

**Great Game Day Grub
and Great Desserts**

Pages 8 and 9

Crime
Car hijacking and a
child kidnapping attempt
Page 10

November 2020

FREE Our 24th Year

Lakeview, Roscoe Village,
North Center and Lincoln Square



Lakeview

November, 2020

"We don't make the news, we just report it."

Volume 24, Number 12

Bad News Budget



by **Joyce A. Rimel**

Mayor Lori Lightfoot unveiled her 2021 "pandemic budget" to a nearly empty City Council chamber. Chicago aldermen weren't in their seats to show their discontent at the otherwise-virtual meeting. "Chicago's 2021 Budget represents our city's road map toward an inclusive and fiscally responsible recovery from the extensive challenges of the unprecedented COVID-19 crisis" said Mayor Lightfoot. "These decisions were developed through a

robust community engagement process prioritizing the long-term health and stability of all our families and businesses, and rooted in our shared commitment to expanding opportunity across our entire city. It's these same values that have guided us throughout this crisis and will continue to carry our great city through the choices we face now, and in the successes that await us in the months and years ahead."

So, what are those choices? One of the most unpleasant sur-

prises is the \$94 million property tax increase next year that will cost the owner of a home valued at \$250,000 an extra \$56.00 with a yearly increase that matches inflation beginning in 2022. Next, there will be a 60% increase in Chicago's nickel-a-gallon tax on gasoline to eight cents a gallon and there will be an increase of 1.75 percentage points – to 9% - in the personal property lease tax applied to "non-possessory computer lease of cloud software and cloud infrastructure."

Lightfoot also wants to eliminate 1,921 vacancies, 618 of them in the Chicago Police Department. Following months of protests to reallocate funding from the Chicago Police Department to social services, Lightfoot repeated her stance. "I have been very clear that I do not support defunding police. I also reject the false narrative that it's either fund the police or fund the community."

The city would also see layoffs of approximately 350 positions effective March 1 un-

der the plan. That delay will allow for time to "see if there will be any new federal assistance on the horizon." "Congress, do your job, said the mayor in her address. "Don't leave us, cities and towns all across this country, high and dry. Do your job that we sent you there to do."

Lightfoot also proposed five furlough days from all non-union workers, which she will take herself. The personnel cuts are expected to save \$106 million. Non-personnel cuts are expected to

save \$114 million. The budget also includes 750 additional parking meters, \$5.25 million in violence prevention funds, a continued \$9.3 million investment in mental health services, the same \$10 million to reduce homelessness and \$250,000 for "West Side Initiatives." The mayor also plans to re-finance \$1.7 billion in general obligations and sales tax securitization bonds. The mayor hopes to save \$448 million this year and \$501 million next year. The city's existing

Continued on page 2

Editorial & Opinions

Bad News Budget Continued from front page

level of debt is already a major concern to Wall Street rating agencies. The budget also includes an additional \$1.7 million for youth programming, \$2 million for affordable housing, as well as \$7 million for workforce training, and small business assistance. Aldermen do not want to approach their constituents with more taxes. Light-foot needs 26 votes for passage, but this will be a tough budget vote and a painful one. The City Council has until December 31 to approve a balanced budget. Quoting Mayor Lightfoot, "To be clear folks, we are not experiencing just a rainy day. It is a rainy season."

Daylight Saving Time ends



November 1st

TUESDAY



VOTE
NOV. 3

© 2020 by King Features Syndicate, Inc. World rights reserved.

VETERAN'S DAY



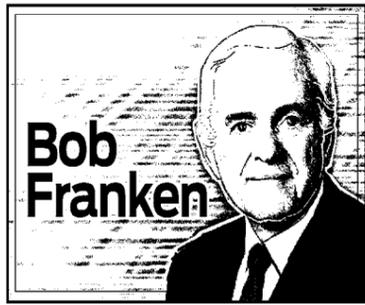
NOV 11TH



NOV 26TH
THANKSGIVING



BRUCE WAYNE SAYS IT WAS A MISTAKE NOT TO WEAR HIS MASK



Turkey Day

Mark the day. Nov. 26 is Thanksgiving 2020. It's a Turkey Day unlike any other. If Tony Fauci gets his way, it will be a "Zoom holiday," not the family gathering it usually is. In his words, "You may have to bite the bullet and sacrifice that social gathering, unless you're pretty certain that the people that you're dealing with are not infected." More importantly, it is 22 days after Election Day. They might be through counting the votes by then. And Donald Trump and his Republican axis of evil might be done with all the post-campaign chicanery they might dream up if their voter suppression and intimidation have not worked and Joe Biden has won the race. The only way that Biden and his Democratic forces can avoid all the legal contrivances aimed at getting the case before an even more pliant Supreme Court is a landslide victory so massive that the GOP is rubble. That would possibly mean that the Democrats control two of the three branches of our national government — the presidency and Congress — while that other political branch, the judiciary, at least the Supreme Court, is firmly in control of the Republicans and ultra conservatives. And after presumed new Justice Amy Coney Barrett's evasive pretense before the Senate, don't believe for a minute that justices are not partisans. They are, and a desperate President Trump is counting on that to put him over the top, if he isn't crushed by the avalanche of votes against him. Right now it looks like that is plausible, that the American people, by wide

margins, are flat-out tired of his antics. They're onto all his tricks — the lying, hateful, racist demagoguery. How pathetic it is that the suburban women he was trying to attract with his blatant appeal to their white-flight bigotry is no longer effective, that his warning of hordes of poor black and brown people ruining their neighborhoods doesn't work anymore. Suburban women are no longer a monolith, certainly not a prejudiced monolith. The Jim Crow redlining segregation and anti-busing demagoguery falls on deaf ears.

It leaves the Trumpster no recourse but to grovel:

"Suburban women, will you please like me," he begged at one of his rallies. "Please, please. I saved your damned neighborhood. OK?"

Apparently, it's not OK with the female voters, suburban and urban, young and old, particularly the elderly, who supported him the last time around. They've grown weary of his insulting misogyny and his dismal record that puts us all in danger from the coronavirus. Even when he caught COVID, he blew the chance to appear humbled by the experience, maybe even empathetic. Humbled and empathetic are not in his repertoire.

Donald Trump prefers to portray himself as a Superman. If so, he is a superspreader Superman. He claims that he is now immune from COVID, telling those at one of his unmasked rallies that "I'll kiss the guys and the beautiful women and everybody."

Perhaps that is not as bad as the tape of his boasting that he'd grabbed women's privates, but it's still pretty disgusting.

So we'll either have an amazing Thanksgiving this year or a national day of mourning. It all depends on whether the election story has ended or is just heating up, and it will depend on whether we have gotten rid of this stuffed turkey or not.

Bob Franken is an Emmy Award-winning reporter who covered Washington for more than 20 years with CNN.

© 2020 Bob Franken
Distributed by King Features Syndicate, Inc.



"If you can't explain something simply, you don't understand it well enough."
— Albert Einstein

© 2020 King Features Syndicate, Inc.



Press Covers for Biden

Joe Biden is the most cosseted presidential candidate in memory.

He's run a minimalist campaign that's avoided the press as much as possible, while the press hasn't been braying for more access and answers, but eager to avoid anything that could be discomfiting to the campaign.

Never before has the media been so openly fearful of asking or reporting something that might hurt a presidential candidate. Even the lowest common denominator of news — simply being interesting — has been tossed aside. Boring and uneventful is the new newsworthy.

The tendency reached a new level in the media's handling of New York Post reports on emails obtained from a laptop that Hunter Biden reportedly left off at a Delaware computer repair shop.

Here was a story with enough mysteries and plotlines to keep a couple of newsrooms busy. Are the emails, putting Hunter Biden's sleazy overseas business dealings in a more sinister light, legitimate? Did Hunter really take the laptop to the shop and forget about it? And, more importantly, what do the emails say about what Joe Biden knows or should have known about Hunter's work that depended so heavily on proximity to the vice president?

Instead, the press has been uninterested at best and hostile at worst. It's the opposite of a feeding frenzy. The media has deployed its bomb disposal unit for fear that a potentially explosive story might detonate.

What Biden has to say about the emails is inherently of interest. Yet,

he wasn't asked about it at his recent ABC News town hall. Never mind that his response would have made headlines afterward and the clip would have been shown in every TV segment about the debate.

Subsequently, CBS reporter Bo Erickson betrayed his profession by asking Biden his response to the Post story on a tarmac. He got slammed by Biden, "I have no response, it's another smear campaign, right up your alley, those are the questions you always ask."

No one rallied to Erickson's defense. Instead, respectable figures on the center-left shamed Erickson for having asked a politician an unwelcome question — which, the day before yesterday, would have been considered Journalism 101.

Much of the press has pronounced the Post story debunked without doing any work to debunk it and believes as a matter of faith that it is Russian disinformation. Rather, the focus has been reporting on how the Post reported the story, as the press works to discredit media outlets that don't toe the correct political line — you know, just like Woodward and Bernstein did during Watergate.

This tendency toward "anti-reporting" has long characterized Biden coverage. The New York Times took 19 days to cover Tara Reade's sexual assault allegation against him, not wanting to burden its readers with information about a newsworthy charge too quickly.

Any Biden misstep is quickly explained away. The press doesn't seem to mind that the campaign is prone to declare "lids" — or the end of the candidate's public day — early and often.

Usually, the media loves candidates who make good copy, who provide drama and color. In its hatred and fear of President Donald Trump, though, it has thrown in its lot with the dull and meandering Joe Biden, bringing to the effort all the complacency and pointed incuriosity it can muster.

Rich Lowry is editor of the *National Review*.

© 2020 by King Features Synd., Inc.

Lakeview Newspaper
"We don't make the news. We just report it."
How to get in touch with us:
Lakeview Newspaper
J2 Associates, Inc.
P.O. Box 578757
Chicago, Illinois 60657
Telephone: 312.493.0955
Web site: www.LakeviewNewspaper.com
Email: LKVNEWS@aol.com
Publisher and owner: George Rimel
Executive Editor and owner: Joyce A. Rimel
Graphic Design/Production: Lisa Rode
November 2020

All information, letters to the editor (must have name, address and telephone number) to be considered for publication. Lakeview Newspaper is owned and published by J2 Associates, Inc. and distributed from Diversely to Lawrence, Roscoe Village to Racine in Chicago, Illinois. Subscriptions are \$24.00 per year by mail. Checks or money orders only made payable to J2 Associates, Inc.

Contents are copyrighted, trademarked and service marked. Proud creator of Kid Safe Businesses in Lakeview, Roscoe Village, North Center and Lincoln Square communities. Any reproductions of articles, photographs, or artwork requires authority of the publisher. Publisher is not responsible for advertisements or advertorials contents or liability thereof. Copyright MMXX. Member of Lakeview Chamber of Commerce and North Center Chamber of Commerce and Roscoe Village Chamber of Commerce. Recipient of Community Service Award 2005 from Lakeview Chamber of Commerce. Proclaimed on March 31, 2004 by the City Council and Mayor Daley as Lakeview Newspaper Day and our benefit to the community as a community newspaper. Maria Pappas, Cook County Treasurer awarded Lakeview Newspaper a Commendation of Excellence in 2011 and 2013 for community journalism.

SENIOR NEWS LINE

by Matilda Charles

A Comfy Nest for Winter

Since it looks like this horrible coronavirus isn't going away soon, we might as well take a few steps to make our lives more comfortable over the winter. Here are some ideas:

— Investigate a new wireless router to speed up your Wi-Fi connection, especially if you have multiple devices that put a drag on your connection. Be sure it's at least Wi-Fi 5, not Wi-Fi 4. The newest, Wi-Fi 6, is top of the line.

— Buy a warm fleece blanket, one-person size, for watching TV at night. These 50x70 throws are just the right length.

— Consider getting a Kindle, with a free three-month subscription to Kindle Unlimited. You can grab up to 10 free books or magazines at a time. Once you've read one, delete it and get another one. After three months you can decide if you want to spend \$9.99/month to keep the subscription going. Depending on your reading habits, this can be a good deal.

— If you have someone who can deliver and assemble it, an outdoor propane grill can be a bit of summer fun in the middle of a cold winter.

— Keep an eye on sales if you need an additional pot for the extra cooking you're doing. Stores like Target and Bed, Bath & Beyond have curbside delivery, so if you pay online you don't have to go in the store. Get freezer bags to store individual portions you can pull out and heat up without cooking every day.

— Splurge on one good, thick sweater or zip sweatshirt to wear in the house.

— Think about getting an air cleaner for inside the house to clean up dust mites, stale air and pet dander. Be cautious about the price of replacement filters.

— Reorganize your kitchen cabinets, pantry or linen closet shelves.

— And don't forget to stock up on batteries!

VETERANS POST

by Freddy Groves

Data Breach Impacts 46,000 Veterans

A data breach occurred at the Department of Veterans Affairs when thieves attempted to divert medical payment funds at the Financial Services Center away from community health care providers that take care of veterans outside the VA. The minute the techies noticed the breach, they took it offline, of course, and locked it pending a security review.

If that was the whole story, it would eventually be worked out when those providers got replacement payments from the VA. However, while the thieves were roaming around in the computers they also got the personal information of some 46,000 veterans, including Social Security numbers.

As breaches go, this is one of the smaller ones the government has experienced. Remember a few years ago when millions of veterans were compromised? Still, it's unnerving to know your info is out there.

Those affected by the breach, or a next of kin, will have been notified by now (the thieves also went after the personal info of deceased veterans). The VA is offering credit-monitoring services at no cost. Alerts went out by mail to those veterans affected, with instructions on how to protect personal info. (If you did not get an alert mail, you were not in the group that was breached.) If you received an alert letter and you have questions or concerns, contact the FSC Customer Help Desk by email at VAFSCVeteransSupport@va.gov.

Unfortunately, in this hotly political climate, false rumors are the order of the day. One political party sent a snarly message to the Committee on Veterans' Affairs claiming that in addition to the 46,000 veterans, another 17,000 providers were affected as well. Not so. Turns out that there were 17,000 total providers who used the computer program, but only 13 were impacted and of those, only six had funds grabbed.

Strange BUT TRUE

By Lucie Winborne

• Two journalists invented Trivial Pursuit in 45 minutes after being shocked at the price of a Scrabble set.

• One person in 20 has an extra rib, and they are most often men.

• Fearing that someone would murder him in the recreation yard at Alcatraz prison, gangster Al Capone received permission to spend rec time practicing his banjo in the shower room.

• A Chinese millionaire sold canned air to people on the streets to raise awareness of air pollution. He donated the money to charity.

• Female cats are mostly right-pawed, while male cats are more frequently left-pawed.

• The universe has a color — but it's not what you might think. Researchers at Johns Hopkins University took the average of light from over 200,000 galaxies and discovered that the universe is actually kind of beige. They dubbed the hue "cosmic latte."

• A centuries-old Japanese tradition holds that if a sumo wrestler can make your baby cry, the baby will live a healthy life! During a special ceremony, parents hand their infants to wrestlers who not only bounce the babies up and down but sometimes even roar in their faces to start the waterworks. As one mom, Mae Shige, remarked of her son at a 2014 event: "He's not a baby that cries much, but today he cried a lot for us and we are very happy about it."

• Daisies aren't just for picking or playing "He loves me, he loves me not." They're also an excellent source of vitamin C and have been said to slow bleeding, relieve indigestion, and soothe coughs.

• There are eight times as many atoms in a teaspoonful of water as there are teaspoonfuls of water in the Atlantic Ocean.

Thought for the Day: "The best revenge is to be unlike him who performed the injury." — Marcus Aurelius



by Ryan A. Berenz

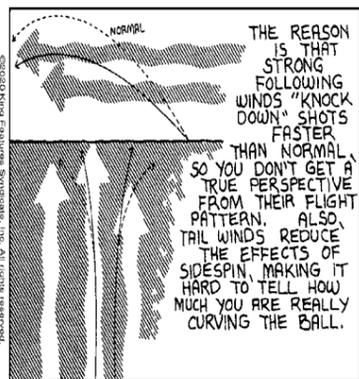
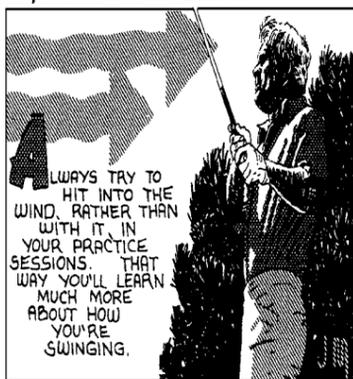
1. Name the race-car driver who won the 1996 Indianapolis 500 and the 2000 Indy Racing League season championship.
2. What Chicago Cubs manager went on a profanity-laden tirade to reporters after Wrigley Field fans booed the team during a one-run loss to the Los Angeles Dodgers in 1983?
3. For what college team did U.S. softball pitching great Jennie Finch compile a 119-16 record from 1999-2002?
4. What Golden State Warriors player attacked head coach P.J. Carlesimo with a choke hold during a practice in 1997?
5. What is the name of the muscular bundle of wheat that serves as the Wichita State University Shockers mascot?
6. What women's basketball legend recorded the first quintuple double with 25 points, 18 rebounds, 11 assists, 10 steals and 10 blocks in a 1997 game for Texas' Duncanville High School?
7. What sportswriter and author was host of ESPN's "The Sports Reporters" from 1988-2001?

Answers

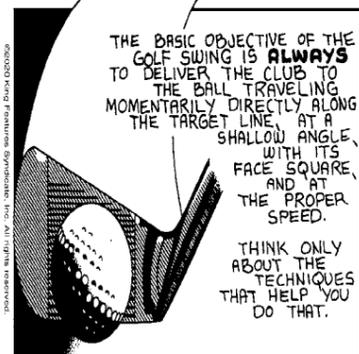
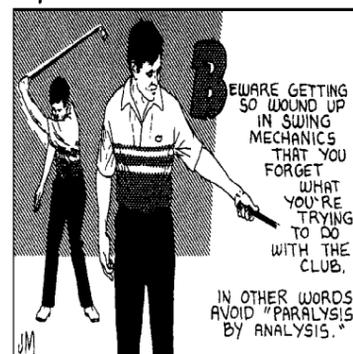
1. Buddy Lazier.
2. Lee Elia.
3. The University of Arizona Wildcats.
4. Latrell Sprewell.
5. WuShock.
6. Tamika Catchings.
7. Dick Schaap.

© 2020 King Features Syndicate, Inc.

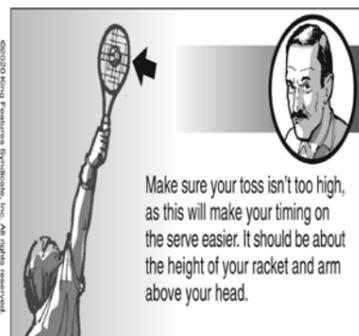
Play Better Golf with JACK NICKLAUS



Play Better Golf with JACK NICKLAUS



STAN SMITH'S TENNIS CLASS



KOVELS Antiques & Collecting

By Terry and Kim Kovel

Faience Figurines

Emile Galle is a famous artist, a leader of the Art Nouveau movement in France in the mid-1800s. He started his art while working at his father's furniture and pottery factory. By 1877, he managed the factory and started making clear glass. He soon developed a style of his own making vases of heavy, opaque colored glass in layers that he carved into plants and flowers. He called it cameo glass. In 1878, his exhibit at the Paris Exhibition made him famous, and he promoted Art Nouveau designs in his glass and in the marquetry on his furniture. By 1885, he founded a workshop for furniture and made pottery.



Emile Galle was a famous French artist who is best known for cameo glass vases. These faience figurines, a bulldog and a cat, sold at auction as a pair for \$1,470. Every cat has a silly grin and glass eyes, so they are easy to recognize.

Many modern collectors only know about Galle's cameo glass, yet his pottery and furniture are often sold at shows and auctions. Furniture can be identified by the script name "Galle" as part of the marquetry design. The heavy faience (pottery) vases have thick walls, curved patterns and rounded edges and rims. Each is colorful and decorated with natural shapes of plant life.

But little is written about his seated faience. Each cat is about 12 inches high and 7 inches wide. Most are glazed yellow, although some are blue, black or green with small scattered hearts and circles as decorations. A few have elaborate drawings of flowers covering the body. Every cat had glass eyes and a grin.

Morphy Auctions sold a signed pair of yellow Galle figurines with scattered hearts and circles on a yellow background for \$1,476 despite minor damage. At first glance they look like two cats, but one is a frowning bulldog. We wonder why cats are almost the only animal figure he made.

Q: We found an old baby cup when we moved into my parents' 1898 house. It's marked "Pairpoint Mfg. Co., Quadruple Plate, New Bedford, Mass." Can you give me any information about it?

A: The Pairpoint Manufacturing Co. started in New Bedford, Massachusetts, in 1880. It was founded to make silver-plated items to go with Mt. Washington's glassware, which became part of Pairpoint in 1894. Silver production stopped about 1930. The value of your silver-plated baby cup is about \$15 to \$20.

CURRENT PRICES

Staffordshire plate, sailing ship, Cadmus, fishing, dark blue, floral border, 1830, 9 1/4 inches, \$95.

Lightning rod, copper, balls, barbs, circles, verdigris, 112 x 20 inches, \$280.

Sampler, tree of life, serpent, flower and vine border, fruit basket, animals, yellow, green, c. 1820, 16 1/2 x 16 1/2 inches, \$580.

Galle cameo vase, pink and white background, green leafy overlay, signed, 7 3/4 inches, \$830.

TIP: Spray glass cleaner on a cloth, then wipe the glass on a framed print. Do not spray the glass because the liquid may drip and stain the mat or print.

"Kovels' Antiques & Collectibles Price Guide" — the all new 2021 edition — is now available in bookstores nationwide and online.

© 2020 King Features Synd., Inc.

LAFF - A - DAY



GRIN AND BEAR IT



Health



Gluten-Free Foods Aren't a Sales Gimmick

DEAR DR. ROACH: I have no health issues, but I'm a cheapskate. I see products labeled as "grainfree" or as "gluten-free," but they always cost more than the regular product. Are there any health benefits to using these, or are they marketing gimmicks? — L.C.

ANSWER: They are not marketing gimmicks at all. People with celiac disease have a sensitivity to a protein in gluten, called gliadin. Even small amounts of gluten can cause long-lasting damage to the intestines, and many people with celiac disease will be unable to properly absorb nutrients if they are regularly exposed to gluten. This can manifest with severe symptoms, such as weight loss, diarrhea and severe metabolic disturbance. Or it can trigger much milder ones, such as mild abdominal discomfort after eating, skin changes, anemia or joint pains. Because the symptoms of celiac disease are so varied, a physician must be fairly convinced it's celiac before making the diagnosis. Biopsy is the gold standard for certainty, but blood testing — if done while consuming a diet containing gluten — is suggestive. I strongly recommend getting a diagnosis before going on a strict gluten-free diet if you suspect celiac disease.

For people with diagnosed celiac disease, strict adherence to a gluten-free diet is essential, and the increasing availability of gluten-free foods has made the lives of people with celiac disease better. Many grains are gluten-free naturally.

There are people with symptoms from gluten-containing foods but who do not have celiac disease. The term is "non-celiac gluten sensitivity." Some people with this condition are sensitive to components of the food other than the gluten, although there are some people who are sensitive to gluten but do not have celiac disease. For people without NCGS and without celiac disease, avoiding gluten is not necessary. A diet with many different whole grains has been proven to reduce heart disease risk compared with

a more meat-based diet.

DEAR DR. ROACH: Please discuss the problem of the thirst mechanism as it relates to the elderly. I'm 70 years old and in almost perfect physical health. I bicycle every day — 75 miles each week. Even with this enormous physical exercise, I am never thirsty all day and night. Also, I do not perspire. I need to force myself to drink water. Why don't I feel thirsty? — M.U.

ANSWER: Thirst is a powerful motivation. In people with an intact thirst mechanism, the desire for water can be overpowering; it's one of the body's main ways of regulating salt and volume in the body. You are exactly right that as people age, the thirst mechanism becomes less powerful, and that tends to leave older people with a slightly higher amount of salt in the body compared with younger people. Remembering to drink water, especially on hot days, reduces the risk of dehydration.

However, people who drink continually may never trigger the thirst response. There are many social cues to drink, and people who are not losing fluid through exertion and sweat may never trigger a strong thirst response. Drinking too much is as dangerous as not drinking enough: If thirst is really impaired, you need to use other mechanisms to monitor fluid status. For example, needing to urinate every several hours (at least) is one way of staying in the right zone.

Chest CT Can't Replace Screening Mammogram

DEAR DR. DONOHUE: I am due to have a mammogram in July, but around the same time I am supposed to have a chest CT as a follow-up to my chondrosarcoma cancer. I have a CT every other year, and an X-ray on the opposite years of both my affected arm and my lungs. Does a chest CT have the potential of showing a similar finding as a mammogram? I would just as soon not have to expose myself to so much radiation all in one month. I'm 66. There is a history of postmenopausal breast cancer in my family, in my mother's mother. — T.M.H.

ANSWER: A mammogram is an X-ray that is designed specifically to look for abnormalities in breast tissue. Mammograms have been extensively studied and proven to reduce mortality in women between the ages of 50-74 (outside these ages, there remains extreme controversy).

CT scans are X-rays taken from many angles and then reconstructed in a computer to provide a look at many slices of the part of the body being looked at. A CT scanner can be set to emphasize bones or soft tissue, and work is ongoing now with CT scans

designed specifically for breast abnormalities. The CT scan you get as follow-up to your chondrosarcoma (a rare cancer of cartilage) is designed to look in lung tissue for abnormalities, and has not been evaluated as a means of screening for breast cancer, although I do know that some may be found anecdotally.

The CT scans you get as a part of your cancer follow-up are not an adequate substitute for ongoing mammography, which is particularly important in your case due to a family history. I do understand the concern about radiation, but a mammogram has very little radiation — approximately the same you would get from naturally occurring radiation sources in seven weeks of walking around.

DEAR DR. ROACH: I read a news report that vasectomy increases risk of prostate cancer. Should men avoid this procedure due to concern for prostate cancer? — T.S.V.

ANSWER: Several studies have looked at this possibility, and the results are conflicting. A 2014 study of about 50,000 U.S. men showed an increase of about 15% in the risk of fatal prostate cancer, but a 2016 study of 360,000 U.S. men showed no increase in risk. In June 2019, a study of over 2 million Danish men showed a 15% increase in overall prostate cancer risk. To put the risk in perspective, about 500 men would need to have a vasectomy for one additional man to get prostate cancer, in the Danish study. It is not clear that the vasectomy caused the prostate cancer.

It is possible that there is something about men who choose vasectomy that puts them at higher risk to begin with; however, the authors were unable to find a known risk factor to support that possibility.

Even if vasectomy does lead to an increased risk of prostate cancer, it still has similar or lower overall risk than other forms of birth control, and is a good choice for a man who is absolutely sure he does not want to father any more children, as a vasectomy should be considered permanent. Attempting reversal is possible, but there is no guarantee of success.

Lab Finds Tiny Amount of Blood in Her Urine

DEAR DR. ROACH: My question is about microscopic hematuria. I see a rheumatologist for sarcoidosis. Last year I had various lab tests, including a urinalysis. That test and several since then have shown microscopic hematuria. The rheumatologist sent me to a urologist, who did scans and a scope of the bladder up through the right kidney. There's a slight stricture of the right ureter. My biopsies were negative.

Tests and scans continue to be OK

except for the microscopic hematuria. I am a 60-year-old woman. Is the hematuria a cause for concern? — K.E.

ANSWER: "Hematuria" means "blood in the urine." "Gross" hematuria means there is so much blood that it changes the urine color, while "microscopic" hematuria is recognizable only in the laboratory. Blood in the urine can come from anywhere in the urinary system, and there is a long list of possibilities. Although the cause is sometimes never found, your physician should consider urinary tract infection, kidney or bladder stones, and, in the right age group, cancer of the kidney and bladder. CT scans and cystoscopy are commonly performed tests, and the negative result in your case is reassuring.

You have one more reason to have hematuria than others, and that is the sarcoidosis. Sarcoidosis is a condition that can affect any tissue in the body with abnormal clumps of cells called granulomata. (Just one is called a granuloma.) While the lungs are the most common site for sarcoidosis, it can affect the kidney, causing hematuria.

Sarcoidosis also can cause kidney damage, resulting in a high creatinine, so that should be tested. Severe kidney disease from sarcoidosis may be treated with prednisone, but you should see an expert (nephrologist) to consider this diagnosis.

The majority of people with small amounts of blood in the urine with no documented reason for it, including the cystoscopy and scans you had, will not have serious disease. However, it is probably still prudent to keep an eye on the kidneys and bladder periodically.

Diabetes Not Limited to Only 2 Main Types

DEAR DR. ROACH: Last year, at 57, I was diagnosed with Type 1 LADA diabetes. Initially I was put on insulin to get my blood sugar within the normal range. Then I was just on metformin until the "honeymoon period" was over. My endocrinologist is great. I now am back on insulin (six units at night). I walk anywhere between 3 and 8 miles about three times a day. My blood pressure is excellent. I initially lost about 18 pounds after diagnosis, so my weight is good.

When looking at Google, it says my life expectancy has been cut by 20 years! Yikes, I JUST retired and if I go by their gauge, I'll be passing around age 68! Is this based on someone who has had diabetes for many years, since Type 1 is usually diagnosed much earlier? The doctor said even though my initial sugars were over 500 when diagnosed, I was very healthy and that's why

nothing was "destroyed." My vision was off for about a month but no permanent damage was done. Any reassurance would be appreciated! — M.W.

ANSWER: Most people are familiar with Type 1 diabetes, with a typical onset in childhood and at a normal weight. It is caused by an autoimmune destruction of the insulin-making cells in the pancreas. People also know about Type 2 diabetes, usually adult-onset and usually diagnosed in someone who's overweight; it's caused by resistance to insulin. But there are other subtypes of diabetes, including latent autoimmune diabetes in adults (LADA).

In the U.S. and Canada, it accounts for a small fraction of diabetes cases, but is more common in Scandinavian countries. It has some characteristics of both Type 1 and Type 2 diabetes, but the autoimmune nature and the usual progression to insulin need makes most experts feel it is closer to Type 1 than to Type 2. A recent paper has outlined a potential new classification of diabetes types.

The change in life expectancy from diabetes relates to how long you have had diabetes and how well-controlled it has been. With outstanding diabetes control (normal or near-normal blood sugar levels), the effect on overall mortality is modest, at best. In one model, the reduction in life expectancy is less than a year. However, it certainly is possible to have life expectancy drop by 20 years with very poorly controlled, longstanding diabetes. For people with diabetes, to a very large extent, their potential to live longer (and healthier) can be improved by better blood sugar control.

For new-onset autoimmune diabetes (both Type 1 and LADA), early and aggressive blood sugar control with insulin may reduce the amount of autoimmune damage and improve long-term prognosis. Studies are in progress to evaluate this.

DEAR DR. ROACH: I am a female, 16 years old. My white blood cell count is 16.6. I am suffering from so much weakness and pain in my legs, arms and shoulder area. I also have a cough and cold. Is it dangerous? What should I do for it? — K.C.

ANSWER: I don't have enough information to help much. A white blood cell count that high suggests an infection. At your age, those symptoms are most likely a viral infection, but acute mononucleosis and even pneumonia are possible, so you need to see your doctor.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu.

Financial

PASSWORD MANAGEMENT

It may seem impossible, but the typical adult in America has at least 200 online accounts requiring passwords. Think of all the retailers, financial companies, utilities, health care providers, social media sites, government offices, travel services and entertainment subscriptions you've used over the years and it will only get worse. Over the next three years, Americans will double their number of password-protected accounts. Since the COVID-19 pandemic, it's likely you created accounts with food delivery services, video-conferencing hubs and new retail sites since the quarantine started. Here are some password-management tips:

Don't log in with Facebook or Google

The option to click Continue with Facebook may seem easy, but it's not necessarily secure. A security breach to one of those services could put your other accounts at risk. In addition, if you delete Facebook later on, you may find yourself locked out of apps you forgot were linked to that login.

A different password for every account

Password reuse is a big risk. The highest numbers of compromised accounts tend to come from a password that was reused somewhere else.

Upgrade weak passwords

Passwords that were secure years ago no longer

hold. Randomly generated passwords are the new standard to keep ahead of tools that hackers use. You can type out a random set of letters, numbers and symbols, or you can have a password manager generate them.

Reset as needed

If you can't remember or access a password, click on the Forgot Password line and go through the reset process. You can do this as often as you want, as long as your email password is super strong and secured correctly.

Password Managers

These generate strong passwords for all of your online accounts and store them in an encrypted "vault" that you access by logging in via one robust password. Then, every

time you return to a password-protected site, the service will automatically enter the password it created for you. Popular brands include Keeper, LastPass, McAfee, True Key, Zoho Vault and Dashlane. Most offer a free basic version, but getting one that works on multiple devices will likely cost extra.

Web Browsers

Google Chrome, Mozilla Firefox and Apple's Safari often have built-in password managers. When accessing a password-protected website, you'll usually see a box pop-up, asking if you want to store that password. Click on yes; these are typically secure. Be advised that this works only if you do all your online activity on one browser. If you sign in to your browser, you can sync stored pass-

words across multiple devices.

Handwritten List

For a low-tech approach, compose a handwritten password-manager book locked in a safe place. Never store passwords in a computer document. If someone were to hack your computer, that person would have access to your whole life.

Designate an emergency contact

If something should happen to you, you don't want your loved ones scrambling to get control of your accounts. Password managers usually allow you to designate secure access to others. Or, make sure someone knows where you keep your password book.



2845 N. Sheridan Road Suite 912
Chicago, IL 60657

STATE OF THE ART MEDICINE AND COMPASSIONATE CARE



Clarence W. Brown Jr. MD,
JD, FAAD, FACMS

Dermatology

- Skin Cancer Screening
- Mole Evaluation
- Acne
- Eczema
- Psoriasis
- Rosacea
- Mohs Surgery
- Hair Loss
- Warts
- Excisions
- Biopsies
- Keloids



Sreya Talasila MD, FAAD



Stephanie Bayers MD

Cosmetic Dermatology

- Botox / Fillers
- Kybella Fat Removal
- Platelet Rich Plasma
- Laser Hair Removal
- Intense Pulsed Light Therapy
- Vein Treatment
- Morpheus 8
- Skin Rejuvenation



Yazan Alghalith MD



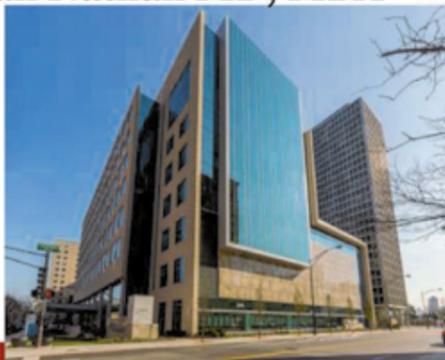
Jonathan Nathan MD, MBA

Plastic Surgery Services

- Breast Cosmetic Procedures
- Reconstruction
- Scar Revision
- Migraine Treatment
- Body Cosmetic Procedures
- Facial Cosmetic Procedures
- Mohs Reconstruction
- Eyelid Procedures



Megan Niemiec NP



Advanced Skin and Mohs Surgery Clinic is comprised of seven board-certified and licensed dermatologists, two MOHS Micrographic Surgeons, and two physician assistants trained extensively in dermatology!

Call to make an appointment today: 773-281-0046
 SAME DAY and WALK IN appointments are available
 We Participate in most major insurance plans
 We accept Medicare Assignment
www.ASMSC.doctor



1. What vintage album held the record for most weeks on Billboard's album chart?
2. Name the first company to sign Elvis Presley.
3. Which song mentions Camp Granada?
4. Who were the Eddie Clayton Skiffle Group and Rory Storm and the Hurricanes?
5. Name the song that contains this lyric: "I can't believe you've got a heart of stone, I've seen your tears fall when you thought you were alone."

Answers

1. "Johnny's Greatest Hits," a Johnny Mathis collection from 1958. It stayed on the chart for 490 weeks.
2. Sun Records, in 1954. A year later his manager Colonel Tom Parker arranged for RCA Victor to pick up the contract. Parker stayed with Presley for over two decades.
3. "Hello Mother, Hello Father," also known as "Hello Muddah, Hello Fadduh," the 1963 hit about a kid's letter from summer camp.
4. Those were the two groups Ringo Starr played with before he joined the Beatles. Starr was born Richard Starkey and was known as Ritchie until he joined Rory Storm.
5. "Don't Rush Me," by Taylor Dayne, 1988. Despite having six Top 10 singles and three Grammy noms, her music career wound down and she turned to acting and songwriting.

© 2020 King Features Synd., Inc.

**What's better?
A great story
or
A great idea?
Lakeview Newspaper
Thoughts to think about.**

Strange BUT TRUE

By Lucie Winborne

- Along with henna, old-fashioned hair dye ingredients included the blood of black cows and crushed tadpoles in warm oil.
- While filming "Jailhouse Rock" in 1957, Elvis Presley inhaled his tooth cap as he slid down a pole in the opening dance number. It lodged in his lung and required surgical removal, but aside from a little hoarseness for a few days, the King made a fairly easy recovery.
- Arachibutyrophobia is the fear of peanut butter getting stuck to the roof of your mouth.
- That little white paper strip coming out of the top of Hershey's Kisses is called a plume and was originally introduced by the company to distinguish the product from phony knock-off candies.
- The popular kids' game "Operation" was invented by John Spinello, a sophomore at the University of Illinois in 1962, as part of a class assignment. Sadly, he only made \$500 off the game after selling the prototype.
- By the way, in case you've ever wondered, the "patient" in "Operation" is named Cavity Sam.
- "Gigi" author Sidonie-Gabrielle Colette could only write after she had plucked all the fleas off her cat.
- Many inventions and discoveries have come about through the medium of dreams, including the alternating current generator, the sewing machine, Google, the periodic table and DNA's double helix spiral form.
- If you had to pick a "standard" pencil color, you'd probably think of a yellow-gold shade — and that's no accident. When pencils went into mass production in the 1890s, the finest available graphite fillings came from China. Manufacturers wanted everyone to know that they used only the best Chinese graphite, so they painted their pencils yellow, the traditional color of Chinese royalty.

Thought for the Day: "Our lives begin to end the day we become silent about things that matter." — Martin Luther King, Jr.

© 2020 King Features Synd., Inc.



Video on Demand

1. **Ava** (R) Jessica Chastain, John Malkovich
 2. **Then Came You** (PG-13) Kathie Lee Gifford, Craig Ferguson
 3. **Hocus Pocus** (PG) Bette Midler, Sarah Jessica Parker
 4. **Alone** (NR) Jules Willcox, Marc Menchaca
 5. **Death of Me** (R) Maggie Q, Luke Hemsworth
 6. **Do Not Reply** (R) Jackson Rathbone, Amanda Arcuri
 7. **The King of Staten Island** (R) Pete Davidson, Bel Powley
 8. **Cats & Dogs 3: Paws Unite** (NR) Garry Chalk, Michael Daingerfield
 9. **Blackbird** (R) Mia Wasikowska, Sam Neill
 10. **The Silencing** (R) Nikolaj Coster-Waldau, Annabelle Wallis
- Source: Comscore

© 2020 King Features Synd., Inc.

1. Joe Bonamassa
2. Eric Clapton
3. Derek Trucks
4. Buddy Guy
5. John Mayer
6. Kenny Wayne Shepherd
7. Samantha Fish
8. Gary Clark Jr.
9. Tab Benoit
10. Billy Gibbons

Source: Guitar World

© 2020 by King Features Syndicate, Inc. World rights reserved.



There are those who would argue that today's world is going to heck in a hand-basket. I've always found it interesting when people complain about the breakdown of our world as we know it — I attempt to imagine their criteria for this dystopian future. Does it involve a computer takeover? Genetic tinkering? Just all-out trash human behavior? Here are several iconic dystopian fantasies to choose from, and a few lesser-known morsels of impending doom. May the odds be ever in your favor.

The Matrix — Keanu Reeves stars as Neo, a hacker who is liberated from a simulated reality by the elusive Morpheus (Laurence Fishburne) and learns the secret and terrible truth that the world is not what it seems. Dystopian cause: computers.

Death Race 2000 — For camp, I prefer Roger Corman's 1975 version with Sylvester Stallone and David Carradine as some of the competitors in a transcontinental race where points are clocked both by speed and the number and type of pedestrian kills. Dystopian cause: totalitarianism.

Divergent — A worldwide war wipes out humanity, except in Chicago, where the remaining residents separate themselves into factions — the smart, the honest, the kind, the generous and the daring. Things get dicey when Tris (Shailene Woodley) tries to be more than one thing. Dystopian cause: war.

The Hunger Games — The winner of a 13-district war subjugates the rest of the districts by culling two young people from each yearly to fight to the death in a reality show that is too real. They get more than they bargained for when Katniss (Jennifer Lawrence)

volunteers to take the place of her little sister. Dystopian cause: political machinations of terrible people.

The Running Man — In the not too distant future, Arnold Schwarzenegger is a contestant in America's most popular game show, where convicted criminals enter a gladiator-style arena to battle against mercenaries and other bloodthirsty killers to attempt to win their freedom. This film, made in 1987, takes place in 2019. Dystopian cause: economic collapse.



Lionsgate

Jennifer Lawrence in "The Hunger Games"

Idiocracy — In this cult classic Mike Judge comedy, the military places an "Average Joe" and a duped prostitute in suspended animation, and they are accidentally abandoned until they wake up 500 years later in a seriously dumbed down future where they appear to be the smartest people on the planet. Dystopian cause: anti-intellectualism run amok.

Never Let Me Go — A romantic tragedy based on Kazuo Ishiguro's 2005 novel, three friends from boarding school navigate love and the future knowing that they are clones, alive only to be harvested for their organs. Dystopian cause: medical tinkering.

Minority Report — In this futuristic society, intentions can be crimes, reported to the PreCrime division by sentient mutants who sense a crime before it happens. But is it still a crime if, once you know the future, you change it? Dystopian cause: overzealous mutant technology.

© 2020 King Features Synd., Inc.

WWW.COM

www.stlukechicago.org
stluke@ais.net
Saint Luke Church
1500 W. Belmont
Chicago, Illinois 60657
Sunday Services
8:30 a.m. Morning Prayer
9:15 a.m. Sunday School & Bible Class
10:30 a.m. The Holy Eucharist
Church 773- 472-3383
School 773-472-3837

Lakeview Newspaper
P.O. Box 578757 Chicago, IL 60657
Phone: (312) 493-0955
WWW.Lakeviewnewspaper.com
Email: LKVVNEWS@aol.com
"We don't make the news.
We just report it.
See our newspaper online
and click through to our
advertisers web sites.

Don't forget
to eat your Thanksgiving turkey, to make sure you vote and especially, have your fireplace cleaned for the season.
Call us to make an appointment at: 773-348-9111

www.Greenforestfireplaceandpatio.com
3105 N. Ashland Ave. • FREE Parking in lot • NE corner of Ashland and Barry
Stop by and see us for Great Pricing (773) 348-9111

To advertise here call (312) 493-0955 for more information.

TOP VIDEO RENTALS AND SALES

- ### Top 10 Video Rentals
1. **Ava** (R) Jessica Chastain
 2. **Then Came You** (PG-13) Kathie Lee Gifford
 3. **Hocus Pocus** (PG) Bette Midler
 4. **Alone** (NR) Jules Willcox
 5. **Death of Me** (R) Maggie Q
 6. **Do Not Reply** (R) Jackson Rathbone
 7. **The King of Staten Island** (R) Pete Davidson
 8. **Cats & Dogs 3: Paws Unite** (NR) Garry Chalk
 9. **Blackbird** (R) Mia Wasikowska
 10. **The Silencing** (R) Nikolaj Coster-Waldau

- ### Top 10 DVD, Blu-ray Sales
1. **Hocus Pocus** (PG) Disney
 2. **Rick and Morty: Season 4** (TV-14) Warner
 3. **Beetlejuice** (PG) Warner Bros.
 4. **The Nightmare Before Christmas** (PG) Disney
 5. **The Secret: Dare to Dream** (PG) Lionsgate
 6. **It: Chapter One** (R) Warner Bros.
 7. **Halloween/Halloween II** (NR) Disney
 8. **Scoob!** (PG) Warner Bros.
 9. **Halloween** (R) Lionsgate
 10. **Halloween 2018** (R) Universal
- Source: Comscore/Media Play News
© 2020 King Features Synd., Inc.



This is **Lakeview**
Vibrant. Eclectic.
The Quintessential Chicago Neighborhood.
ThisIsLakeview.com

What's Hot In Hollywood

HOLLYWOOD — This year's Oscar winner, **Brad Pitt** (for "Once Upon a Time in Hollywood"), has finally settled on his next acting gig. He'll be playing an assassin in "Bullet Train," based on the Japanese novel by **Maria Beetle**. The gossip mill is saying that the 56-year-old, eternally youthful-looking star is dating 27-year-old model **Nicole Poturalski**. An unknown source supposedly close to Brad reveals, "Brad has absolutely no plans, nor any desire to get married again; Brad doesn't want a girlfriend he's with every day." We'd believe that, but what would we do with last month's rumors about him getting back together with **Jennifer Aniston** after their virtual table reading of "Fast Times at Ridgemont High"?

Have you been wondering where **Madonna** has been? She's been planning a film biography of herself. The "Evita" Golden Globe-winning actress has teamed with the Oscar-winning screenwriter of "Juno," **Diablo Cody**, on a screenplay about the singing superstar's life that Madonna will direct herself. She confesses, "The focus of the film will always be music. Music has kept me going and art has kept me alive. There are so many untold and inspiring stories, and who better to tell them than me? It's essential to share the roller coaster ride of my life with my voice and vision." It'll be interesting to see how she sees herself!

In this era of superhero and IMAX epics, we are going to be treated to Oscar-winners **Anthony Hopkins** and **Olivia Coleman** in "The Father." Their screen time together will be magic. Hopkins, in the title role, essays a man suffering mental deterioration due to his old age. As Variety explains: "It places us in the mind of someone losing his mind — and does so by revealing that mind to be a place of seemingly rational and coherent experience." The film debuted at Sundance earlier this year and will be released in most major markets on Christmas Day.



Brad Pitt

Chris Hemsworth has no plans to give up his hammer anytime soon. After four stints as "Thor," he admits, "Thor is far too young, he's only 1,500 years old. It's definitely not goodbye to the brand!"

If you haven't seen **Henry Goulding** (who became a star because of "Crazy Rich Asians") and **Emilia Clarke** (of "Game of Thrones") in "Last Christmas," it's worth downloading. There's an amazing twist that you will not see coming. Goulding is filming "Snake Eyes," a prequel to the "G.I. Joe" franchise, due in October 2021. Meanwhile, Clarke and former "Doctor Who" **Matt Clark** have been seen together around London and could be a romantic item.

First there was "Blackish," then "Mixed-ish" and "Grown-ish" and now there will be a fourth ABC spinoff, "Old-ish." It stars **Laurence Fishburne** and **Jennifer Lewis**, reprising their roles as Earl "Pops" Johnson and Ruby Johnson as they give love a second chance. What's next? "Divorce-ish!"

© 2020 King Features Synd., Inc.

HOLLYWOOD — **Bradley Cooper** has found his leading lady to play his wife in the **Leonard Bernstein** biography film "Maestro," and she is British actress **Carey Mulligan**. Cooper, who also co-wrote the screenplay, reveals: "I was struck by Carey ever since I saw her on stage years ago and haven't missed a performance since. I am humbled to be working with such a mammoth talent."

Mulligan, 35, received a best-actress Oscar nomination for "An Education" (2009), and starred as Daisy opposite **Leonardo DiCaprio** in "The Great Gatsby" (2013). More recently she starred in and exec-produced the black-comedy thriller "Promising Young Woman," with **Bo Burnham**, **Alison Brie**, **Jennifer Coolidge**, **Connie Britton** and **Laverne Cox**, and also stars in Netflix's upcoming "The Dig," with **Ralph Fiennes** and **Lily James**.

Leonard Bernstein won an Oscar for the soundtrack of the **Marlon Brando** classic "On the Waterfront" (1949), 16 Grammys from 63 nominations, seven Emmys from 13 nominations, two Tony Awards and a Kennedy Center Honors. On film he wrote music for "On the Town" (1949) and "West Side Story" (1961).

Meanwhile, **Steven Spielberg's** remake of "West Side Story" has moved from Dec. 18 to Dec. 10, 2021 due to the pandemic. Other films postponed are **Scarlett Johansson's** "Black Widow," from Nov. 6 to May 7; "Death on the Nile," with **Annette Bening**, **Kenneth Branagh**, **Gal Gadot** and **Armie Hammer**, from Oct. 23 to Dec. 18; and "Eternals," with **Richard Madden**, **Kumail Nanjiani**, **Salma Hayek**, **Angelina Jolie**

and **Kit Harrington**, from Feb. 12 to November 2021.

It's been 15 months since "The Big Bang Theory" ended. **Jim Parsons** (Sheldon) had two projects on Netflix, the 50th anniversary of "Boys in the Band" and the miniseries "Hollywood." **Kaley Cuoco** (Penny) has "The Man from Toronto," with **Kevin Hart** and **Woody Harrelson** hitting



Carey Mulligan

theaters next September and is the co-creator, executive producer and star of the upcoming HBO Max series "The Flight Attendant," with **Rosie Perez**. It's about a flight attendant who wakes from a hangover in Dubai to find a dead body in her room; she calls no one and just flies off to New York, where the FBI is waiting for her.

Kunal Nayyar (Rajesh) starred in the recent release of "Think Like a Dog," with **Josh Duhamel** and **Megan Fox**. **Mayim Bialik** executive-produced (with Jim Parsons) and hosted "Celebrity Show-Off" and will star in the mid-season FOX comedy series "Call Me Kat," based on the British series by **Miranda Hart**, with **Cheyenne Jackson**, **Leslie Jordan** ("Will & Grace") and **Swoosie Kurtz**. **Melissa Rauch** (Bernadette) was one of the stars of "Cats & Dogs 3: Paws Unite," which went straight to video, while **Simon Helberg** (Howard) is currently shooting the Amazon musical "Annette," with **Adam Driver** and **Marion Cotillard**.

So far none of them have made a "Big Bang" since their series ended, but that's just my theory!

© 2020 King Features Synd., Inc.



by Dana Jackson

Q. With the recent death of **Eddie Van Halen**, it made me wonder how **Ozzy Osbourne** is doing. Didn't he have some health issues a few years ago? — E.S.

A. Singer and reality TV star **Ozzy Osbourne** has been on the mend since having spinal surgery earlier this year. In an interview with SiriusXM satellite radio, the 71-year-old stated he still has some discomfort but is off pain medication and hopes to tour again, even if it isn't in front of a live audience due to the pandemic.

In addition to his extensive surgery, **Ozzy** announced that he has **Parkinson's disease**. His family certainly has had their share of health battles: Wife **Sharon** overcame colon cancer, and his son **Jack** has multiple sclerosis.

The band **Van Halen** first opened for **Ozzy's** band **Black Sabbath** back in 1978. In a recent essay he wrote for "Rolling Stone" magazine, **Ozzy** stated, "I remember seeing Eddie do that finger-tapping thing, and that was the first time I'd ever seen anyone do that. Just when you think nobody can make guitar playing exciting, somebody like that comes out. ... He made it look easy."

Q. Whatever happened to actress **Madolyn Smith**, who was in the movie "Urban Cowboy" with **John Travolta**? My favorite role of hers was in a TV movie based on the **Sidney Sheldon** book "If Tomorrow Comes." I miss those TV movies. Those were the good old days. — W.F.

A. You have a good memory! **Madolyn Smith** made her acting debut playing **Debra Winger's** rival in "Urban Cowboy" in 1980, and about five years later she starred in the TV movie based on the bestseller "If Tomorrow Comes." Her biggest role was arguably opposite **Chevy Chase** in the comedy film "Funny Farm," but then she met hockey star **Mark Osborne**, settled down and had a family. Her last acting credit was in 1994.

Q. When is the **Tom Selleck** coming back, and how will they film the family dinner scenes if the pandemic is still going on? — Y.S.



Deposiphotos

Ozzy Osbourne

A. The CBS drama series "Blue Bloods" recently resumed production for season 11, but an actual airdate for the premiere hasn't been announced. The previous season was cut short due to the pandemic and fans were left with the cliffhanger story of a new family member named **Joe**, played by **Will Hochman**. I would keep checking the CBS.com website for updates on when new episodes will air, but hopefully you'll see some by the end of November.

If you're a fan of **Amy Carlson**, who played **Linda** on "Blue Bloods" until her character was tragically killed off three years ago, you can catch her on CBS's "FBI: Most Wanted" this fall, where she'll play a bounty hunter in a recurring role. The death of her character on "Blue Bloods" in a helicopter crash was one of the most shocking and saddest in recent memory.

Joining **Carlson** this season on "FBI: Most Wanted" is **Terry O'Quinn**, who is best known for playing **John Locke** on the ABC hit series "Lost."

Send me your questions at NewCelebrityExtra@gmail.com, or write me at **KFWS, 628 Virginia Drive, Orlando, FL 32803**.

© 2020 King Features Synd., Inc.

Read Lakeview Newspaper and get smarter. Subscribe to Lakeview Newspaper and get a FREE classified ad.

Subscribe to Lakeview Newspaper for \$24.00 for 12 Issues and get \$26.00 worth of Classified advertising for FREE!

Mail check or Money Order to J2 Associates Inc.

Check should be made to J2 Associates, Inc.

Mail to: J2 Associates Inc., c/o Lakeview Newspaper

P.O. Box 578757,

Chicago, Illinois 60657

Name _____
 Address _____
 City _____ State _____ Zip Code _____
 Email Address (Optional) _____

Your free classified ad form will be mailed to you once we receive your check. Check must be received before the 20th of the month for subscription to start the following month. Classified ad can only be used once during the year. Expiration on this offer will expire at the end of the year. We do appreciate your reading our newspaper and your subscription. We are a monthly newspaper.

GREAT GAME DAY GRUB

FAMILY FEATURES

While you may not be able to enjoy game day with thousands of your closest friends at the stadium this year, that doesn't mean you can't still enjoy tailgate-worthy grub at home with a smaller group of friends and loved ones.

Step up your home-gate with an appetizing pre-game lineup featuring customized hot dogs and bratwursts as the main course with other plate-filling appetizers on the side to keep the noshing going right up to game time like bacon-wrapped potatoes, sweet cinnamon churros and a savory take on guacamole.

Find more game day recipes worth cheering about at Culinary.net.



Photo courtesy of Getty Images

Build-Your-Own Brat Bar

A simple and tasty main course, hot dogs and bratwursts are mainstays on game day and can be easily topped and customized to match each guest's taste buds, regardless of age. Consider setting out a variety of garnishes and topping options such as these:

- Ketchup
- Mustard
- Relish
- Onions
- Chili
- Nacho cheese
- Shredded cheese
- Jalapeno peppers
- Diced tomatoes
- Sauerkraut
- Cole slaw
- Pickle spears
- Barbecue sauce
- Sriracha

A Bacon-Wrapped Winner

Creating a mouthwatering game day spread is all about teamwork, and it's hard to find a better set of teammates than crispy bacon and potatoes.

Take one to the house with these Pigskin Potatoes that cut down on prep time and cleanup as an easy-to-eat finger food that can be made in advance. Just prep the potatoes and wrap with bacon a day or two ahead of time then throw in the oven an hour or so before kickoff.

Your base ingredient in these tasty, touchdown-worthy snacks, Wisconsin Potatoes, are low in calories, high in fiber and a source of vitamin B6, potassium, vitamin C and antioxidants.

Find more game day inspiration at eatwisconsinpotatoes.com.

Pigskin Potatoes

Recipe courtesy of The Little Potato Company on behalf of Wisconsin Potatoes

Prep time: 20 minutes

Cook time: 44 minutes

Serves: 8

- 1 1/2 pounds Boomer Gold Little Potatoes
- 6 ounces plain cream cheese, at room temperature

- 1/3 cup orange cheddar cheese, finely shredded
- 3 tablespoons fresh chives, finely chopped
- 1/8 teaspoon salt
- 1/8 teaspoon pepper
- jalapenos, to taste (optional)
- 1 pound bacon, thinly sliced, rashers cut in half

Preheat oven to 400 F.

Boil potatoes until fork tender, approximately 15-20 minutes. Cut in half and allow to cool.

In bowl, use spatula to combine cream cheese, cheddar, chives, salt, pepper and jalapenos, if desired.

Once potatoes cool, spread cream cheese on one half of each cut potato and sandwich using other half. Wrap each potato using half rasher of bacon around cut middle to secure cheese filling.

Bake on middle rack 10 minutes to allow bacon to set. Flip and bake 10 minutes.

Turn oven to broil. Broil 2 minutes, turn and broil 2 minutes until bacon reaches desired crispiness.

Tip: Bacon-wrapped potatoes can be made ahead of time and kept in refrigerator until ready to bake.



Photo courtesy of C&H Sugar

Churros

A Sweet Cinnamon Snack

Sweet, handheld snacks make for perfect teammates while watching a game at home, and these Churros are an ideal example of a quick, fun bite that's made with ease.

Requiring less than an hour in the kitchen, they can be made in short order without missing your favorite team's first play. Lightly coated with fresh cinnamon and flavored with C&H Golden Brown Sugar, these deep-fried delights are as simple to make as they are delicious.

Find more home-gating recipe ideas at chsugar.com.

Churros

Prep time: 20 minutes

Cook time: 20 minutes

Yield: 45 churros

- 1 1/4 cups water
- 1/2 cup (1 stick) unsalted butter
- 2 teaspoons C&H Golden Brown Sugar
- 1/4 teaspoon salt
- 1 cup all-purpose flour
- 3 large eggs, lightly beaten
- 3 cups canola oil, for frying
- 1 cup C&H Granulated Sugar
- 2 tablespoons ground cinnamon

In medium saucepan over high heat, combine water, butter, sugar and salt; bring to boil.

Reduce heat and add flour. Using wooden spoon, mix vigorously until mixture forms into dough. Remove from heat.

While stirring, gradually add eggs into dough. Mix well. Place dough in pastry bag fitted with large star tip.

In heavy pot over medium-high heat, heat oil until it reaches 365 F. On plate, mix granulated sugar and cinnamon; set aside.

Squeeze churro dough in 4-inch strips into hot oil. Fry 5-6 churros in batches until golden brown, about 2 minutes per side. When ready, transfer to plate lined with paper towels.

Roll churros in sugar-cinnamon mix.



Photo courtesy of The Little Potato Company

Pigskin Potatoes

A Tasty Take on a Tailgate Favorite

Even at home, game day means good times with friends and family while enjoying moments together watching your favorite teams. A menu full of flavorful favorites takes the experience to another level, and tackling your spread by starting with a tasty dip is a sure way to fire up the crowd.

No tailgate or home-gate is complete without fresh guacamole made with the Avocados From Mexico brand. Because they're always in season, you can enjoy guac during your favorite sporting events and beyond.

Take it to the house with a twist on a game day classic by testing out this Bacon Chipotle Guacamole, a tailgate-worthy snack loaded with crowd-pleasing flavor. Because it's such a fan-favorite, you might find yourself making another round at halftime.

To find this recipe and more ways to take your tailgate to new heights, including more than 200 guacamole recipes to choose from, visit avocadosfrommexico.com.

Bacon Chipotle Guacamole

- 3 Avocados From Mexico, halved, pitted and peeled
- 3 tablespoons shallot, minced
- 2 garlic cloves, minced
- 1/2 cup cilantro, finely chopped
- 1 lime, juice only
- 8 ounces applewood smoked bacon, cooked and crumbled
- 1/2 cup tomatoes, small diced
- 2 canned chipotle chiles, finely chopped
- ground cumin, to taste
- salt, to taste
- pepper, to taste

In large bowl, mash avocados with shallots, garlic, cilantro and lime juice to desired consistency. Fold in bacon, tomatoes and chipotle chiles until well combined. Season with cumin, salt and pepper, to taste.

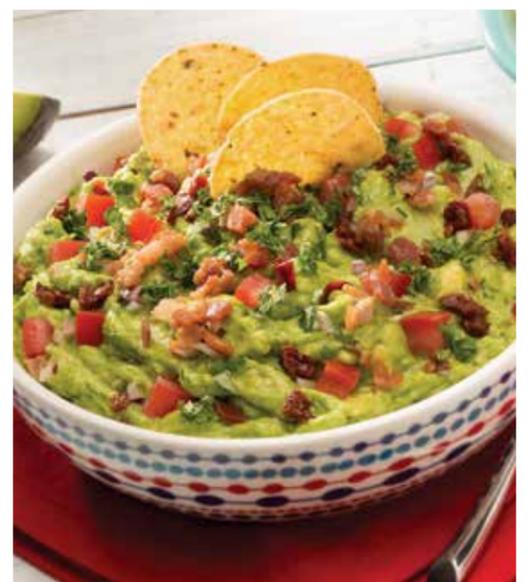


Photo courtesy of Avocados From Mexico

Bacon Chipotle Guacamole

Comfort foods

Made fast and healthy

by Healthy Exchanges

Double Chocolate Cream Pie

Double your pleasure with two — yes, two — kinds of chocolate! When it comes to chocolate, more is never too much!

- 1 (4-serving) package sugar-free instant chocolate fudge pudding mix
- 1 1/2 cups nonfat dry milk powder
- 2 1/4 cups water
- 1 (6-ounce) purchased chocolate-flavored pie crust
- 1 (4-serving) package sugar-free instant white chocolate pudding mix
- 1/2 cup reduced-calorie whipped topping
- 1 (2 1/2-inch) chocolate graham cracker square, made into fine crumbs
- 1 tablespoon mini chocolate chips

1. In a large bowl, combine dry chocolate fudge pudding mix, 2/3 cup dry milk powder and 1 1/4 cups water. Mix well, using a wire whisk. Pour mixture evenly into pie crust. Refrigerate while preparing topping.

2. In another large bowl, combine dry white chocolate pudding mix, remaining 2/3 cup dry milk powder and remaining 1 cup water. Mix well, using a wire whisk. Blend in whipped topping.

3. Evenly spread topping mixture over set chocolate fudge layer. Sprinkle chocolate graham cracker crumbs and chocolate chips evenly over top. Refrigerate for at least 1 hour. Cut into 8 servings. Freezes well.

• Each serving equals: 198 calories, 6g fat, 6g protein, 30g carb., 495mg sodium, 1g fiber; Diabetic Exchanges: 1 1/2 Starch/Carb, 1/2 Skim Milk, 1/2 Fat.

Comfort foods

Made fast and healthy

by Healthy Exchanges

Garden Pilaf

“Help! My garden is being overtaken by zucchini!” That seems to be the battle cry of most gardeners right about now. If you too have been overblessed with a bountiful crop of this vigorous squash member, then stir up this delicious recipe. You may be so pleased that you just might ask your friends for their extra zucchini!

- 2 cups shredded unpeeled zucchini
- 1 cup shredded carrots
- 1 (16-ounce) can fat-free chicken broth
- 1 tablespoon dried parsley flakes
- 1/8 teaspoon black pepper
- 2 cups uncooked instant rice

1. In a large skillet sprayed with butter-flavored cooking spray, saute zucchini and carrots for 6 to 8 minutes. Add chicken broth, parsley flakes and black pepper. Mix well to combine. Stir in uncooked rice. Bring mixture to a boil.

2. Lower heat, cover and simmer for 10 to 12 minutes, or until rice is tender and most of the liquid is absorbed, stirring occasionally. Makes 6 (2/3 cup) servings.

• Each serving equals: 116 calories, 0g fat, 4g protein, 25g carb., 173mg sodium, 1g fiber; Diabetic Exchanges: 1 Starch, 1 Vegetable.

Comfort foods

Made fast and healthy

by Healthy Exchanges

Awesome Apple Crisp

Try this easy dessert and see if you don't agree it's “just awesome.”

- 2 cups (4 small) cored, peeled and sliced cooking apples
- 1 teaspoon apple-pie spice
- 1/4 cup quick oats
- 6 tablespoons reduced-fat baking mix
- Granular sugar substitute to equal 1/4 cup sugar, suitable for baking
- 4 teaspoons reduced-calorie margarine

1. In a medium bowl, combine apples and apple-pie spice. Evenly spoon mixture into 4 (10-ounce) microwavable custard cups. In same bowl, combine oats, baking mix, sugar substitute and margarine. Mix well until crumbly. Evenly sprinkle crumb mixture over apples.

2. Microwave on HIGH (100% power) for 8 to 10 minutes or until apples are tender. Let set for at least 5 minutes. Good warm or cold. Makes 4 servings.

• Each serving equals: 102 calories, 2g fat, 2g protein, 19g carb., 149mg sodium, 2g fiber; Diabetic Exchanges: 1 Fruit, 1/2 Starch, 1/2 Fat.

top ten

Food Order TRENDS

1. Spicy chicken sandwich
2. Plant-based burger
3. Vanilla shake
4. Iced latte
5. Chili
6. Cinnamon roll
7. Chimichanga
8. Beef burrito
9. Potato taco
10. Taro milk tea

Source: Grubhub

© 2020 by King Features Syndicate, Inc. World rights reserved.

Good Housekeeping

Chicken Apple Burgers

Shredded apple keeps these chicken burgers moist and flavorful without adding any extra fat. Serve with potato salad or coleslaw dressed with a mustard vinaigrette.

- 2 Granny Smith apples, cored
- 1/2 teaspoon poultry seasoning
- 1/2 teaspoon salt
- 1/4 teaspoon ground black pepper
- 1 pound ground chicken
- 1/4 cup (about 1/2 stalk) finely chopped celery
- 4 hamburger buns
- 1/2 cup whole-berry cranberry sauce

1. From each apple, cut 6 thin slices crosswise from center (for a total of 12 apple rings). From remainder, coarsely shred 3/4 cup apples. Spray ridged grill pan with nonstick cooking spray; heat pan over medium-high heat until hot.

2. In medium bowl, stir shredded apple with poultry seasoning, 1/2 teaspoon salt and 1/4 teaspoon ground black pepper until blended. Mix in chicken and celery just until combined, but do not overmix. Shape chicken mixture into four 1/2-inch-thick burgers, handling mixture as little as possible.

3. Place burgers in grill pan; cook 10 to 12 minutes or just until chicken loses its pink color throughout, turning once. Serve burgers on buns with apple rings and cranberry sauce. Serves 4.

• Each serving: About 385 calories, 12g total fat (1g saturated), 0mg cholesterol, 610mg sodium, 47g total carbohydrate, 4g dietary fiber, 24g protein.

Good Housekeeping

Potato Salad Vinaigrette

- 4 pounds medium red potatoes, unpeeled
- 3 tablespoons salt
- 1/2 cup vegetable oil
- 1/2 cup cider vinegar
- 2 tablespoons Dijon mustard
- 1 tablespoon sugar
- 1/2 cup (loosely packed) fresh parsley leaves and stems

1. In 4-quart saucepan, place potatoes, 2 teaspoons salt and enough water to cover; heat to boiling over high heat. Reduce heat to low; cover and simmer 10 to 15 minutes or until potatoes are fork-tender. Drain; cool slightly.

2. Meanwhile, in blender, combine oil, vinegar, mustard, sugar, parsley and remaining 1 teaspoon salt; blend until smooth. Transfer to large serving bowl.

3. When potatoes are cool enough to handle, cut each into quarters, or eighths if large. Add warm potatoes to dressing in bowl; gently stir with rubber spatula until coated with dressing. Let potato mixture stand 30 minutes to absorb dressing, stirring occasionally. Serve warm or cover and refrigerate up to 1 day to serve cold. Yields: 10 cups. Serves: 16.

• Each serving: About 165 calories, 7g total fat (1g saturated), 0g cholesterol, 235mg sodium, 24g total carbohydrate, 2g dietary fiber, 2g protein.

2. In small bowl, combine brown sugar, oats, dates and cinnamon. Fill each cored apple with equal amounts of oat mixture. (Mixture will spill over top of apples.) Place 1/2 teaspoon margarine or butter on top of filling in each apple.

3. Cook apples, covered, on Medium-High (70%) until tender, 12 to 14 minutes, turning each apple halfway through. Spoon cooking liquid from baking dish over apples to serve. Serves 4.

• Each serving: About 240 calories, 3g total fat (1g saturated), 0g cholesterol, 30mg sodium, 54g total carbohydrate, 0g dietary fiber, 2g protein.

Recipe excerpted from the “Great American Classics Cookbook” (Hearst Books).

Good Housekeeping

Healthy Makeover Pumpkin Bread

Treat family and friends to our slimmed-down quick bread. Gone are the traditional version's 3 grams of saturated fat and all the cholesterol (thanks to egg whites and a blend of low-fat yogurt and canola oil). No one will suspect you've tinkered — a slice is that good!

- 1 cup (packed) light brown sugar
- 2 large egg whites
- 1 cup pure pumpkin (not pumpkin pie mix)
- 1/4 cup canola oil
- 1/3 cup low-fat plain yogurt
- 1 teaspoon vanilla extract
- 1 cup all-purpose flour
- 3/4 cup whole wheat flour
- 1/2 teaspoons baking powder
- 1 teaspoon ground cinnamon
- 1/2 teaspoon ground nutmeg
- 1/2 teaspoon baking soda
- 1/2 teaspoon salt

1. Heat oven to 350 F. Spray 8 1/2 by 4 1/2-inch metal loaf pan with nonstick cooking spray with flour.

2. In large bowl, with wire whisk, combine brown sugar and egg whites. Add pumpkin, oil, yogurt and vanilla extract; stir to combine.

3. In medium bowl, combine all-purpose flour, whole-wheat flour, baking powder, cinnamon, nutmeg, baking soda and salt. Add flour mixture to pumpkin mixture; stir until just combined. Do not overmix.

4. Pour batter into prepared pan. Bake 45 to 50 minutes or until toothpick inserted in center of loaf comes out clean. Cool in pan 10 minutes. Invert pumpkin bread onto wire rack; cool completely. Makes 1 loaf, yielding 16 servings.

• Each serving: About 140 calories, 4g total fat (0g saturated), 0mg cholesterol, 165mg sodium, 25g total carbohydrate, 1g dietary fiber, 2g protein.

Good Housekeeping

Snack Cake

Save your knuckles from the sharp grater (and save precious time and money) with a bag of shredded carrots. They make delicious quick-fix weeknight meals, simple side dishes and snacks, too. Chock-full of vitamin A, carrots combine a natural sweetness with a satisfying crunch. Here, they give a gingerbread cake mix an upgrade to a spiced carrot cake.

- 1 package (14 1/2-ounce) gingerbread cake mix
- 3/4 cups water
- 2 large eggs
- 2 tablespoons vegetable oil
- 1 package (8- to 10-ounce) shredded carrots, about 3/4 to 3 1/2 cups
- 1 cup toasted walnuts

1. Heat oven to 375 F. Grease 9-inch-square cake pan.

2. In large bowl, with wire whisk, stir cake mix, water, eggs and vegetable oil until just blended. Stir in carrots and chopped toasted walnuts.

3. Spread in prepared pan. Bake 50 to 55 minutes or until tester inserted in center comes out clean. Cool on wire rack. Makes 16 servings.

Good Housekeeping

Pumpkin Pudding Pie

- 1 envelope unflavored gelatin
- 1 1/4 cups milk
- 1 cup flaked coconut
- 3/4 cup graham-cracker crumbs
- 4 tablespoons (1/2 stick) margarine or butter, softened
- 1 1/2 cups heavy or whipping cream
- 1 package (for 4 servings) instant vanilla pudding and pie filling
- 15 ounces (half of a 30-ounce can, or 1 1/2 cups) pumpkin-pie mix (not solid-pack pumpkin)

1. In small saucepan, sprinkle gelatin evenly over 1/2 cup milk; let stand 1 minute to soften gelatin. Cook over low heat, stirring constantly, until gelatin dissolves completely. Set aside at room temperature to cool (do not refrigerate).

2. Heat oven to 375 F. Spread coconut in 13 by 9-inch metal baking pan; bake until lightly browned, about 10 minutes, stirring occasionally.

3. Reserve 1 tablespoon toasted coconut for garnish. In 9-inch pie plate, with hand, mix remaining toasted coconut with graham-cracker crumbs and margarine or butter. Press mixture firmly onto bottom and up side of pie plate just to rim.

4. In small bowl, with mixer at medium speed, beat 1 cup heavy or whipping cream until stiff peaks form. In medium bowl, prepare instant pudding as label directs, but use only 3/4 cup milk. With wire whisk, beat in pumpkin-pie mix and cooled gelatin mixture. Fold in whipped cream. Spoon pumpkin mixture into piecrust. Refrigerate until set, about 3 hours.

5. To serve, beat remaining 1/2 cup heavy or whipping cream until stiff peaks form. Use to garnish top of pie. Sprinkle with reserved toasted coconut. Serves 10.

• Each serving: About 345 calories, 23g total fat, 56g cholesterol, 375mg sodium.

Good Housekeeping

Quick Cincinnati Chili

Made with all the usual good things and then — great idea — spooned over spaghetti. While pasta is cooking, prepare chili and toppings.

- 12 ounces (3/4 of a 16-ounce package, per recipe) spaghetti
- 2 1/4 teaspoons salt
- 2 teaspoons olive or vegetable oil
- 1 medium onion, chopped
- 1 tablespoon chili powder
- 1/4 teaspoon ground cinnamon
- 1 can (15 to 16 ounces) pink beans, rinsed and drained
- 1 can (14 1/2 ounces) diced tomatoes
- 1/2 cup beef broth
- 1 tablespoon tomato paste
- 1/2 teaspoon sugar

Toppings:

- 1/4 cup shredded reduced-fat Cheddar cheese
- 2 tablespoons nonfat sour cream
- 3 green onions, chopped

1. Prepare spaghetti as label directs, using 2 teaspoons salt in water; drain and keep warm.

2. Meanwhile, in nonstick 10-inch skillet over medium heat, heat olive or vegetable oil. Add onion and 3 tablespoons water; cook until onion is tender and golden, about 10 minutes. Add chili powder and cinnamon; cook, stirring, 1 minute.

3. Stir in pink beans, tomatoes with their juice, beef broth, tomato paste, sugar and 1/4 teaspoon salt; over high heat, heat to boiling. Reduce heat to low; simmer, uncovered, 5 minutes.

4. To serve, divide spaghetti evenly among 4 warm dinner plates. Spoon chili over spaghetti; serve with toppings.

• Each serving: About 490 calories, 6g total fat (1g saturated), 4mg cholesterol, 885mg sodium, 90g total carbohydrate, 21g protein.

PAULINA MARKET
WWW.PAULINAMEATMARKET.COM
3501 N. LINCOLN AVE.
CHICAGO, IL 60657
773.248.6272

Best selection of smoked poultry!

DON'T FORGET TO ORDER YOUR FRESH TURKEY AND TURDUCKEN FOR THE HOLIDAYS!

Crime

Automobile theft on the 3400 block of North Clark Street.

Automobile theft on the 3600 block of North Clark Street.

Burglary and forcible entry at an apartment on the 3700 block of North Clifton Avenue.

Retail theft at a small retail store on the 3600 block of North Clark Street.

Vandalism to a residential property on the 3300 block of North Clifton Avenue.

Fraud and financial identity theft under \$300 on the 1200 block of West Oakdale Avenue.

Theft under \$500 on the 3300 block of North Clifton Avenue.

Credit card fraud at a small retail store on the 3300 block of North Ashland Avenue.

Aggravated battery with a knife on hospital building grounds on the 2900 block of North Lake Shore Drive.

Fraud or confidence game at an apartment on the 3200 block of North Lake Shore Drive.

Theft at a residence over \$500 on the 400 block of West Roscoe Street.

Vandalism to property at a small retail store on the 3600 block of North Recreation Drive.

Obscene telephone calls-criminal sexual abuse to a restaurant on the 3400 block of North Clark Street.

Armed robbery with a hand gun at a restaurant on the 3800 block of North Broadway.

Attempted armed robbery on the sidewalk with a hand gun on the 3300 block of West Greenview Avenue.

Battery at a CTA bus stop on the 900 block of West Addison Street.

Criminal sexual assault on the 800 block of West Wellington Avenue.

Retail theft from a tavern or liquor store on the 3000 block of North Clark Street.

Theft from a convenience store on the 3400 block of North Halsted Street.

Battery at a restaurant on the 3300 block of North Halsted Street.

Theft from a department store on the 3100 block of North Clark Street.

Fraud and financial identity theft on at a residence on the 800 block of West Grace Street.

Extortion at an apartment building on the 1400 block of West Belmont Avenue.

Assault on the 2800 block of North Broadway.

Burglary and forcible entry to a residence on the 3700 block of North Sheffield Avenue.

Domestic battery on the sidewalk on the 2800 block of North Sheffield Avenue.

Battery on a CTA platform on the 900 block of West Belmont Avenue.

Domestic battery on the sidewalk on the 3700 block of North Broadway.

Assault at an apartment on the 3700 block of North Halsted Street.

Robbery and aggravated vehicular hijacking on the 3200 block of North Seminary Avenue.

Battery on a CTA bus on the 1000 block of West Belmont Avenue.

Battery using a knife at an apartment on the 2000 block of West Roscoe Street.

Aggravated assault with the use of a hand gun at a residence on the 1900 block of West School Street.

Aggravated domestic battery at a residence using a dangerous weapon on the 2600 block of West Sunnyside Avenue.

Aggravated assault on a CTA bus on a police officer using a knife on the 2100 block of West Lawrence Avenue.

Burglary and forcible entry at an apartment on the 2200 block of West Winnemac Avenue.

Child abduction by a stranger off the street on the 4700 block of North Virginia Avenue.

Domestic battery at an apartment on the 4800 block of North Talman Avenue.

Assault at a small retail store on the 5300 block of North Lincoln Avenue.

Domestic battery at an apartment on the 2400 block of West Carmen Avenue.

Burglary and unlawful entry to a bar or tavern on the 2100 block of West Irving Park Road.

Motor vehicle theft from a parking lot or garage on the 3400 block of North Western Avenue.

Theft from a residence over \$500 on the 2400 block of West Berteau Avenue.

Financial identity theft over \$300 and fraud at an apartment on the 1800 block of West Roscoe Street.

Battery at an apartment on the 1900 block of West Melrose Street.

Theft under \$500 on the street on the 2000 block of West Wellington Avenue.

Fraud and financial identity theft at a residence on the 4000 block of West Oakley Avenue.

Vandalism and criminal defacement at a parking lot or non residential garage on the 4200 block of North Ravenswood Avenue.

Strong arm robbery in an alley on the 3700 block of North Wolcott Avenue.

Assault at an apartment on the 4100 block of North Wolcott Avenue.

Fraud and financial identity theft under \$300 at a residence on the 2100 block of West Cuyler Avenue.

Credit card fraud at a residence on the 2100 block of West Grace Street.

Assault in an alley on the 2100 block of West Belmont Avenue.

Simple battery at a residence on the 2300 block of West Irving Park Road.

Theft of under \$500 at a Auto, Boat or Recreation Vehicle dealership on the 3500 block of North Western Avenue.

Vandalism and criminal defacement at an apartment on the 2600 block of West Montrose Avenue.

Theft under \$500 from a non commercial vehicle on the 3300 block of North Wolcott Avenue.

Retail theft from a drug store on the 2300 block of West Irving Park Road.

Retail theft from a drug store on the 3900 block of North Western Avenue.

Harassment by telephone on the 3100 block of North Ravenswood Avenue.

Domestic battery at an apartment on the 2800 block of North Leavitt Street.

Fraud and attempted financial identity theft on the 2200 block of West Fletcher Street.

Retail theft from a small retail store on the 3400 block of North Western Avenue.

Theft from a department store on the 3400 block of North Western Avenue.

Theft under \$500 from an apartment on the 4300 block of North Campbell Avenue.

Assault in an alley on the 2200 block of West Farragut Avenue.

Vandalism to a vehicle on the street on the 5200 block of North Oakley Avenue.

Violating an order of protection on the 4700 block of North Lincoln Avenue.

Vandalism to a vehicle on the street on the 2500 block of West Farragut Avenue.

Credit card fraud at a residence on the 2700 block of West Berwyn Avenue.

Theft from a building on the 4800 block of North Wolcott Avenue.

Theft at a CTA bus stop on the 2000 block of West Lawrence Avenue.

Theft over \$500 on the street on the 4800 block of North Seeley Avenue.

Burglary and forcible entry to a commercial business office on the 4500 block of North Lincoln Avenue.

Battery at a nursing or retirement home on the 5300 block of North Western Avenue.

Give your kids and grandchildren something they want for the holidays that you can't get at the big box stores.

Kids just want to have fun!

- ♦ Kids clothes ♦ Camo Clothing ♦ Tee Shirts
- ♦ Pants ♦ Flight Jackets ♦ Jackets
- ♦ Mini Flashlights with different colored lenses
- ♦ Camo belts ♦ Canteens ♦ Patches
- ♦ Cool Army, Marine Navy & Air Force Pins
- ♦ Helmets ♦ Hats ♦ Toy Guns
- ♦ Face Paint

Family owned for over 74 years in the Lakeview community.

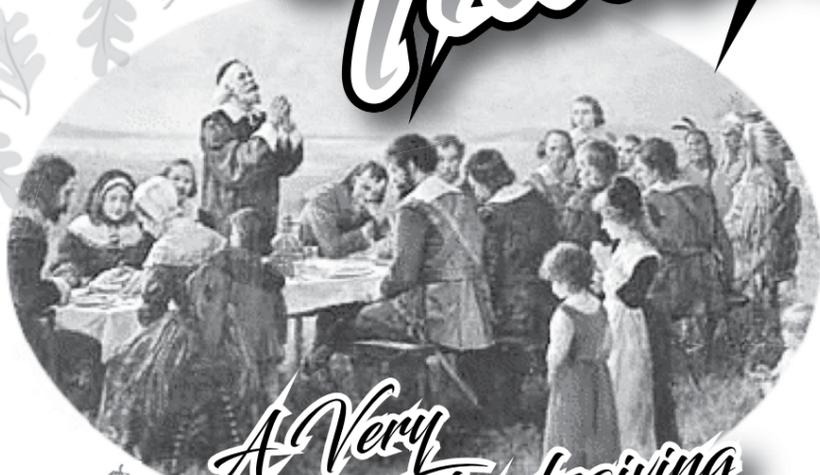
ARMY NAVY SALES

3100 N. Lincoln Ave 773-348-8930

Mon-Fri: 8-5, Sat. • 10-5

www.ArmyNavySales.com

Happy Thanksgiving



"It has pleased God some comfortable measure to bless us with the fruits of the earth."

—Plymouth Colony Records, 1668

Though times have changed and traditions dimmed with the passage of years, may we always be constant in our gratitude for blessings bestowed upon this beloved land and its people.

For family and friends, for health and vitality, give a moment's pause this Thanksgiving Day, to give humble thanks for these many blessings. Remember all in this land of abundance, the true richness of the little things, too, in life. Look around your table this year, and give thanks.



A Very Happy Thanksgiving to you

Happy Thanksgiving

Complete line of funeral and cremation services.



Independently owned and operated. Established 1889

FUNERAL DIRECTORS
2114 W. IRVING PARK ROAD CHICAGO, IL 60618
(773) 248-1330
Nicole S. Smith

Remember

to get your Fresh Turkey for Thanksgiving and Homemade Turducken at

PAULINA MARKET

3501 N. Lincoln Avenue Chicago, IL 773-248-6272
PaulinaMeatMarket.com See our ad on Page 9

Happy Thanksgiving

Alderman Scott Waguespack
32nd Ward

2657 N. Clybourn Chicago, IL 60614
(773) 248-1330 info@ward32.org

Happy Thanksgiving

Menard Johnson
The Real Estate Experts

Al Johnson
Managing Owner/Broker

2200 West Roscoe

Ph: (773) 472-6016

HAPPY THANKSGIVING

from the Staff, Officers, Board of Directors and valuable members of the



Lakeview Chamber of Commerce
and SSA 27

1409 West Addison • Chicago, IL 60613 • 773.472.7171

Happy Thanksgiving

Lakeview Newspaper
(312)-493-0955

www.Lakeviewnewspaper.com
PO Box 578757 Chicago, Illinois 60657

Central Savings

Established 1893

1601 W. Belmont
773-528-0200

2827 N. Clark
773-528-2800

NIGHT DEPOSITORIES AT ALL LOCATIONS
EQUAL HOUSING LENDER

2601 W. Division
773-342-2711





The Garden Bug

The ghost plant

Monotropa uniflora lacks chlorophyll pigments and appears white. It grows in the decaying debris of dark, dense-growth forests across the Northern hemisphere. Each stem bears a single delicate flower that hangs downward, which protects its pollen from the rain and lets insect pollinators access it. The clear fluid from its stems has been used to treat eye problems, skin problems, seizures and pain by native Americans and traditional medicine practitioners. - Brenda Weaver

Source: medium.com

© 2020 by King Features Syndicate, Inc. World rights reserved.



Autumn garden tasks



- Remove all the dead and dying foliage, collecting seeds from their pods as you work. Compost your collected plant waste if it has remained disease-free.
- The autumn leaf fall can suffocate a lawn (especially newly-established ones) if not often raked up.
- Planting cover crops, or spreading mulch over bare soil, can help prevent soil erosion over the winter. - Brenda Weaver

Sources: www.thespruce.com, wayne.ces.ncsu.edu

© 2020 by King Features Syndicate, Inc. World rights reserved.



Ranging from Pennsylvania and New Jersey to Ontario, Quebec and the Canadian Maritimes, this shrub is noted for filling the forests with color and for the delicate beauty of each flower. Mass explosions of pink appear in the lower wetlands in May.

Rhodora



By mid-June, flowering has moved to the higher-elevation areas of northern New England and Canada, where it is found along woodland trails and mountaintops.

Its woody seed pods split in autumn, allowing the winter winds to scatter them.

- Brenda Weaver

Source: www.fs.fed.us

© 2020 by King Features Syndicate, Inc. World rights reserved.

Northcenter Shops and Services

These businesses are true professionals dedicated to you and believe in personal service

 **Happy Kids Group**
HAPPY KIDS Daycare Home

- ◆ Open year round
- ◆ Fenced in play yard
- ◆ City and State licensed for over 15 years
- ◆ Insured
- ◆ Ages 6 weeks to 6 years old
- ◆ Federal Food Program

2148 W. Montrose 773-728-KIDS
773-728-5437

Hours: 7am-6pm Mon. thru Fri.
 (The Big Blue House-Go Cubs)

Business Spotlight



Dan Scott, Co-owner of The UPS Store, 4044 North Lincoln Avenue. He and his staff are packing and shipping professionals.

He is dedicated to giving each and every customer the personal attention required to ensure that your experience will be a positive one.

If you need to rent a mail box, ship a parcel, have copies made, need something faxed or have a presentation or direct mail piece put together he can assist you.

Call The UPS Store at (773) 871-1400

The UPS Store 

Heading to the Post Office? See us first.



New, more competitive rates.* Same great service. Shorter lines.

Just One Block North Of Irving Park!
 4044 N Lincoln Ave
 Chicago, IL 60618
 (773) 871-1400
 store4569@theupsstore.com
 theupsstorelocal.com/4569

Hours:
Mon-Fri 09:00 AM-07:00 PM
Sat 09:00 AM-05:00 PM
Sun Closed

*Rates referenced are the UPS® Ground Retail Rates effective as of 7/10/16 and USPS Priority Mail rates effective as of . New competitive UPS Ground rates vs. the Post Office™. Comparison is made by comparing UPS and USPS® retail rate charts of similar weight and distance. Neither UPS nor USPS dimensional weight factors were used in this comparison. Individual package comparison may differ when considering dimensional weight factors. For more information, see the terms and conditions on ups.com/rates. For exact rates, come to The UPS Store. Priority Mail rate does not include the published charge of \$2.65, which provides up to \$100 indemnity coverage for a lost, rifled or damaged article. See ups.com for more information. All rates subject to change. Priority Mail is a registered trademark of the United States Postal Service.

The UPS Store® locations are independently owned and operated by franchisees of The UPS Store, Inc. in the USA and by its master licensee and its franchisees in Canada. Services, pricing and hours of operation may vary by location. Copyright © 2016 The UPS Store, Inc.

Quotes worth your time

“If you don’t vote, you lose the right to complain.”
 George Carlin

“You have to be a man before you can become a gentleman.”
 John Wayne

“Learn from yesterday, live for today, look to tomorrow, rest this afternoon.”
 Charles Schultz

“The reason I don’t retire is that I learn something new every day,,,”
 Clint Eastwood

Reading Lakeview Newspaper will make you smarter.

Lakeview Newspaper
 PO Box 578757 • Chicago, Illinois 60657
 www.Lakeviewnewspaper.com

SMALL BUSINESS SATURDAY
NOVEMBER 28

Support our Local Businesses.
 Shop Small this Holiday Season.
 Shop Northcenter.



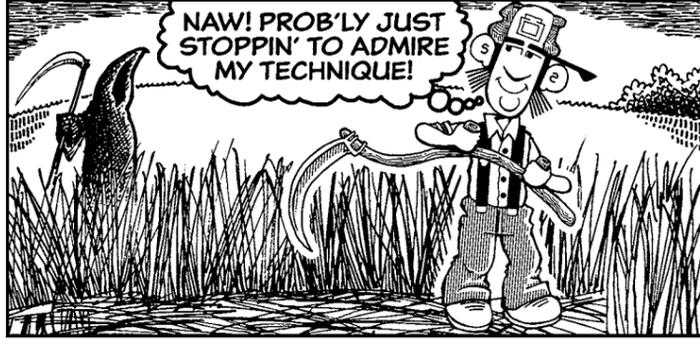
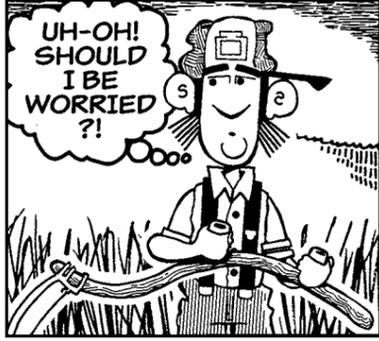
For more information about our local businesses please visit [Facebook.com/northcenter](https://www.facebook.com/northcenter) or northcenterchamber.com.



Comics

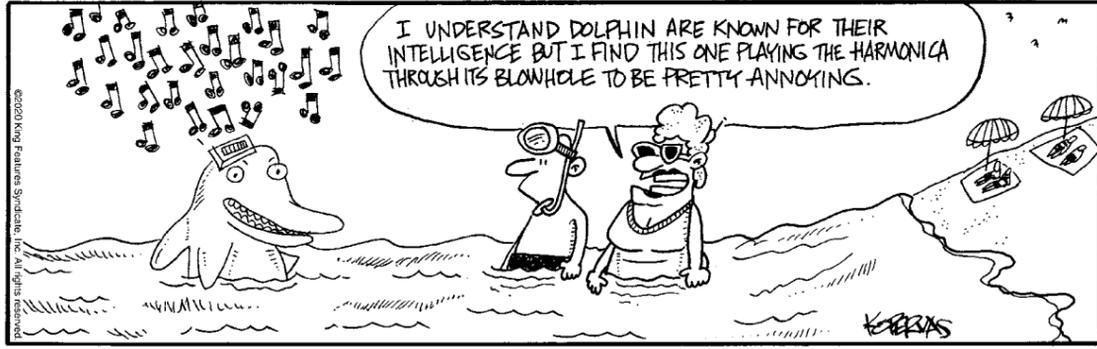
R.F.D.

by Mike Marland



Out on a Limb

by Gary Kopervas



Amber Waves

by Dave T. Phipps



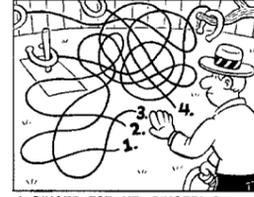
The Spats

by Jeff Pickering



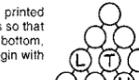
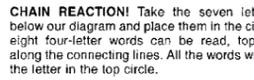
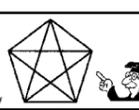
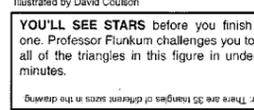
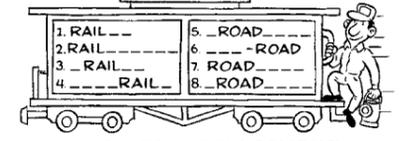
THEY'LL DO IT EVERY TIME

BY AL SCADUTO



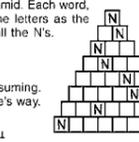
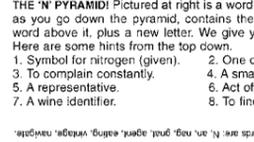
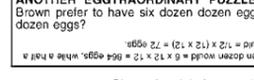
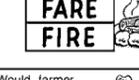
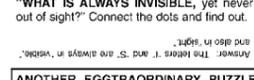
Junior Whirl

by Charles Barry Townsend



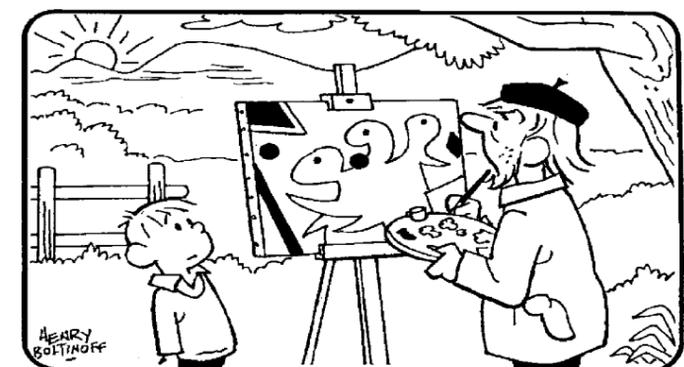
Junior Whirl

by Charles Barry Townsend

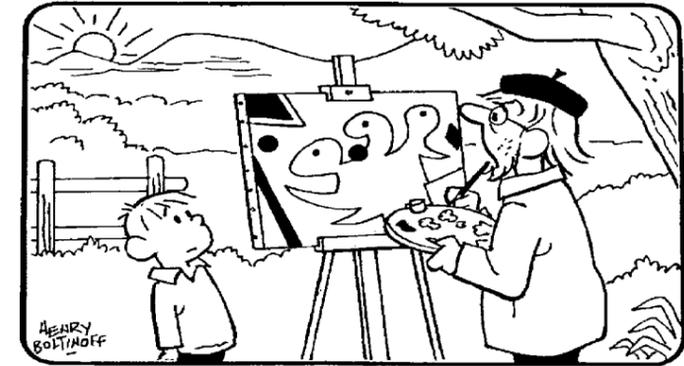


HOCUS-FOCUS

BY HENRY BOLTINOFF



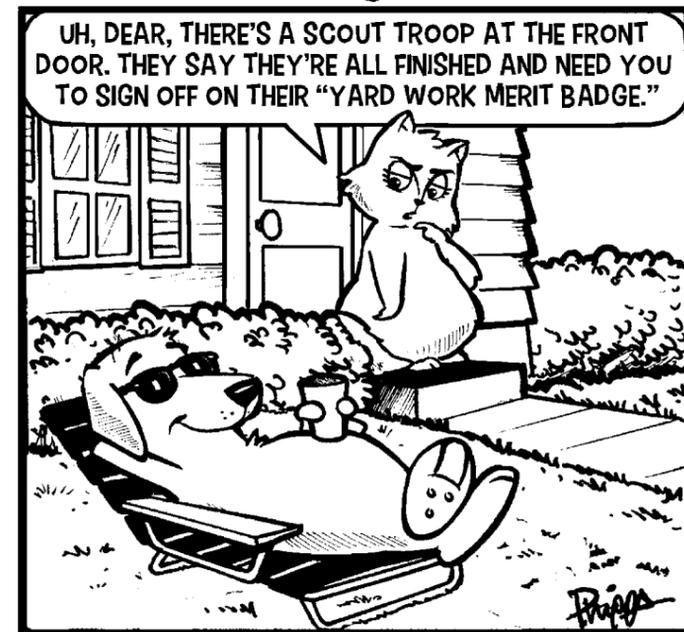
Find at least six differences in details between panels.



Differences: 1. Cloud is missing. 2. Artist has glasses. 3. Boy's necklace is different. 4. Easel has third leg. 5. Painting is different. 6. Artist's paint rag is gone.

Just Like Cats & Dogs

by Dave T. Phipps





Photos courtesy of Getty Images

Financial Tips to Help Prepare for the Unexpected

FAMILY FEATURES

Over the past year, most people have noticed how truly unpredictable life can be. While it's impossible to predict what the next few months have in store, practicing a few fundamental financial skills can help you and your family prepare for whatever comes next.

"According to a survey by Bank of America, 42% of Americans say their top financial goal over the next three months is to increase their savings," said April Schneider, head of consumer and small business products at Bank of America. "The pandemic has highlighted the importance of building a safety net. Whether you're looking to improve your current financial habits or starting from scratch, the most important thing is to make a plan that fits your needs and to stick with it."

Consider these tips from Schneider:

Track your expenses. Review your expenses, big and small, and separate them into categories like groceries, transportation, utilities and entertainment. Then total the amounts in each category to get a better picture of your monthly expenses. Knowing how much you spend each month is the first step toward finding money to save.

Make a plan and set a budget. Categorize your expenses into wants versus needs. Groceries, rent and mortgage payments are examples of needs while streaming services are a want. Compare your expenses against your total household income to figure out if you have money left over to save or if you can find money to save by reducing your spending on nonessentials. For example, keep an eye out for phantom charges – or recurring payments – you may no longer need and redirect that money into savings.

"If you're already saving, that's great," Schneider said. "Review your behaviors and see if there's room for improvement. It's also not too late if you haven't begun saving – everyone has to start somewhere."

Also keep in mind your budget is meant to adapt with your circumstances, so make sure you're updating your budget as your life changes.

Make savings automatic. Saving can fit seamlessly into your everyday life when you set up automatic transfers from a checking to a savings account. Take a look at available tools for other ways to save, like the Keep the Change program, which rounds the change up to the nearest dollar for everyday purchases you make with a Bank of America debit card and transfers the difference to your savings account. Saving automatically helps prepare you for the future without adding to your to-do list. You can start small by automatically transferring a few dollars each week.

Build an emergency fund. Take a look at your current expenses versus total income to identify any extra wiggle room where you can save. Next put your emergency savings in a separate, but accessible, account to avoid temptation and accidental overspending.

"When building an emergency fund, I recommend saving enough money to cover 3-6 months of expenses," Schneider said. "Contributing to an emergency fund keeps saving a priority and ensures you have financial flexibility should the unexpected occur."

Use spending tools for savvy savings. Being a better saver means becoming a smarter spender. While looking for deals and price shopping can be helpful, there are times when it's better to spend a little more for quality. For example, buying a more costly refrigerator may pay off in the long run compared to buying a cheaper option that could break down after a few months.

Another way to be a smarter spender is by earning rewards on your everyday purchases. Whether you've seen your costs shift from in-person to delivery services, using a card that adapts and rewards your spending can be a valuable asset. With an option like the Bank of America Cash Rewards credit card, you can earn 3% cash back in a category of your choosing, such as dining, and redeem rewards in a way that's best for you. For example, according to survey data, the average customer spent \$172 on food or delivery services in July 2020 – up 63% from the previous year. As a Preferred Rewards member, you could boost your credit card rewards by 25-75%. Simply by redeeming your rewards into your Bank of America savings account, you can put more money away for the future by making everyday purchases.

While you may not know what the future holds, planning and actively taking steps can help you feel more secure and prepared for whatever it brings. Find more tips at bettermoneyhabits.com.



founded 1893

Central Savings

Serving the Community for over 127 Years

Central Savings Rated

“Outstanding” for Community Reinvestment!

An “Outstanding” CRA rating is achieved by fewer than 10% of banks in the nation

18 Month Jumbo CD

.70% *APY

\$100,000 Minimum Balance

*Annual Percentage Yield (APY) is effective as of 9/25/20 and may change at any time.
There may be substantial penalty for early withdrawal, which may also reduce earnings.
\$100,000 minimum deposit required to open account.

Multi-Family (Apartment) Loans

Commercial Real Estate Loans

Up to \$4 Million

Quick Commitments

Credit Scores Not Considered

10 Year Loans

Low Income Loan Program

**Contact: Bonnie Carney, Vice-President
NMLS#459256**

Chicago Locations

**1601 W. Belmont
(773) 528-0200**

**2827 N. Clark
(773) 528-2800**

**2601 W. Division
(773) 342-2711**

