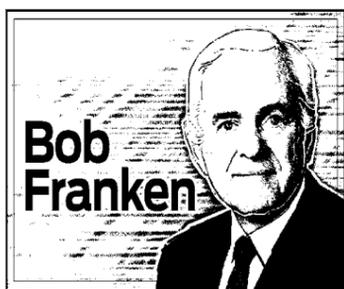
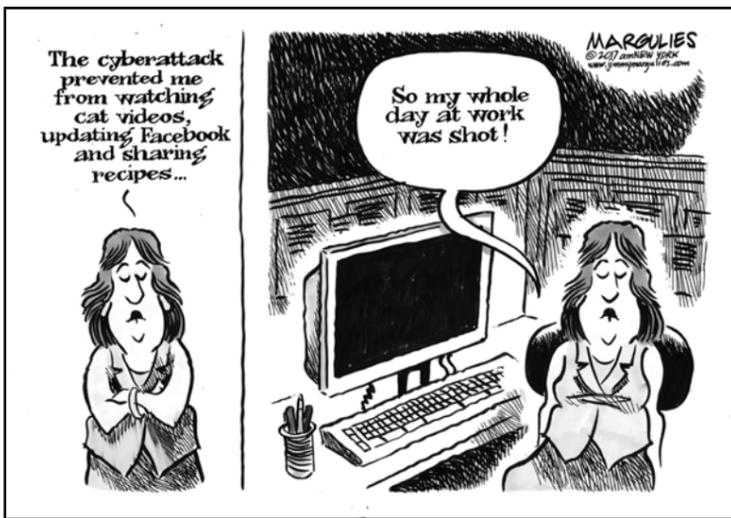
**A.** My wife, Cynthia. I'd like to see what she deals with daily.

**Q.** What improvements or suggestions would you make for the Lakeview and Northcenter neighborhoods?

**A.** I'd like to see more people employed and more people having community involvement.

**Q.** Do you have a motto for living your life?

**A.** Pray every day. Sometimes I pray three times a day.



## The White House's Management Problem

Mind you, I'm not anti-management. Some good leaders maintain thriving companies by inspiring a passion for a job well done in an atmosphere of confidence. Collaboration is their organizational approach, where praise co-exists with constructive criticism. The employees operate with a well-defined sense of mission, because it has been clearly communicated from the top.

Then there are the bad bosses — far too many of them. These are the ones who believe in a business culture of fear. Sometimes it's intentional, where the guy at the top gets his ego kicks from desperate subordinates groveling to win favor — or more likely, avoid disfavor and its brutal consequences. Even worse is the unqualified executive, who stifles accomplishment by constant second-guessing. Usually he is trying to avoid facing that he's in way over his head. So he resorts to capricious bullying. His people have no idea what to do or say.

It's obvious where this is heading. This is not a discussion about just any leader, but the nation's leader. President Donald J. Trump is showing himself to be a historic disaster when it comes to running his new company, the federal government. Since the very beginning of his tenure, he has caused one debacle after another, and not just because of his loquaciousness.

Working closely with Trump is clearly a nightmare. His top aides nev-

er know what he's thinking from one moment to the next. All live in fear of losing their job. As a result, they willingly embarrass themselves by publicly parroting, on any given controversy, whatever they think their leader wants them to, no matter how ridiculous. Then, Trump changes his mind, and suddenly the spokespeople are thrown under a bus.

We saw the Trump technique in all its toxic splendor with the firing of James Comey, whose FBI is deep into an investigation over alleged Trump campaign collusion with the Russian government. We've all heard the differing stories about various Trump-Comey conversations. What is clear in all of them is that Donald Trump concluded that Jim Comey was not somebody he could reliably control. Comey had to go. He was fired.

Now came the hard part: Trump or one of his advisers came up with a plan to get new Deputy Attorney General Rod Rosenstein to write a memo, critical of Comey as FBI director.

When the deed was done, and Comey was sacked, the president sent his people out to tell the world it was all Rosenstein's idea. But Rosenstein realized he'd been had and said so. So what does the current president do after his people had haltingly explained the action, which, by the way, he didn't tell them about until right before it happened? He changed his story in an interview with NBC's Lester Holt. Completely changed it.

What we had was a classic failure to communicate a storyline, apparently a bogus one, spread by lackeys desperate to get a crumb of favor and keep their jobs. Trump explained it away by saying it was impossible for them to be accurate because they couldn't keep up with him. Whatever else we think of President Donald Trump, it's obvious that an example of what an executive should not be is the nation's chief executive.



## Moments in time

THE HISTORY CHANNEL

- On **June 8, 632**, in Saudi Arabia, Muhammad, founder of Islam, dies. In 610, in a cave north of Mecca, he had a vision in which he heard God command him to become the Arab prophet of the "true religion." Muhammad began having religious revelations, which he collected as the Quran.

- On **June 9, 1856**, nearly 500 Mormons leave Iowa City and head west for Salt Lake City, carrying all their goods and supplies in two-wheeled handcarts with wooden axles. Over the next four years, some 3,000 Mormon converts made the overland journey with similar handcarts.

- On **June 7, 1913**, Hudson Stuck, an Alaskan missionary, leads the first successful ascent of Mt. McKinley's south peak, the highest point on the North American continent, at 20,320 feet, overcoming difficult weather and a fire that destroyed food and supplies.

- On **June 10, 1928**, Maurice Sendak, author and illustrator of "Where the Wild Things Are," is born in New York. The book was pioneering in its realistic depiction of childhood anxieties and rebellious behavior.

- On **June 6, 1933**, in New Jersey, Richard Hollingshead opens the first drive-in movie theater. Hollingshead had experimented in the driveway of his home in Camden, mounting a 1928 Kodak projector on the hood of his car, pinning a screen to some trees, and placing a radio behind the screen for sound.

- On **June 11, 1955**, a Mercedes-Benz race car in Le Mans, France, goes out of control at 150 mph and crashes into stands filled with spectators, killing 82 people. Several nations banned racing after the tragedy.

- On **June 5, 1968**, Senator Robert Kennedy is shot at the Ambassador Hotel in Los Angeles after winning the California presidential primary. Kennedy was shot several times by the 22-year-old Palestinian Sirhan Sirhan. He died a day later.



## The Worst Word in American Politics

For the past couple of years, the most important word in American politics has been the worst — "rigged."

Emanating from slang back in the 17th century, developing into a description of financial fraud, and then branching out to apply to cheating in sports and elections, "rigged" had a breakthrough year in 2016, and it shows no sign of loosening its grip.

It is a word of grievance and conspiracy. It is a word of institutional distrust. It is a word of larger forces beyond our control taking advantage of us. It is a word that says, "We wuz robbed — and we will make the bastards pay."

In short, it is the perfect term for a fevered era in our national life.

Donald Trump has charged that everything is rigged. "It's not just the political system that's rigged, it's the whole economy," he said during the campaign. The rigging specifically encompassed, among other things, "unfair trade, immigration and economic policies," as well as the Republican primary (at least when he was losing ground).

Since Hillary Clinton picked up on the verbiage from Bernie Sanders, both major-party candidates last year argued that the system had been manipulated by nefarious forces working for their self-interested ends, i.e., "rigged." The election was basically a contest over which party had a better claim on the word. Yes, "the game is rigged," Eliza-

beth Warren thundered. "It's rigged for guys like Donald Trump."

In the stretch run of the campaign, Trump warned his supporters that "we are competing in a rigged election" and demurred from saying in advance that he would accept the results. Democrats lamented Trump's rhetoric, but when he pulled off a stunning upset, they immediately resorted to rigged charges of their own. Trump hadn't really won; the election had been stolen in a smoke-filled room somewhere in the Kremlin.

The charges and countercharges contrast with the bygone era when national politicians avoided public allegations of foul play even when they might legitimately suspect it. Richard Nixon didn't contest his razor-thin defeat in the 1960 presidential election, despite doubts about the vote count in Illinois and Texas. He thought it wouldn't be good for the country, whereas now charges of rigging are the default. With trust in most American institutions badly eroded over the past 40 years, such accusations find a ready audience — and do their part to undermine trust a little bit more.

The idea that whatever we don't like about our country is the handiwork of shadowy forces is a form of paranoia, certainly when it involves systems as large, diverse and uncontrolled as our politics or our economy. But there is a certain comfort in this mindset. It provides a ready, simple explanation for unwelcome trends or outcomes, and fixes responsibility for our troubles on an enemy. It implicitly promises not so much the creation of a set of truly neutral rules or more legitimate institutions than simple vengeance against those who are allegedly responsible for the rigging.

In other words, it heralds a particularly nasty politics, and, increasingly, it's the one thing that unites the right and left.



## Lakeview Newspaper

"We don't make the news. We just report it."

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**Neighborhood Events**  
**JUNE, 2017**

**44TH WARD**  
**13-City of Chicago Vehicle Stickers**

**Tuesday 11:00 AM – 3:00 PM**  
The City Clerk's Office will be selling City of Chicago Vehicle Stickers/Residential Parking Permits at the 44th Ward Service Office. This service provides an opportunity for residents to conveniently purchase City Stickers/ Residential Parking Permits in the neighborhood, thus avoiding long lines at the City Clerk's Office or waiting for the stickers to arrive in the mail. ONLY stickers expiring in June 2017 or New Residents are available for purchase. Please bring the following documents: Pre-Printed Renewal Form if you have received one; Photo Identification; Vehicles Registration. If your photo ID does not have your current address, please bring a hard copy of current lease, mortgage statement or utility bill. Payment: Credit Card, Check, Money Order Only. Cash will not be accepted. In order to expedite processing, please have all documents/renewal forms ready for presentation as well as checks filled out in advance. Due to the high volume and processing requirement, the City Clerk's office requests that residents arrive thirty minutes prior to closing.

**June 9,10,&11 Ribfest Chicago**  
Lincoln Avenue, Irving Park Road and Damen.  
June 9th, 10th and 11th.  
2 days of Kids Square June 10th noon to 8, June 11th noon to 7. \$10 donation to benefit local schools, youth sports programs and social services. Hosted by the Northcenter Chamber of Commerce and Anheuser-Busch. Fun and great eats for the entire family.

**June 17-Chicago Pride Fest Saturday 11:00 AM – 10:00 PM**  
Chicago Pride Fest, held during National Pride Month, celebrates the achievements as a community in the annual two-day street festival leading up to Chicago's world famous Pride Parade. Entertainers from across the globe perform to crowds filled with PRIDE as we celebrate the LGBTQ history.

**June 18-Chicago Pride Fest Sunday 11:00 AM – 10:00 PM**  
Chicago Pride Fest, held during National Pride Month- July 1 & 4th – Office closed in observance of Independence Day.

**32nd Ward June 15 -Ward office City Sticker Sale**  
The 32nd Ward Office in partnership with the City

Clerk's office will be selling city stickers for your vehicle at the 32nd Ward Service Office. Please bring your driver's license and proof of residence. The sale will start at 10 AM and end at 2 PM.

**Lakeview Low-Line Market at the Southport CTA Station Thursday Evenings, June 1 – October 26 from 3:00 PM – 7:30 PM**

The Low-Line Market is a carefully curated market bringing high-quality produce, proteins, flowers and artisanal foods from local farms and vendors to a convenient location for CTA commuters and Southport Corridor shoppers. Produced by the Lakeview Chamber of Commerce.

**Lakeview Live: Concerts on the Curb**  
This event series showcases the sounds of Chicago's talented musicians and celebrates Lakeview businesses in a laid-back community setting. Enjoy summer evenings with live music, local food, craft beer, and family-friendly activities while mingling with friends and neighbors in the heart of Lakeview. Free and open to the public. To be announced.



**Lakeview realtor was an inspiration to children and the community**

Donald J. Haderlein, a local area realtor, passed away at age 90, in February of this year. He was one of the founding families in the Lakeview neighborhood and a street was dedicated in his honor. He owned and operated Haderlein & Co. Real Estate in the Lakeview community and Norwood Park. He held leadership roles in the Chicago Board of Real Estate, Lakeview Chamber of Commerce, Wildwood Community Association, Knights of Columbus and

many other civic organizations. He was an avid golfer and member of the Ridgemoor Country Club for 45 years. Don was an inspiration, not only to his family but others that did business with him. He valued honesty, loyalty, respect, integrity and family. His children Gerard Haderlein, Mary Haderlein, John Haderlein, Don Haderlein, Barbara McCartney and Hope Bradley are all proud this Father's Day that he made a difference in our community.

Anheuser-Busch & the Northcenter Chamber of Commerce present

**Ribfest CHICAGO**

**JUNE 9, 10 & 11**  
**LINCOLN/DAMEN/IRVING PARK**

Voted Best Food Fest CHICAGO READER

Featured on FOOD NETWORK

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**Nora Jane Struthers & the Party Line**  
**Air Traffic Controller ★ Nick Lynch**  
**The Whiskey Gentry ★ The Saps ★ Greta Van Fleet**

**RibMania VIII on the Reader Stage**  
Fri., Jun 9 @ 6 PM, Lincoln & Berteau

**Kids Square @ Lincoln & Belle Plaine**  
Sat., June 10, Noon-8 PM  
Sun., June 11, Noon-7 PM

**One-Day & Three-Day VIP Passes**  
VIP Gate, Tent & Beverage Lines  
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**Food Lounges**  
BBQ King Smokehouse  
Mrs. Murphy & Sons  
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**\$10**

Gate donation benefits local schools and community groups.



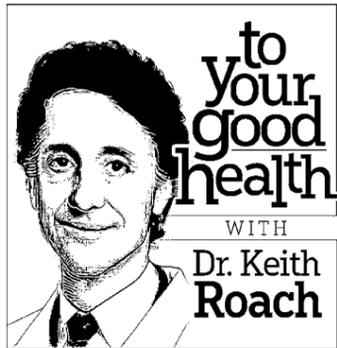
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# Health



to  
Your  
good  
health  
WITH  
Dr. Keith  
Roach

## Don't Keep Secrets From Your Doctor

**DEAR DR. ROACH:** About three years ago, I was walking from the parking lot to church (not a long distance) and was overcome with a feeling of warmth and weakness throughout my body. I almost dropped my purse, but it stopped almost immediately. About three weeks ago, the same thing happened. I did not feel ill, and it passed almost as fast as it came on. I am 65 years old, exercise regularly and eat a healthy diet. I have yearly check-ups and blood tests.

After looking over my yearly bloodwork, which we do at work, my white blood cell count is usually low, according to my hematologist. He had me do a total body X-ray and several blood tests over a three-month period and found nothing wrong with me. I did not mention the above to him. Can you tell me what can possibly be going on in my body? —A.N.

**ANSWER:** Since it has happened only twice in three years, and since you have had an evaluation without finding anything, it may just be one of those things that happens that we don't get an answer to. In fact, I think that is the most likely outcome.

However, whenever I hear about warmth all over the body, I worry about conditions that cause a release of substances that act on the blood vessels. Carcinoid syndrome and pheochromocytomas are two rare conditions that can cause a temporary flushing sensation, and you certainly should mention this to your doctor.

Neither of them is likely, but you don't want to miss either possibility.

Sudden onset of weakness is a warning sign of a TIA or stroke, but your situation doesn't really sound like that. Still, giving your doctor the most information will help him decide whether this needs to be looked into further.

\*\*\*

**DEAR DR. ROACH:** I am 80 years old, and have been bothered by frequent urination for many years. My urologist was constantly recommending a surgical procedure, and was performing diagnostic tests to determine what I already knew — that I do not void fully. I sometimes must urinate three to four times at night. I have not seen this urologist for more than two years. My question is: What are the risks of doing nothing? I was on Flomax and found it to be of no benefit. —W.B.

**ANSWER:** Difficulty urinating is a common problem for older men, and for many men, the symptoms themselves make them want to be treated. It sounds like you are asking if there might be additional downsides besides the symptoms.

The major risk is that there might be a cancer, especially of the prostate, so seeing the urologist to look for cancer is important. Prolonged blockage occasionally leads to kidney damage, if the blockage is severe enough for long enough. Finally, having "stale" urine in the bladder predisposes you to infection. If your doctor finds you have good kidney function, no cancer and no infection, you don't need to get treated. That being said, there are other treatments besides Flomax that might help your symptoms.

\*\*\*

## Reader Drank Mercury From a Thermometer!

**DEAR DR. ROACH:** You probably have never gotten a question like this. How much mercury is in an old thermometer? A month ago, I wasn't feeling well, so I took my temperature with an old thermometer that seemed to be taking too long to work. Long story short, I broke it into my hot cup of coffee, which

I drank before I realized that I had broken the thermometer. I didn't finish the whole cup. What happens to mercury when it's in hot liquid? Does it sink or float? Is it visible? Does it have a taste or smell? What will happen to me?

I didn't call the poison center or my doctor; I was too embarrassed. I did end up being sick for a long time. I had a fever (I got a new thermometer), sore throat, terrible headache that lasted for days, my blood pressure was elevated and I vomited on the fifth day after ingesting the mercury. I don't know if some of the symptoms were from a reaction to the Nyquil I had taken, which has never bothered me before. Any suggestions? —Anon.

**ANSWER:** I wasn't embarrassed to call the Poison Control Center at 800-222-1222 — you should have called immediately, too. They confirmed the teaching I received: The mercury in a thermometer is elemental mercury, not the toxic organic mercury salts, so it would not normally be absorbed. Mercury is very heavy, much denser than water, so it would have sunk to the bottom of the coffee quickly, and odd: are you didn't even ingest much of it. It stays bright-silver, but you probably would not have seen it through the dark coffee. The expert I spoke with was just as concerned about the broken glass you might have ingested. I suspect the symptoms you describe have nothing to do with the mercury.

Even though the news I give you is good, I still would go to your doctor and discuss it. If someone came in to me with these symptoms, I would look for other reasons for them, not mercury.

\*\*\*

**DEAR DR. ROACH:** I am a 68-year-old man with numbness in my hand for the past seven years. A neurologist diagnosed me with carpal tunnel syndrome and prescribed special gloves. I have no hand pain only numbness when I elevate my arms, which also causes neck and shoulder pain. What can I do to get some relief? —B.W.

**ANSWER:** Carpal tunnel syndrome is caused by compression of the median nerve in the wrist. It may cause

numbness and pain in the hands. The pain can travel up the arm, but rarely affects the arm above the elbow, and neck/shoulder pain makes me concerned that the nerve compressor causing your hand numbness might be originating in your neck.

It is possible you have both carpal tunnel syndrome and a "pinched nerve" in the neck, but compression of the nerve in the neck could cause all the symptoms you are telling me about. A careful exam usually sorts this out, but an MRI may be necessary to confirm.

\*\*\*

## Helping a Smoker Quit

**DEAR DR. ROACH:** I need your help to get my husband to stop smoking.

We have been together for 27 years. He has smoked cigarettes daily for at least 30-35 years. Recently, he had an attack where he couldn't breathe, and we took him to the clinic, where they did a breathing test. My 15-year-old son and I watched as my husband agonized to get through the test. They gave him an albuterol machine, prescribed Advair and sent him on his way.

His father also smoked for many years, and now is on oxygen for COPD — he is miserable every day. My husband quit smoking about two years ago using Chantix, but he started smoking again shortly after that. I do not want to watch him suffer like his father. I don't understand how he sees what his father is going through and still continues down that road. I know it is not too late for him to stop, even though I am pretty sure he has already done some serious damage to his body.

What can I do to get my husband to quit for good. —S.W.

**ANSWER:** Quitting smoking is perhaps the most difficult recommendation to follow. There are some definite red flags in your husband's case as you have described it, but some reason to hope as well.

The fact that your husband can see the effects of smoking on his father but has not successfully quit is worrisome. On the other hand, quitting now

quit. He needs to know that most people who quit successfully have tried several times to quit in the past and went back. It's worth trying again, and he knows that he is able to quit.

Varenicline (Chantix), bupropion (Zyban and Wellbutrin) and nicotine replacement therapies definitely are helpful for most people in quitting. I am sure his doctor will be happy to partner with you, his family, in helping him quit.

The American Lung Association, Centers for Disease Control and Prevention, Health Canada and the American Heart Association all have helpful information for people trying to quit as well.

## SENIOR NEWS LINE

by Matilda Charles

### Study: Exercise Boosts Cognitive Function

Australian scientists at the Research Institute for Sport and Exercise at Canberra analyzed 39 studies to explore whether structured exercise really does improve cognitive function in adults over age 50.

Results of the study, printed in the British Journal of Sports Medicine, say yes, it does. And it doesn't matter whether it's aerobics, resistance training or tai chi, or any combination of those. Even if there is existing mild cognitive dysfunction, moderate-intensity exercise can help.

It's thought that exercise increases the blood supply to the brain, along with oxygen, reducing the effects of aging and giving us better memory and learning skills.

Here are some details gleaned from all those studies:

- Tai chi, and yoga to a lesser degree, improved cognitive function. There were only a few studies done on tai chi, but they all agreed on the result. The bonus about tai chi is that its no-impact, gentle movements are suitable for seniors who can't do more difficult activities.

- Exercise between 45 and 60 minutes in duration, or moderate to vigorous exercise for any amount of time, improved cognitive function. Even if it's only a few minutes, any amount of exercise helps reduce risk for heart disease, build strong bones, control weight and improve our moods.

# Financial Statement

## Does Pet Insurance Make Sense For You?

How much are you willing to spend to keep your pet healthy? The initial costs for a dog (medical, food, toys/treats, license, health insurance, neutering, etc.) come to \$565.00. The cost for owning a cat (medical, health insurance, food, toys/treats, litter, cat carrier, etc.) come to \$365.00. We all

love our pets and we will do all we can to provide them with a good healthy life.

However, in doing so, you should prepare yourself for any unexpected health issues that may arise by setting up an emergency-care fund for your pet. Consumer Reports says the pet insurance rider for routine care is rarely worth the cost. But, it can be a different story if you're one of the small number of people whose pet needs major surgery, with a bill that can reach \$10,000

or more. According to the North American Pet Health Insurance Association, the average annual premium for accident and illness insurance for dogs in 2015 was \$465 and for cats, \$316.

Some ways to save money on veterinary costs is to stay on top of preventive care. Keep your dog's ears and teeth clean. Watch what they eat. When faced with an expensive procedure, ask your vet about all of the alternatives. Ask if your vet can match the lowest online

price for medicines that prevent parasites (fleas, ticks and heartworms).

If the vet can't, ask if he or she will write you a prescription that can be filled at a pharmacy or online.

## Aging in Place

The Village to Village Network is a growing group of organizations around the country with one main focus: to help seniors age in place. What we need, they have. Whether it's transportation, social opportunities or community and volunteering links.

the VTV Network has the resources to make our senior years better.

Want to learn more about computers? Join a book group? Find a worthy chess opponent? Want to take trips but not do it alone? The variety of activities in the Villages is vast and varies from group to group. Their main purpose is to keep us in our homes and connected to our communities.

And when we do need care, the services are there. If we need volunteers to come paint our living room or take us to a medical appointment, someone will help.

To learn if there's a Village near you, go to the Village to Village Network at [www.vtvnetwork.org](http://www.vtvnetwork.org) and put in your ZIP code or expand the map. Each link has a pop-up box to click for more information about a specific group near you. Each group provides different services and opportunities. When you fill out an application, you'll be asked about your interests and what services you either need or can offer someone else.

All the groups have different names. You'll find the Neighborhood Network, People Helping People, At Home groups, Community Helping Hands and many more. They all have one thing in common: They're part of the Village to Village Network.

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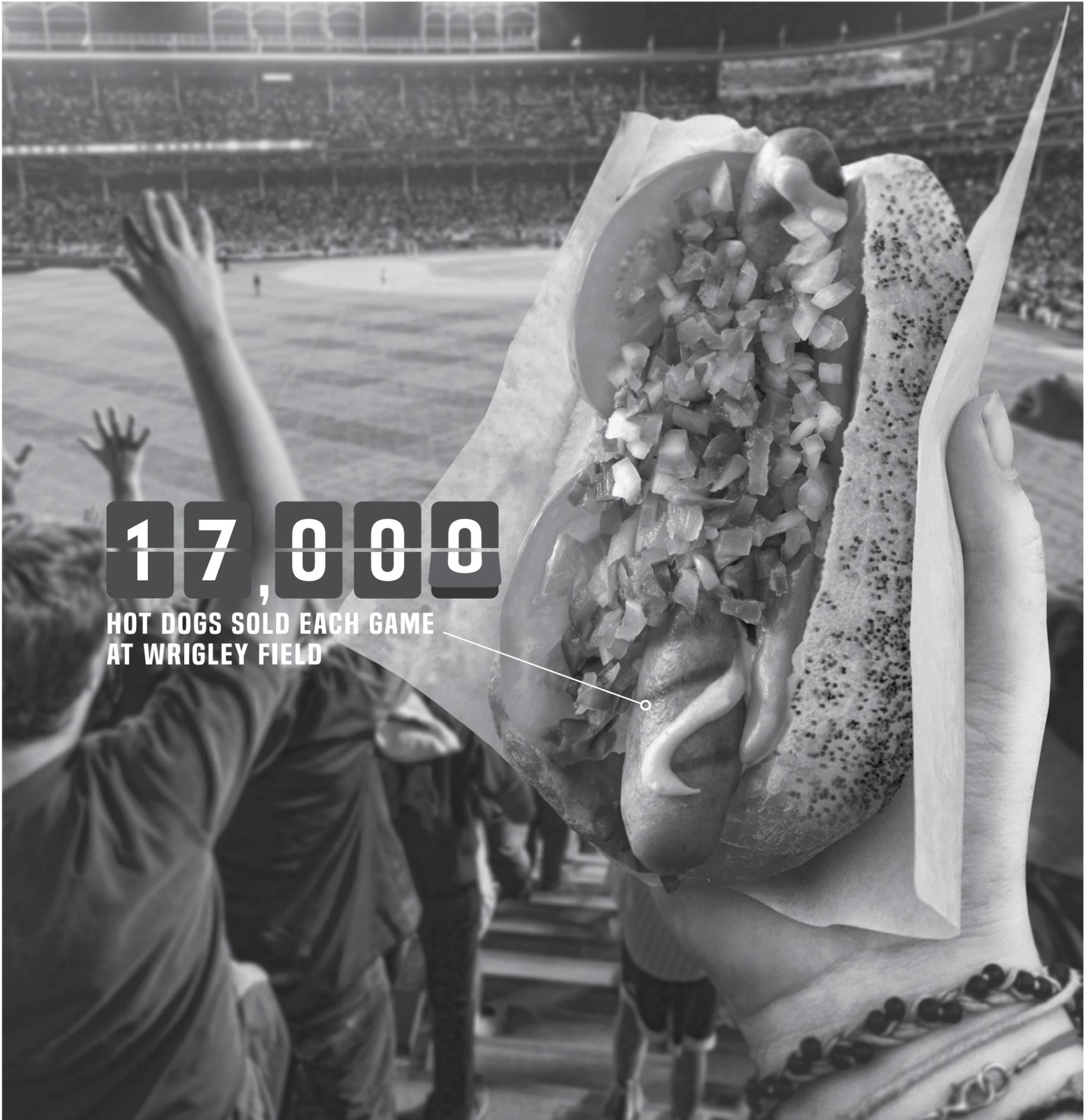
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1. Who released "She's a Fool"?
2. Which group wrote and released "Sincerely"?
3. Name the band that released "All Right Now."
4. Which group charted with "This Time I'm In It for Love"?
5. Name the song that contains this lyric: "People walking around reciting poetry, Screamin' guitars and a thousand colored lights, People I'm telling you this place is really out of sight, You can have your fortune told."

**Answers**

1. Lesley Gore, in 1963. It was produced by Quincy Jones, the genius behind a number of Gore's hits.
2. The Moonglows, in 1954. It went to No. 1 on the Billboard R&B chart, but the bestselling version was done by the following year by the McGuire Sisters. The Moonglows were inducted into the Rock & Roll Hall of Fame in 2000.
3. Free, in 1970. Lead singer Paul Rodgers went on to join Bad Company.
4. Player, in 1977. The song stayed on the charts for four months.
5. "Psychedelic Shack," by The Temptations, 1970. The group tried to capitalize on all things psychedelic, complete with a hard rock sound and synthesizers. It was a long way from "My Girl" only six years prior.

# Strange BUT TRUE

By Samantha Weaver

• It was beloved American author of Western stories Louis L'Amour who made the following sage observation: "A wise man fights to win, but he is twice a fool who has no plan for possible defeat."

• You might be aware of the fact that penguins mate for life, but did you know that before they mate, there's a proposal? It's true — a penguin will spend a significant amount of time searching for the perfect pebble to offer to its prospective mate.

• Swedish chemist, inventor and businessman Alfred Nobel is best known for inventing dynamite — and for using his fortune to institute the Nobel Prizes after he was condemned as a "merchant of death" for profiting from the sale of arms. You might be surprised to learn, though, that he also had a literary bent, writing poetry, novels and plays.

• If you're like the average American, you spend about 17 minutes a day exercising — and 10 hours a day looking at a screen.

• On Christmas Day in 1075, while he was in the middle of celebrating mass at the Basilica di Santa Maria Maggiore, Pope Gregory VII was kidnapped by a Roman nobleman.

• Those who study such things say that the light produced by a single bolt of lightning is equivalent to that produced by 100 million flashbulbs. And the fact that flashbulbs are being used as a comparison may indicate some unrelated data about the age of the researchers.

\*\*\*

**Thought for the Day:** "The tragedy in the lives of most of us is that we go through life walking down a high-walled lane with people of our own kind, the same economic situation, the same national background and education and religious outlook. And beyond those walls, all humanity lies, unknown and unseen, and untouched by our restricted and impoverished lives." — Florence Luscomb



1. **Guardians of the Galaxy Vol. 2** ..... (PG-13)  
Chris Pratt, Zoe Saldana
2. **Snatched** ..... (R)  
Amy Schumer, Goldie Hawn
3. **King Arthur: Legend of the Sword** ..... (PG-13)  
Charlie Hunnam, Astrid Berges-Frisbey
4. **The Fate of the Furious** (PG-13)  
Vin Diesel, Dwayne Johnson
5. **The Boss Baby** ..... (PG) animated
6. **Beauty and the Beast** ..... (PG)  
Emma Watson, Dan Stevens
7. **How to Be a Latin Lover** ..... (PG-13)  
Eugenio Derbez, Salma Hayek
8. **Lowriders** ..... (PG-13)  
Gabriel Chavarria, Demian Bichir
9. **The Circle** ..... (PG-13)  
Emma Watson, Tom Hanks
10. **Bahubali 2: The Conclusion** ..... (NR)  
Prabhas, Rana Daggubati



1. Watching TV/Movies
  2. Bed
  3. Vacation
  4. Bathroom
  5. On the phone
  6. Walking
  7. Commuting
  8. Meal with others
  9. Face-to-face
  10. Working out
- Source: Adobe



**PICKS OF THE WEEK**

**War Machine** (TV-MA) — Continuing its quest to blur the line between box office and set-top box, this week brings Netflix's much anticipated premiere of "War Machine," a Brad Pitt vehicle that seriously amps the streaming service's star power. Inspired by "The Operators: The Wild & Terrifying Inside Story of America's War in Afghanistan," written by Rolling Stone journalist Michael Hastings, the farcical comedy chronicles the meteoric rise and inevitable crash and burn of the fictional Gen. Glen McMahon, newly minted commander of NATO forces in Afghanistan, as he tries to win the unwinnable war. Pitt's take on real-life Gen. Stanley McChrystal — invincible silver fox, demigod to his subordinates — is clever and confident. Billed as "part reality, part savage parody," it is directed by David Michod ("Animal Kingdom") and also features Tilda Swinton, Sir Ben Kingsley, Anthony Michael Hall, Alan Ruck, Meg Tilly and Topher Grace.

**The Blackcoat's Daughter** (aka "February") (R) — Pervasive chill and desolation join the cast in the directorial debut of Oz Perkins, son of the late Anthony Perkins ("Psycho"). Kat (Kiernan Shipka) is stranded at her remote boarding school when her parents are unexpected no-shows at the start of winter break. She's joined by Rose (Lucy Boynton), an older, bolder but not wiser fellow student. Plagued by unexplainable events, the girls face an escalating supernatural threat.

Emma Stone plays Joan, a troubled young woman who, for reasons unknown, is frantically headed toward the school. Their stories are told in interlacing arcs, which intersect in the film's terrifying climax. This film has atmosphere for days. Yes, the story lacks acute character development and plot details are deliberately nebulous, but Perkins' slow drip keeps the element of suspense high and doesn't loosen the lonely grip of winter's despair.

**Staying Vertical** (NR) — Screenwriter Leo (Damien Bonnard) wanders the French countryside in search of a story. He meets shepherdess Marie (India Hair), with whom he almost immediately has a child. Marie promptly leaves him and the baby behind, and Leo spends the rest of the film exploring relationships with the quirky villagers, still in pursuit of a tale to tell. Very explicit sexual scenes, including live, unvarnished childbirth, make "Staying Vertical" a film strictly for hardy grown-ups.



Brad Pitt in "War Machine"

**DOG OF THE WEEK**

**Rupture** (NR) — Brought to you by director Steven Shainberg, "Rupture" is the story of a mysterious organization that abducts single mom Renee (Noomi Rapace) off the side of the road. They subject her to intense interrogation and explore her deep fear of spiders. The abductors' plan to "rupture" Renee's genetic code, unleashing the monster within, goes awry (or does it?), but not before Terrible Things have been revealed. "You have something very special in you," they tell Renee. And you, too, must have something very special in you: the ability to sit through an hour and 41 minutes of this unimaginative mess of a movie. With genetics experimentation, alien attributes and torture, there should be something to work with here, right? Nope. This film is all build and no structure. Spare yourself — and the spiders — the disappointment.

**TV RELEASES**

- Beauty and the Beast: The Complete Series**
- Hart to Hart: The Complete Series**
- Queen Sugar: The Complete First Season**

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**Top 10 Movies On Demand**

1. **A Dog's Purpose** ..... (PG)  
Josh Gad
2. **La La Land** ..... (PG-13)  
Ryan Gosling
3. **Gold** ..... (R)  
Matthew McConaughey
4. **Split** ..... (PG-13)  
James McAvoy
5. **Hidden Figures** ..... (PG)  
Taraji P. Henson
6. **Underworld: Blood Wars** ..... (R)  
Kate Beckinsale
7. **Guardians of the Galaxy** ..... (PG-13)  
Chris Pratt
8. **Rings** ..... (PG-13)  
Matilda Anna Ingrid Lutz
9. **The Founder** ..... (PG-13)  
Michael Keaton
10. **Moana** ..... (PG) animated

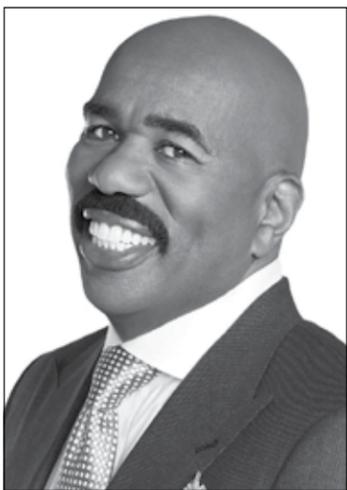
**Top 10 DVD, Blu-ray Sales**

1. **A Dog's Purpose** ..... (PG)  
Universal
2. **Rogue One: A Star Wars Story** ..... (PG-13)  
Disney
3. **Underworld: Blood Wars** ..... (R)  
Sony
4. **La La Land** ..... (PG-13)  
Lionsgate
5. **Moana** ..... (PG)  
Disney
6. **Hidden Figures** ..... (PG)  
FOX
7. **Sing** ..... (PG)  
Universal
8. **Fantastic Beasts and Where to Find Them** ..... (PG-13)  
Warner Bros.
9. **Split** ..... (PG-13)  
Universal
10. **Rings** ..... (PG-13)  
Paramount



# What's Hot in Hollywood

**HOLLYWOOD** — **Steve Harvey** is the busiest man on television. He'll host Fox's new version of "Showtime at the Apollo," which will tape in New York City. His four-hour morning radio show is still going strong after 17 years. "Family Feud" has taped in Atlanta since 2010, and "The Steve Harvey Show" has been taping in Chicago since 2012. ABC's "Celebrity Family Feud" has been taping in Los Angeles since 2015, and "Little Big Shots," which he co-produces with **Ellen DeGeneres**, has shot in L.A. since last year. Throw in the Miss Universe Pageant, and you've got Steve all over. Imagine his frequent flyer miles!



Heidi Gutman/NBC

Steve Harvey

In other TV news, when **Bill O'Reilly** learned he'd been fired from Fox news, he was in a VIP line meeting **Pope Francis** at The Vatican. That was nervy, in view of his recently lecturing Pope Francis on his hurtful comments about our president being, "not Christian." Luckily, Pope Francis doesn't have a TV.

\*\*\*

The third Hemsworth brother, **Luke**, is getting his chance at stardom. Following the successes of **Chris** ("Thor") and **Liam** ("The Hunger Games"), it won't be easy. **Luke**, star of eight episodes of HBO's "Westworld," will carry the "Twilight Zone"-inspired film "Encounter," about a group of neighbors who find an alien in a field. It started shooting in April and will hit theaters Nov. 1.

**Hugh Jackman** is keeping his word about being done with "Wolverine," despite pleas from **Ryan Reynolds** to play him in "Deadpool 2." Production has begun and **Josh Brolin** has been cast in his place ... as a character, not "Wolverine."

**Chris Pratt**, now on screens in "Guardians of the Galaxy, Vol. 2," is filming three movies at once. First out will be "The Avengers: Infinity War" (April 4, 2018), then "Jurassic World 2" (June 22, 2018) and the untitled "Avengers" sequel (May 3, 2019).

**Richard Gere**, already on screens in "Norman: The Moderate Rise and Tragic Fall of a New York Fixer," now has a second film out, the thriller "The Dinner," with **Laura Linney** and **Steve Coogan**. He also is shooting **Jon Avnet's** film (which he wrote and is producing and directing) "Three Christs," with **Richard Gere**, **Peter Dinklage** ("Game of Thrones") and **Julianna Margulies**, the true story of three paranoid schizophrenics who each believe they are **Jesus Christ**.

**Charlize Theron**, who won her Oscar for "Monster" (2003) and cur-

rently can be seen in "xXx: The Fate of the Furious," has "Tully," with **Ron Livingston**, and "American Express" (she's also one of the producers), with **David Oyelowo**, **Joel Edgerton** and **Amanda Seyfried** coming soon. **Charlize's** perfume ads are spectacular; wonder what she'll take off for the American Express card to plug the film?

\*\*\*

**HOLLYWOOD** — Big news in Hollywood ... **Jack Nicholson's** making a new film! His last film was the 2010 dud "How Do You Know," with **Reese Witherspoon**, **Paul Rudd** and **Owen Wilson** (\$100 million cost and \$49 million gross). The film's failure must have been a big disappointment for Jack, because he hadn't announced any new projects since then. When asked in 2013 if he'd retired, he said, "I haven't quit acting; I just quit hitting on women." It was known he had trouble memorizing and remembering lines, and many speculated he was suffering from early stages of dementia.

But apparently Jack approached **Brad Grey** at Paramount Pictures with the idea that he play the kooky father in the remake of the hit German/Austrian comedy "Toni Erdman," which scored big at Cannes and was nominated for a best foreign film Oscar this year. Paramount moved on his idea and has already cast **Kristin Wiig** to play his daughter.

\*\*\*

Netflix is moving full steam ahead with the \$105 million production of **Martin Scorsese's** "The Irishman," with **Al Pacino**, **Robert De Niro**, **Joe Pesci**, **Bobby Cannavale** and **Harvey**

**Keitel**. It's about a mob hit man who recalls his possible involvement with the slaying of **Jimmy Hoffa**. Scorsese is currently working on "The Devil in the City," with **Leonardo DiCaprio**, and "Killers of the Flower Moon," which also will star DiCaprio and De Niro.

**Pacino**, meanwhile, has finished playing **Tennessee Williams** in "God Looked Away," which, judging from reviews, will not hit Broadway without being reworked. He was represented at The Tribeca Film festival with "Dabka," with **Evan Peters** and **Melanie Griffith**, and is working on the crime drama "Hangman," with **Brittany Snow** (of "Pitch Perfect").



Warner Bros.

Jack Nicholson

Merchant Ivory Productions is celebrating the 30th anniversary of "Maurice," originally released in 1987. A 26-year-old **Hugh Grant** has a love affair with 29-year-old **James Wilby**. It also has **Ben Kingsley** (then 43) and **Rupert Graves** (then 23). The film has been upgraded with a 4K scan, new magnetic soundtrack and a new 5.1 audio mix. Director **James Ivory** hopes a new generation of moviegoers will pay to see "Maurice," despite its being available on DVD and for downloading. It hits big screens June 2.

Mark May 26 on your calendar. That's when you'll be able to see the long-awaited "Baywatch," with **Dwayne Johnson**, **Zac Efron** and, yes, even **David Hasselhoff**. "Baywatch" is up against **Johnny Depp's** Captain Jack Sparrow in "Pirates of the Caribbean: Dead Man Tell No Tales," and newly single **Brad Pitt** in "War Machine," with **Ben Kingsley**, **Tilda Swinton** and **Topher Grace**. Can "Baywatch" sink "Pirates," or will Brad Pitt's "War Machine" blow up the box office?



by cindy elavsky



Lionsgate

Odessa Adion

READERS: I promised to let you know as soon as I had more "Nashville" news, and that time is now. Word just came down that the second half of season five will premiere Thursday, June 1, at 9 p.m. ET/PT on CMT (with all new episodes streaming on Hulu the following day). And so you can plan for down the road, season six is scheduled to begin airing in early 2018.

There also is some casting news: **Cameron Scoggins**, who plays tech billionaire **Zach Welles**, has been upgraded to series regular. Methinks this has something to do with his burgeoning romance with **Will Lexington**. And joining the cast is **Odessa Adion**, who will play the recurring role of **Liv**. Here's her character description from CMT: "Tough, but vulnerable, **Liv** is a teen runaway who has ditched a bad situation to live on the streets among a loose collection of other runaway teens. She is a quick thinker who has a mischievous sense of humor and dominant personality (a bit of a 'wiseass,' especially with adults)."

\*\*\*

**Q.** This past year I got really into "Timeless." I couldn't wait to see what era in history they would travel to next. Do you know if it has been renewed? — **Debbi J., via Facebook**

**A.** I too love that show, so I am doubly sad to report that NBC has canceled the freshman series for low ratings. However, there is still hope: Series creators **Eric Kripke** and **Shawn Ryan** tweeted that "Timeless" is being shopped around by Sony to other outlets. And while the odds are against them, hopefully they'll have the same luck as the aforementioned "Nashville" and find new life on another network. Hmmm ... I'm thinking this is a perfect fit for FX or SyFy.

\*\*\*

**Q.** My mom told me that **Anne Rice's** "Vampire Chronicles" are coming to television. Is that true? If so, do you have any details? — **Lydia F., via email**

**A.** The Queen of the Damned herself, **Ms. Rice**, confirmed on her official Facebook page that "The Vampire Chronicles" has been picked up by Paramount TV for development. **Anne's** son, **Christopher**, will write the series, with both of them serving as producers.

**Anne** is "thrilled beyond words" about the reboot, stating: "In this unique golden age of television, I couldn't ask for a finer or more passionate team to help bring my beloved vampire hero, **Lestat**, alive in a series of the highest quality. This is a dream come true, both for me and for **Christopher**, and for the fans who have been asking to see the **Brat Prince** in this medium for years."

And since this is still very early, there is no script or casting news to report on — as soon as I know, you'll know. In the meantime, let me know who would be your perfect small-screen **Lestat**.

\*\*\*

**Q.** I keep reading things about "The Looming Tower," and I can't wait for it to premiere. Can you give me any scoops about it? — **Tyler W., Ann Arbor, Michigan**

**A.** Based on Lawrence Wright's Pulitzer Prize-winning 9/11 expose, "The Looming Tower" will air in 10 episodes on Hulu. It traces the rising threat of **Osama Bin Laden** and **al-Qaida**, and takes a controversial look at how the rivalry between the CIA and FBI may have inadvertently set the stage for the tragedy of 9/11 and the war in Iraq. Aside from such Hollywood heavy hitters as **Jeff Daniels** and **Peter Sarsgaard**, it was recently announced that **Alec Baldwin** has joined the cast as CIA director **George Tenet**.

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# Prepare

# YOUR PET FOR SUMMER

## FAMILY FEATURES

**F**rom making plans to buying new clothes to filling your time with exhilarating (or relaxing) hobbies, gearing up for summer can be a fun and exciting exercise. With hotter months ahead, don't forget that your pets need certain preparation in advance of summer also.

With increased dangers like infectious bugs, poisonous plants and more time around water, plus the threat of heat itself, summer is an important time to make sure your pets are ready. Start with a few simple tips that can help ensure safety throughout the summer months.

**Keep them hydrated.** Dehydration and heatstroke can be fatal to pets, so access to a clean water bowl both inside and outside is critical during summertime. While you're on the go, be sure to bring water for your pet in a suitable drinking container.

**Protect against bugs.** Ticks and other pesky bugs can cause headaches when the weather warms and you and your furry friends spend more time outside. Help keep those bugs away with preventative treatments, and be sure to check your pets closely for ticks after you've spent time outdoors.

**Groom regularly.** One of the best ways to keep a dog's coat healthy and help prevent matting and summertime skin irritation is regular grooming. The right grooming tool can dramatically reduce shedding by removing the undercoat and loose hair without sacrificing the healthy top coat.

**Provide skin protection.** Just like humans, dogs can experience sunburn and even skin cancer. To prevent sunburn, apply a sunscreen where hair is thin and skin lacks pigment (nose, ears and sensitive areas) every time your dog is outside.

**Clean the yard.** Before letting dogs, cats or other pets out into the yard to play, check for hazards that can be removed or prevented. Search the yard for poisonous plants, ensure that fences are sturdy and whole, watch the area for possible predators if you own smaller pets and monitor your pet's outdoor activity.

**Check screens.** When the temperature is just right, many people love to throw open doors and windows to allow fresh air to rush through screen doors. However, those screens should be checked to ensure that pets can't push them out or squeeze through a small hole.

**Add ID.** Whether your pets play outside often or not, it's a smart investment to add an identification tag to their collars. If they were to ever make a dash for an open gate or find a way outside without attention, an ID can help significantly increase the chances they are returned home safely.

**Teach them to swim.** Many people increase their time around water during the summer, whether it's a neighborhood pool, a local pond or a lake. If you plan to bring along a pet, make sure that he or she is comfortable around water and able to swim before partaking in an activity that could potentially frighten your pet.

**Make a vacation checklist.** Before hitting the road for a fun family getaway, add important pet items to your checklist. Remember that while on a trip, your pet will need food and water, of course, but also may require specific bedding, toys, treats and more.

Summer can provide a great opportunity to spend ample time bonding with pets, but preparing in advance for some of the pitfalls of all of the excitement can ensure that your pet enjoys it just as much as you do. Find more tips and tricks for pet owners at [eLivingToday.com](http://eLivingToday.com).



## 3 Tips to Help Pets in Need

**F**or pet owners, their dogs, cats and other pets play an important role in bringing added happiness to their lives. As not every dog and cat is as fortunate, you may be looking for ways to help pets in need.

As many as 6-8 million pets enter shelters every year across North America, according to The Humane Society of the United States. There are numerous ways you can help pets in need, starting with these tips.

### Volunteer at Your Local Animal Welfare Organization

Almost every community has at least one animal shelter or rescue group that needs help. There are a variety of volunteer opportunities at shelters and rescue organizations, from office duties and community outreach and education to training, feeding and socializing, so people with every skillset are often able to lend a hand.

### Donate Supplies

While pets await adoption, they need access to food, making pet food a significant operating expense for animal welfare organizations. Through PetSmart's Buy a Bag, Give a Meal program, for every bag of dog or cat food purchased online and at its more than 1,500

stores across North America through the end of the year, the leading pet specialty retailer will donate a meal to a pet in need served by animal welfare organizations and food banks.

"To celebrate 30 years of commitment to helping pets in need, and as a trusted partner to pet parents everywhere, we want to celebrate by giving back even more," said Eran Cohen, chief customer experience officer at PetSmart. "Throughout 2017, every time pet parents purchase any bag of dog or cat food in our stores or online, they can rest assured they are also helping feed pets in need. When their pets eat, pets in need eat, too."

### Foster or Adopt a Pet

As many animal welfare organizations have dogs or cats not suited for living in a shelter atmosphere, fostering a pet in your home is a simple way to give back without the long-term commitment of pet ownership. Of course, adopting from a rescue or shelter can not only save that pet, but also open a spot in the facility and potentially save another animal as well.

Find more ways to get involved at your local shelter or rescue group, and learn more about the Buy a Bag, Give a Meal program at [PetSmart.com/giveameal](http://PetSmart.com/giveameal).

## Good Housekeeping

### Grilled Asparagus

Grilling asparagus is one of the simplest and tastiest ways to enjoy this late-spring vegetable.

- 1 pound medium asparagus
- 1 tablespoon olive oil
- 1/8 teaspoon salt
- 1/8 teaspoon coarsely ground black pepper

1. Prepare outdoor grill for covered, direct grilling on medium.

2. Trim ends from asparagus. Place asparagus in jelly-roll pan; brush with olive oil, and sprinkle with salt and pepper. Transfer asparagus to grill topper or vegetable basket on hot grill grate. Cover grill and cook asparagus 6 to 8 minutes or until lightly charred and tender, turning occasionally. Serve warm or at room temperature. Serves 4.

## Good Housekeeping

### Tarragon-Rubbed Salmon with Nectarine Salsa

Fresh nectarine salsa, made with jalapeno chiles, fresh lime juice and chopped cilantro, livens up any grilled dish, especially succulent salmon fillets.

- 2 tablespoons chopped red onion
- 2 large, ripe nectarines
- 1 small red pepper
- 1 jalapeno chile
- 2 tablespoons fresh lime juice
- 1 tablespoon chopped fresh cilantro
- 1/2 teaspoon salt
- 1 tablespoon dried tarragon
- 1/4 teaspoon coarsely ground

- 1/4 teaspoon coarsely ground black pepper
- 4 pieces skinless salmon fillet
- 1 teaspoon olive oil

1. Grease clean grill grate. Prepare outdoor grill for covered, direct grilling on medium.

2. Meanwhile, in cup, place chopped red onion; cover with cold water and let sit 10 minutes. (This will take some of the sharpness out of the raw onion.) In medium bowl, stir together remaining salsa ingredients: chopped nectarines, chopped red pepper, finely chopped jalapeno, lime juice, cilantro and 1/4 teaspoon salt; set aside.

3. In small bowl, combine tarragon, 1/4 teaspoon salt and 1/4 teaspoon coarsely ground black pepper. Brush salmon with oil and rub with tarragon mixture to coat both sides.

4. Place salmon on hot grill grate. Cover grill and cook salmon 8 to 10 minutes or until it turns opaque throughout, turning over once with large spatula. Transfer to platter.

5. Drain onion well. Stir onion into nectarine mixture. Serve nectarine salsa with grilled salmon. Serves 4.

Tip: We love the ease of salmon fillets, but if you find it easier to cook and turn salmon steaks, simply use the 10-minutes-per-inch-of-thickness rule as a guide for your cooking time.

## Good Housekeeping

### Chiles Rellenos Casserole

Green chiles and Cheddar cheese are baked into eggs for a healthy take on a classic dish.

- 6 large eggs
- 1 cup reduced-fat milk
- 2 tablespoons all-purpose flour

- 2 can whole green chiles
- 1 medium red pepper
- 4 ounces extra-sharp Cheddar cheese
- 1/2 cup packed fresh cilantro leaves

1. Heat oven to 350 F. Grease shallow 2-quart ceramic or glass baking dish.

2. In large bowl, with wire whisk, mix eggs, milk, flour, paprika, 1/4 teaspoon salt and 1/2 teaspoon freshly ground black pepper until well-blended. Stir in chiles, pepper, Cheddar, and half of cilantro; pour into prepared dish.

3. Bake casserole 35 to 40 minutes or until puffed and golden brown, and center still jiggles slightly.

4. Cool in casserole in dish on wire rack 10 minutes. Garnish with remaining chopped cilantro and cut into squares or wedges to serve. Makes 4 main-dish servings.

**Comfort foods**

Made fast and healthy

by Healthy Exchanges

### Raspberry Chicken Salad

A quick chicken salad that is sophisticated in taste but simple in ingredients.

- 1/4 cup raspberry spreadable fruit
- 1/4 cup white distilled vinegar
- 2 tablespoons Diet Mountain Dew
- 4 cups torn mixed salad greens
- 1 1/2 cups (8 ounces) diced cooked chicken breast

In a large bowl, combine spreadable fruit, vinegar and Diet Mountain Dew. Add salad greens; mix well to com-

bine. Gently stir in chicken. Serve at once. Makes 4 (1 cup) servings.

• Each serving equals: 138 calories, 2g fat, 18g protein, 12g carbohydrate, 47mg sodium, 46mg calcium, 1gm fiber; Diabetic Exchanges: 2 Meat, 1 Fruit, 1 Vegetable; Carb Choices: 1.

**Comfort foods**

Made fast and healthy

by Healthy Exchanges

### Sweet Potato Fries

If you love sweet potatoes like I do, try these fries. You're in for a real treat.

- 2 tablespoons thawed orange juice concentrate
- 1 teaspoon onion powder
- 1/2 teaspoon table salt
- 1/8 teaspoon cayenne pepper
- 1 pound sweet potatoes, peeled and cut into 1/2-inch sticks

1. Heat oven to 375 F. Spray a large baking pan with butter-flavored cooking spray.

2. In a large bowl, combine orange juice concentrate, onion powder, salt and cayenne pepper. Add potato sticks. Mix well to coat.

3. Arrange coated potato sticks on prepared baking pan. Bake for 10 minutes; turn carefully and continue baking for 10 minutes more or until tender. Divide into 4 servings.

• Each serving equals: 80 calories, 0g fat, 1g protein, 19g carbs, 322mg sodium, 36mg calcium, 3g fiber; Diabetic Exchanges: 1 Starch; Carb Choices: 1.



## Good Housekeeping

### Double Chocolate Chip Cookies

Here's a new take on America's most popular cookie, combining semisweet and white chocolate chips for a delicious double-chocolate sensation.

- 1/2 cups all-purpose flour
- 3/4 cup packed brown sugar
- 1/2 cup butter (1 stick), softened (no substitutions)
- 1/4 cup granulated sugar
- 2 1/2 teaspoons vanilla extract
- 1/2 teaspoon baking soda
- 1/4 teaspoon salt
- 1 large egg
- 3/4 cup semisweet chocolate chips
- 3/4 cup white chocolate chips

1. Heat oven to 375 F.  
2. Into large bowl, measure all ingredients except semisweet and white chocolate chips. With mixer at medium speed, beat ingredients until blended and smooth, occasionally scraping bowl with rubber spatula. With spoon, stir in chips.

3. Drop dough by rounded tablespoons, 2 inches apart, onto ungreased large cookie sheet. Bake cookies 10 to 12 minutes or until golden. Immediately transfer cookies to wire rack to cool. Repeat with remaining dough. Store cookies in tightly covered container up to 1 week. Makes about 2 dozen cookies.

• Each serving: About 160 calories, 8g total fat (5g saturated), 2g protein, 21g carbohydrate, 1g fiber, 21mg cholesterol, 105mg sodium.

## Four Treys Tavern



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- Wed:** \$15 Buckets of Domestic Beer
- Thur:** \$8.00 Manhattan's and Old Fashions
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# Crime

**Man robs second Byline Bank branch** in Roscoe Village on the Western and Roscoe Village corner. Second branch robbed within three days. Another Byline Bank was robbed three days before on Belmont.

**Pick pocketing** at a bar on the 900 block of West Belmont Avenue.

**Financial identity theft** over \$300 at a small retail store on the 2000 block of West Roscoe Street.

**Armed robbery** with a handgun on the sidewalk on the 500 block of Oakdale Avenue.

**Theft by pick pocketing** in a small retail store on the 2000

block of West Roscoe Street.

**Burglary and forcible entry** at an apartment on the 4300 block of Lawndale Avenue.

**Narcotics:** Manufacturing and delivery of cocaine from an aptment on the 2000 block of North Harding Avenue.

**Robbery:** Strongarm with no weapon on the sidewalk on the 4300 block of North Kimball

**Weapons violation:** Unlawful possession of a hand gun on the street on the 3100 block of North Leavitt Street.

**Pick pocketing** on a CTA bus on the 3200 block of North Kimball Avenue.

**Domestic battery** in an apartment on the 4200 block of North Sawyer Avenue.

**Narcotics possession** of cannabis under 30 grams on the street on the 3300 block of West Wellington Avenue.

**Obscenity/other** on the 4100 block of North Elston Avenue.

**Theft** from an Athletic Club over \$300 on the 3200 block of North Lincoln Avenue.

**Retail theft** from a small retail store on the 1000 block of West Belmont Avenue.

**Simple battery** on the 3100 block of North Lincoln Avenue.

**Attempted arson** at a small retail store on the block of West Belmont Avenue.

## These registered sex offenders may live in your neighborhood

The following is a list of blocks where registered sex offenders live. They may be on your block. This list has been published by Lakeview Newspaper in the June issue for the past 21 years as a public service. Be vigilant with your child's safety.

Block	Gender	Race	Age	Height	Weight	Victim Minor
5XX W. Briar Pl.	M	W	54	5'8"	160	Y
7XX W. Cornelia	M	B	35	5'9"	140	N
36XX N. Lake Sh Dr	M	W/H	52	5'6"	165	Y
7XX W. Oakdale	M	W	43	6'	180	Y
35XX N. Racine	M	W	30	6'	220	N
700 W. Cornelia	M	W	60	5'7"	165	Y
8XX W. Wofram	M	W/H	43	6'	175	Y
34XX N. Racine	M	W	43	6'	210	Y
6XX W. Barry	M	W	61	5'7"	200	Y
4XX W. Barry	M	As/Pac	71	5'4"	125	Y
33XX N. Oakley	M	W	28	5'6"	120	Y
35XX N. Bell	M	W	39	6'2"	220	Y
23XX W. Belmont	M	W	40	5'9"	120	Y
18XX W. Melrose	M	W	35	5'11"	230	Y
39XX N. Seeley	M	W	57	6'5"	220	Y
42XX N. Wolcott	M	W	31	5'9"	195	N
19XX W. Barry	M	W	74	6'	180	Y
31XX N. Western	M	W	47	5'9"	190	Y
23XX W. Belmont	M	W	55	5'11"	225	Y

**There are 2783 registered sex offenders as of May 22, 2017 in Chicago. 397 are homeless and 34 are female.**

Pay attention and talk to your children about these individuals. You can go to the Chicago Police Department registered sex offenders web site and see the names and photographs of these individuals and how close they may live to you.



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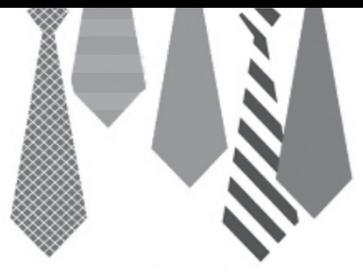
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Wishes for a **Happy Father's Day** from

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**The Garden Bug**

**Freshen a deck or patio**

- Remove all furniture. Clear away plant debris. Clean or pressure-wash the floor; paint or seal if needed.
- Pull weeds and add mulch around nearby plants for a neater look.
- Clean all furniture of mold, mildew and dirt. Paint where needed. New cushions will liven up seating.
- New pots with colorful plants or hanging baskets of flowers will complete your outdoor make-over. - Brenda Weaver



**The Garden Bug**

**Planting in June**

JUNE 2017

June 1: *Poor planting day.* Kill plant pests using organic methods.

June 2-4: Sow grains and forage crops. Plant flowers. Favorable for planting peas, beans, tomatoes, and other above-ground crops.

June 5, 6: Good for planting lettuce, cabbage, cauliflower, collards, and other leafy vegetables. All aboveground crops planted now will do well.

June 7-9: *Poor planting days.* Do other chores.

June 10, 11: Plant late beets, potatoes, onions, carrots, and other root crops.

June 12-14: *Poor planting days.*

Source: farmersalmanac.com



**The Garden Bug**

**Gardening safety**



- Warm up before gardening by walking or stretching.
- Pad the handles of tools with grip tape or foam rubber; they'll be easier to handle, and it prevents blisters.
- Don't do the same task in the same position for too long; it can lead to muscle and joint pain, or repetitive-motion injuries. Set a timer so you can switch tasks often.
- If you're outside in hot weather, drink more fluids. Avoid alcohol or large amounts of sugar, especially in the heat.

Source: www.health.com, cdc.gov

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\*Rates referenced are the UPS® Ground Retail Rates effective as of 7/10/16 and USPS Priority Mail rates effective as of . New competitive UPS Ground rates vs. the Post Office™. Comparison is made by comparing UPS and USPS® retail rate charts of similar weight and distance. Neither UPS nor USPS dimensional weight factors were used in this comparison. Individual package comparison may differ when considering dimensional weight factors. For more information, see the terms and conditions on ups.com/rates. For exact rates, come to The UPS Store. Priority Mail rate does not include the published charge of \$2.65, which provides up to \$100 indemnity coverage for a lost, rifled or damaged article. See ups.com for more information. All rates subject to change. Priority Mail is a registered trademark of the United States Postal Service.

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**Quotes worth your time**

“Your attitude, not your aptitude, will determine your altitude.”  
— Zig Ziglar

“The secret of getting ahead is getting started.”  
— Mark Twain

“Joy is the serious business of Heaven.”  
— C.S. Lewis

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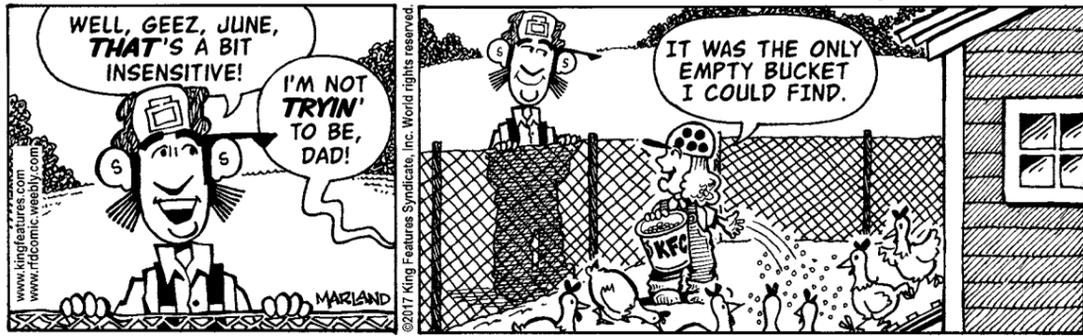
**\$10** Suggested gate donation to benefit local schools, youth sports programs, and social services.

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# Comics

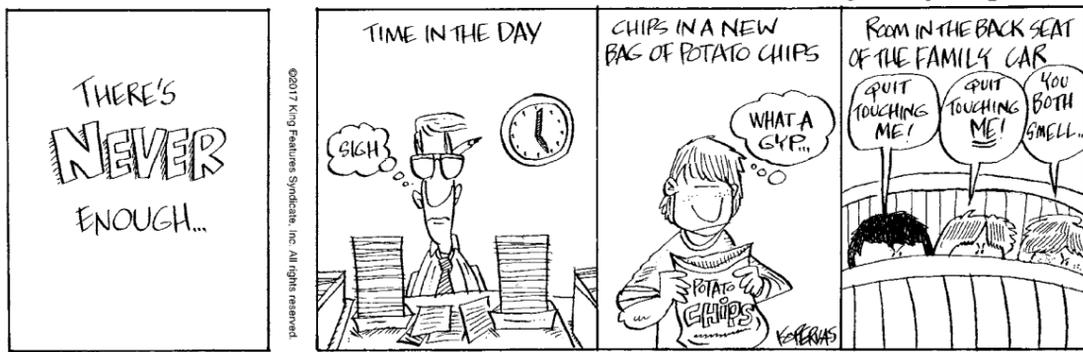
## R.F.D.

by Mike Marland



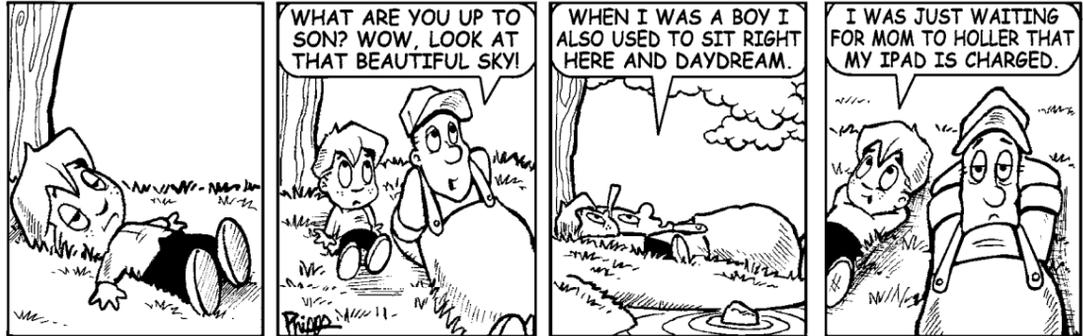
## Out on a Limb

by Gary Kopervas



## Amber Waves

by Dave T. Phipps



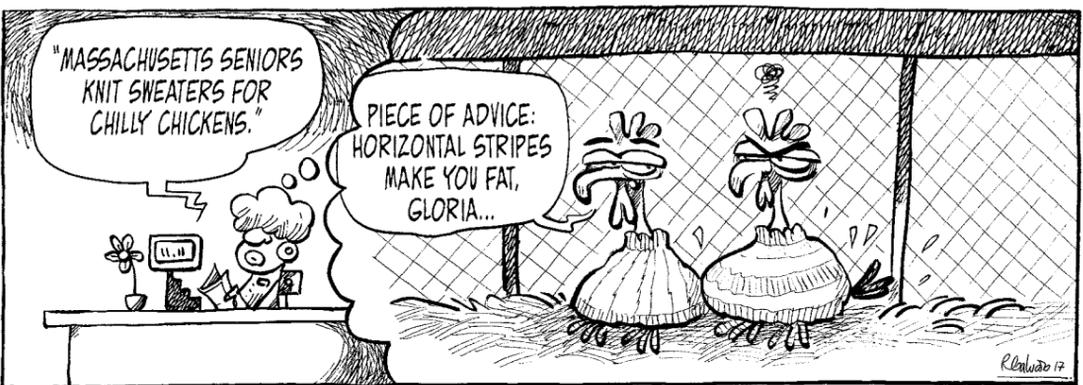
## The Spats

by Jeff Pickering



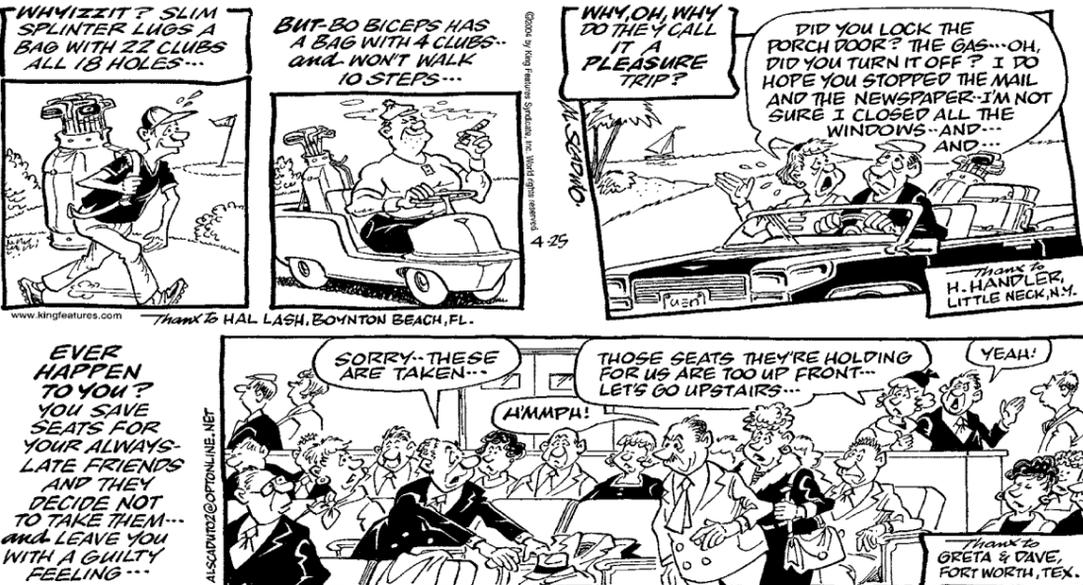
## THE CASHIER

BY RICARDO GALVÃO



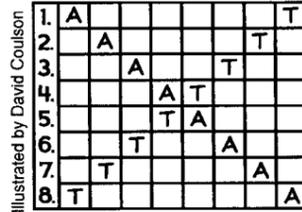
## THEY'LL DO IT EVERY TIME

BY AL SCADUTO



## Junior Whirl

by Charles Barry Townsend

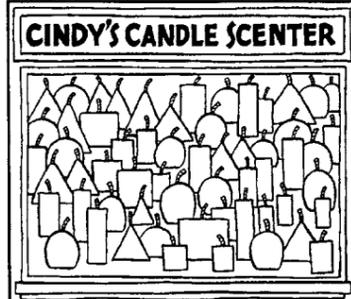


Illustrated by David Coulson



**FIND THE BIG WORDS!**  
Using the definitions and the anagrams below, you must find the eight eight-letter words that fit into the framework pictured on the left. For each definition, the letters in the two anagram words must be unscrambled and used to form the word asked for.

in the two anagram words must be unscrambled and used to form the word asked for.



- DEFINITIONS**
1. An archaeological find.
  2. To criticize or disparage.
  3. Makes cars travel smoother.
  4. Feeling of malicious pleasure.
  5. Exercise workout garments.
  6. Load to capacity.
  7. Fish with a deadly tail.
  8. A long-shot horse race bet.
- ANAGRAM:**
- cart + fiat
  - moth + baud
  - plot + back
  - tail + gong
  - sole + dart
  - taut + sear
  - gist + yarn
  - rite + fact

**DON'T BE A DRIP** solving this one. Can you correctly count the candles in Cindy's shop window? You have 30 seconds.

Answers: 1. Artifact 2. Bedmouth 3. Blacktop 4. Gloating 5. Leotards 6. Saturate 7. Singray 8. Treadle

**DON'T GET "SNOWED UNDER" BY THIS ONE!** To solve this problem, you must replace the letters in the AlphaMath puzzle with the digits 0, 1, 3, 4, 5, 6, 7, 8 and 9, so that you have a correct addition problem. The same letters get the same digits. See if you can get a higher total than we did.

Our answer: S=5, N=0, O=1, W=3, B=4, Y=6, F=9, R=7, T=8, (5013 + 4165 = 9178).

**IT'S MAGIC!** Use the numbers 24 and 26, and 10 through 17 to fill in this Magic Square. The numbers in each horizontal row and vertical column should total 71. We've filled in six of the squares. The rest is up to you

	20	
23		21
		18
19		25

Our answer: First row: 17, 20, 24, 10. Second row: 23, 11, 16, 21. Third row: 12, 26, 18, 15. Fourth row: 19, 14, 13, 25.

## HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Fence board is missing. 2. Stripe is missing. 3. Sleeve is shorter. 4. Cloud is smaller. 5. Cap is missing. 6. Arm is moved.

24 HOCUS FOCUS puzzles \$3.50 • 24 Volumes • Order at: rbmamall.com

## Just Like Cats & Dogs

by Dave T. Phipps





Photo courtesy of Getty Images

# Honor Dads and Cheer Grads

## Inspiration for the perfect presents

FAMILY FEATURES

With the end of the school year and summer fast approaching, gifting occasions are plentiful. Some events – graduations and Father's Day, in particular – can be a challenge when it comes to finding the perfect present. Resist the temptation to throw some cash or a gift card in an envelope and instead peruse these ideas for inspiration for gifts that your dad or new graduate will actually use and appreciate. Find more gift ideas for dads and grads at [officedepot.com](http://officedepot.com).

### Gifts for Dads

#### Upgrade the Man Cave

Keep dad's space cool with smart home technology that can control features such as temperature, lighting and music volume. Many devices and apps allow for themed settings, so dad can instantaneously turn up the lights and sound to catch the game on his big screen, or relax while taking a leisurely weekend nap.

#### Gadgets Galore

If dad still works on a desktop, help him upgrade his outdated tech toys. Go in on a big present with your siblings and splurge on dad with a top-selling 2-in-1 laptop, such as a Dell Inspiron 13, which is available at Office Depot and OfficeMax locations. The stores offer a broad assortment of tablets and laptops to get him going with the latest in portable technology.

#### Out of This World

If you love playing video games with your dad, take it to the next level this Father's Day with a virtual reality headset that gives new meaning to getting into the game. These devices allow for 360 degree immersive viewing of more than 400 virtual reality apps available for Android and iOS devices, as well as many popular video content providers.

#### Tech for Every Day

So much of people's lives revolve around technology, and dads are no exception. Help him stay up-to-date with simple yet convenient and effective options for his smartphone like rechargeable power banks, cellphone cases, screen protectors and charging accessories. For a less tech-savvy dad, start small with an option like Bluetooth headphones.

#### Share Memories

A new digital camera is the perfect way to let dad capture every moment together with the family. If he has an ample photo library just waiting to be shared, create a work of art with a personalized canvas print he can proudly display in his office or favorite room in the house.



### Goodies for Grads

#### Show Some Spirit

Graduating doesn't have to mean leaving everything about college behind. Let your grad proudly represent his or her alma mater with university-branded items for their desk at the office or at home. With an assortment of spirited options, Office Depot offers everything from USB drives and mouse pads to planners and notebooks.

#### Planning Ahead

Starting a new job means taking on new responsibilities and learning the ropes at a new company. Help your graduate stay ahead of the learning curve and on top of important meetings with a smart, new planner that makes organizing that extra-busy schedule a cinch.

#### Photos on the Go

If your grad is an avid photographer or even just enjoys the occasional commemorative photo with the family, consider a gift that gives him or her the ability to immediately enjoy personal artwork. While looking at photography on a phone can be fun, a device like the HP Sprocket Wireless Photo Printer, which can fit in a pocket, gives the option to print a 2-by-3-inch photo in as little as 40 seconds so favorite photos don't get lost in cyberspace.

#### Sign Up for Success

Today's students probably spent most of their college years tapping keys to take notes and complete important tasks. While those habits will transition well to the corporate world, there are still plenty of reasons to have some quality pens available. Whether jotting quick notes while on a call or signing important documents, the job is more enjoyable with a high-quality pen in hand.



#### Take Initiative

When starting a new job, a newbie needs to show just how much he or she is engaged in the work. Give them the opportunity to showcase value by documenting brainstorming, meeting notes and important deadlines in a discbound leather notebook, such as the TUL Note-taking system. Bonus: you can even pick out the paper inserts that best fit his or her personal style.



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