

**Fresh ideas for home upgrades**

Page 8

**Understanding Auto Loan Terms**

Page 4

**May 2021**

**FREE** It's our 25th Anniversary  
Serving the communities of

Lakeview, Roscoe Village, North Center and Lincoln Square



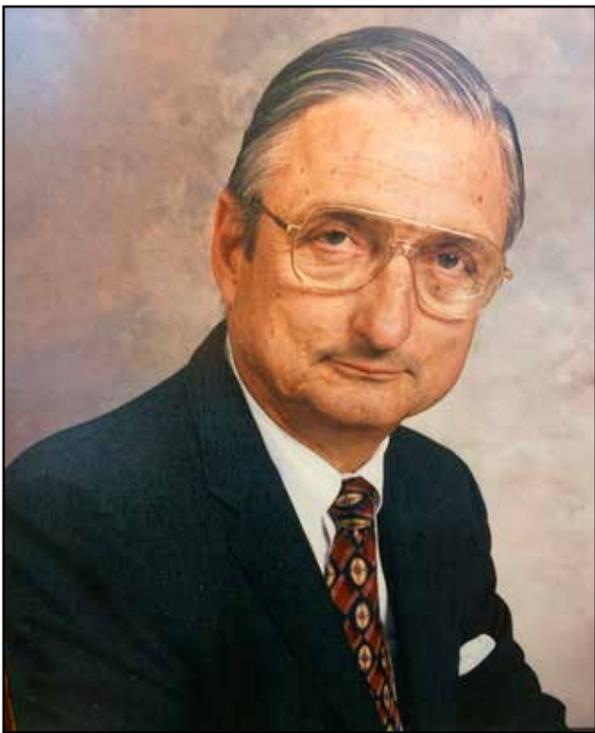
# Lakeview

May, 2021

"We don't make the news, we just report it."

Volume 25, Number 6

## Central Savings ex CEO dies at 81



Anthony A. Nichols, 81, a veteran Chicago banker and leader in the Greek community, died April 1, 2021.

Nichols was President and CEO of Central Savings F.S.B. in the Chicago Lakeview neighborhood for over 50 years, before retiring in 2017. He was a director of the Illinois Savings and Loan League, Bankers Club of Chicago and Chicago Association of Illinois Institutions.

For his work in Lakeview as president and director of both Lakeview and Lincoln Park Chambers of Commerce, Lakeview Citizens Council, Lakeview Development Corporation and St. Joseph's Hospital, in 2016, the City of Chicago named the portion of Ashland Avenue in front of Central Savings in his honor.

In 1998, the Hellenic Bar Association honored him as Hellene of the Year. Nichols was president of St. Andrew's Greek Orthodox Church in Chicago and chaired

its annual Greek Festival. Since 1991, he had been an Archon of the Ecumenical Patriarchate, an international religious association.

He was born in Chicago on December 31, 1939 to Harry A. and Beatrice Nicholas Nichols. He was a graduate of Hardey Preparatory School for Boys (Sacred Heart Schools at Sheridan Road) and St. John's Military Academy, Delafield, Wisconsin. He attended Northwestern University's School of Business for three years, after which he joined Central Savings and the Naval Air Reserve at Glenview Naval Air Station.

In 1966 he married Marianne Corelis Nichols, who survived him, as does their daughter, Paula Nichols Bork; son-in-law Gregory Bork Jr.; two grandsons, Bosco and Leonidas, and numerous cousins.

Funeral services were private.

He will be missed in the Lakeview community.

# Oh! No!



## Lincoln Avenue Water Main Project

The Dept. of Water Management (DWM) began work to install 1,987 feet of new 8-inch water main in Lincoln from Belmont to Wellington, and in Barry from the alley just east of Greenview to the alley just west of Greenview. The existing water main dates back to 1899, and needed to be replaced to create a more reliable and efficient system. The expected completion date was June 2021 including half-width street resurfacing and repair of damaged parkways and sidewalks to follow at a later date.

Most of us expect clean water when we turn on the faucet, but massive systems are needed to provide water to the millions of people served. The world's largest water treatment plant, the James W. Jardine Plant and the world's largest

wastewater treatment plant, the Stickney Water Reclamation Plant provide an average 1.4 billion gallons of water to the City of Chicago each day. This system uses over 9,000 miles of water and sewer mains to reach all of its customers. Aging water infrastructure causes many leaks and loss of water. Originally installed at a rate of 75 miles a year between 1880 and 1930, water mains are wearing out. Old pipes and mains can sometimes break, causing flooded basements and streets. The city's current pipe replacement rates are aiming to replace 70 miles of water mains a year. This move alone will save up to 40,000 gallons of water a day from leakage and main breaks.

In addition to its water supply system Chicago has an extensive wastewater treatment

system. Wastewater is handled by an independent government authority, the Metropolitan Water Reclamation District (MWRD). The Stickney Water Reclamation Plant alone can handle up to 1.2 billion gallons a day, but it can be overwhelmed at times. Chicago uses a combined sewer system, meaning that stormwater and wastewater are handled by the same sewers and treatment plants. During large storms, it may be necessary to dump excess from the sewers into Lake Michigan. To prevent this, MWRD is overseeing the construction of a gigantic civil engineering project, the Tunnel and Reservoir Plan to store sewer overflow until treatment plants can handle it. When completed, it will allow storage of up to 17.5 billion gallons. It is not scheduled to be completed

for another nine years. We can put up with all the inconveniences that go along with this work – street closures, parking problems noise, etc. But wait! The construction crew recently became aware of the possibility of vaulted sidewalks on N. Lincoln Avenue. With a week-long investigation alongside CDOT and access into the vaults, they discovered the vaults stretch well into their limits and have conflicted with their excavation. Until the vaults are handled and dealt with through the proper means by the appropriate parties, construction cannot proceed and must hold off on operations until further notice. Crews have mobilized out of the location and have cleared N. Lincoln Ave. until further notice. Did anyone think to check before starting the work?

# Editorial & Opinions



## Moments in time

THE HISTORY CHANNEL

• On May 10, 1869, the presidents of the Union Pacific and Central Pacific railroads meet in Promontory, Utah, and drive a ceremonial last spike into a rail line that connects their railroads. This made transcontinental railroad travel possible for the first time in U.S. history.

• On May 16, 1929, the first-ever Academy Awards ceremony is held, with some 270 people in attendance. Movies were just making the transition from silent films to "talkies," but all the nominated films were without sound.

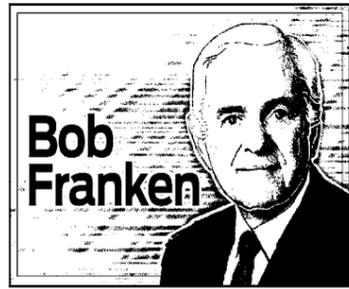
• On May 11, 1934, a massive dust storm sends millions of tons of topsoil flying across the parched Great Plains to the East Coast and as far away as ships 300 miles offshore. Farmers had pushed their fields to the limit, plowing under more and more grassland.

• On May 15, 1942, Lt. Ronald Reagan, a cavalry officer, applies for reassignment to the Army Air Force. As a public relations officer, the actor and future president produced military training, morale and propaganda films.

• On May 12, 1975, the American freighter Mayaguez is captured by communist government forces gunboats in Cambodia. Two days later President Ford ordered the bombing of the Cambodian port where the gunboats had come from. Forty-one Americans died, many in an accidental explosion during the attack.

• On May 13, 1985, in Philadelphia, police begin evacuating people from their homes in order to prepare for an operation against MOVE, a radical cult group. MOVE had begun assembling a large arsenal and building bunkers in their row house. The government gave \$1.5 million to three survivors of the raid.

• On May 14, 1999, President Bill Clinton apologizes directly to Chinese President Jiang Zemin on the phone for the accidental NATO bombing of the Chinese embassy in Belgrade, Yugoslavia. China refused Clinton's calls for four days and banned American films and music in protest.



### Donald Trump's Future

Could it be that Donald Trump is losing his touch? "Who?" you ask, and that's exactly the point. With the Trumpster sliding from the main stage to lounge act, we may soon imagine a world where he's traveling from small town to small town in a rickety old bus, playing before a handful of seats in a shabby motel with a dwindling number of old white guys as an audience, all that's left of his massive base.

The rest will have turned their attention elsewhere, died off or be among the white supremacists still in prison for their crimes stemming from the Jan. 6 siege of the United States Capitol building. Although the participants who had been released still might be spotted mumbling conspiracy theories about the Capitol invaders actually defending the building from antifa.

Nevertheless, for the conspirators, the planners of the most violent tactics, their crimes would be considered so serious that they'd end up serving their sentences at the "Supermax" penitentiary in Colorado.

If so, it'd be the rare case where the punishment fit the crime. However, to see the danger in that scenario, we have to go back nearly 20 years, to Iraq and Camp Bucca, a U.S. operating base plopped right in the desert. It grew into Buccamax, where the worst Iraqi POWs were held. Unfortunately, it also threw together a bunch of hard-nosed anti-Americans with substantial military experience. Their organizing abilities contributed significantly to the formation of ISIS. When they were released, they went on a sweep across the vast sands of the Middle East, capturing huge chunks of territory and oppressing the population, particularly women, with their capricious moral laws.

The point is a bunch of politically likeminded white supremacists in prisons would have lots of time to get organized into heavily armed (in the United States, nearly everyone can be heavily armed) militia units once released. Besides guerrilla drills, they would have little to do but go to the occasional Donald Trump show when it passed through on that rickety old bus.

Trump, reduced to a guy pitching magical elixirs and snake oil medical products with an intermittent 1-800 number infomercial on TV, wouldn't even be booked for "Dancing With the Stars." "The Apprentice" would be a distant memory, and so would his presidency.

In reality, he's already being reduced to the infrequent appearance, where he gets lousy reviews from audiences of Republicans who are consistently disappointed. Take his recent one before party fat cats at Mar-a-Lago, where he called Mitch McConnell a "dumb son of a b\*\*\*h. It was supposed to be a "unity" conference, but it was same the doodoo, different day: Trump talking about how he had the election stolen from him, how his handling of the pandemic was masterful, etc. By the next day, the timid officeholders of the GOP were using expressions like "not helpful."

They want to move on, but Donald Trump doesn't want to be moved on from. He's already lost his starring roles on social media, and now he is losing his grip on the spotlight. And just losing his grip.

There's nothing worse than going bonkers in front of a shrinking audience. But the worst of all would be if this script didn't play out and Donald Trump recovered his showbiz traction and we end up making the same mistake twice. It would be some sort of national amnesia if we elect him again — him or one of his Republican clones.

A lot depends on Joe Biden and his people to remind everyone what we had to recover from and making Trump nothing more than a distant memory.

Bob Franken is an Emmy Award-winning reporter who covered Washington for more than 20 years with CNN.

© 2021 Bob Franken  
Distributed by King Features Syndicate, Inc.



## THE RICH LOWRY COLUMN

### Back to the Future on Immigration

It's not 2007 again. But apparently no one has told George W. Bush.

To coincide with the release of a book of his paintings of immigrants, "Out of Many, One," the former Republican president wrote an op-ed in The Washington Post plugging the sort of immigration package that went down to defeat in both his administration and in the administration of his successor, Barack Obama.

Bush is an unusually sincere, earnest politician whose views on immigration are deeply felt and honestly come by — they are just anachronistic, or should be.

If there's any lesson that everyone should have learned from Donald Trump's takeover of the Republican Party, it's that the party's old consensus on immigration is no longer sustainable.

Yet there's still a reflex toward the lazy conventional wisdom that all that ails the country on immigration is lack of an agreement to give an amnesty to illegal immigrants already here and increase numbers of legal immigrants, in exchange for more bells and whistles at the border — what is commonly known as "comprehensive immigration reform."

Bush says not passing immigration reform is his biggest regret, and John Boehner, out with a score-settling memoir of his time as speaker of the House, says it is his second biggest regret (after not forging a big fiscal deal with President Obama).

Boehner spends a lot of time meditating on how the GOP became, in his telling, "Crazytown," a party of extremists and paranoiacs that eventually threw itself into the arms of Donald Trump.

The former speaker spreads the blame widely, but it evidently doesn't occur to him that one major factor driving a wedge between the party's establishment and its grassroots was the elected leadership's insistence on repeatedly trying to pass immigration

ills that Republican voters rejected.

For his part, Bush sounds as if he's learned nothing. In his Post piece, he cites all the usual measures at the border included in these sort of bills — "manpower, physical barriers, advanced technology, streamlined and efficient ports of entry."

That's all fine, but it is no substitute for rigorous enforcement in the interior of the country and can't counteract the open-borders message sent by welcoming illegal immigrants.

In that regard, Bush professes, as all supporters of comprehensive immigration reform always do, to oppose amnesty as "fundamentally unfair to those who came legally or are still waiting their turn to become citizens."

He then calls for an amnesty couched as, in one of the laziest clichés in the immigration debate, bringing illegal immigrants "out of the shadows."

This will be achieved "through a gradual process in which legal residency and citizenship must be earned," by requiring "proof of work history, payment of a fine and back taxes, English proficiency and knowledge of U.S. history and civics, and a clean background check."

Such requirements are always promised in comprehensive immigration bills and are always toothless, serving only as a way to deny that the amnesty for illegal immigrants is indeed an amnesty.

Bush says, as well, that both parties should be willing to get behind "increased legal immigration," a characteristic feature of these bills. In another tired talking point, Bush insists that a higher level of immigration is necessary to bringing more skilled immigrants — never considering that we could also reduce the number of low-skilled immigrants.

But supporters of the old consensus aren't especially keen on understanding the arguments of opponents. Boehner refers to the "far-right crazies" who never forgave John McCain for pushing immigration reform, and blames "demagogues" and sheer "stubbornness" for blocking a comprehensive bill in 2014.

So far this year, Republican senators have only talked of a narrower immigration bill focused on an amnesty for so-called Dreamers. Surely, though, the instinct toward comprehensive immigration hasn't gone away. It's up to Republican voters to constantly remind the party's officeholders that 2007 is, indeed, a very long time ago.

Rich Lowry is editor of the National Review.

© 2021 by King Features Synd., Inc.

**top ten**

**Comfort Foods During COVID**

1. Pizza
2. Hamburgers
3. Ice cream
4. French fries
5. Mac & cheese
6. Potato chips
7. Cookies
8. Chocolate
9. Cereal
10. Fried chicken

Source: OnePoll/Farm Rich

**HAPPY Mother's Day**

**SUNDAY MAY 9TH**

**MEMORIAL DAY**

Remember and Honor

**MONDAY MAY 31ST**

## Americanisms



"The income tax has made more liars out of the American people than golf has."  
— Will Rogers

© 2021 King Features Syndicate, Inc.

**Lakeview Newspaper**

"We don't make the news. We just report it."

How to get in touch with us:

Lakeview Newspaper  
J2 Associates, Inc.  
P.O. Box 578757  
Chicago, Illinois 60657  
Telephone: 312.493.0955

Web site: [www.LakeviewNewspaper.com](http://www.LakeviewNewspaper.com)  
Email: [LKVNEWS@aol.com](mailto:LKVNEWS@aol.com)

Publisher and owner: George Rimel  
Executive Editor and owner: Joyce A. Rimel  
Graphic Design/Production: Lisa Rode

**April 2021**

All information, letters to the editor (must have name, address and telephone number) to be considered for publication. Lakeview Newspaper is owned and published by J2 Associates, Inc. and distributed from Diversey to Lawrence, Roscoe Village to Racine in Chicago, Illinois. Subscriptions are \$24.00 per year by mail. Checks or money orders only made payable to J2 Associates, Inc.

Contents are copyrighted, trademarked and service marked. Proud creator of Kid Safe Businesses in Lakeview, Roscoe Village, North Center and Lincoln Square communities. Any reproductions of articles, photographs, or artwork requires authority of the publisher. Publisher is not responsible for advertisements or advertorials contents or liability thereof. Copyright MMXXI Member of Lakeview Chamber of Commerce and North Center Chamber of Commerce and Roscoe Village Chamber of Commerce. Recipient of Community Service Award 2005 from Lakeview Chamber of Commerce. Proclaimed on March 31, 2004 by the City Council and Mayor Daley as Lakeview Newspaper Day and our benefit to the community as a community newspaper. Maria Pappas, Cook County Treasurer awarded Lakeview Newspaper a Commendation of Excellence in 2011 and 2013 for community journalism.

# SENIOR NEWS LINE

by Matilda Charles

## Scammers Try New Ways to Trick You

How many phone calls did you receive today? Of those, how many were scam calls? So far today I've received eight.

This is nothing new, but the tricks that scammers use are changing, and we need to be up on all of their tactics to steal our identities and money.

The latest scammer craze is something called tele-transformer. This is step one in the scammer bag of tricks before handing you off to the closers who will pull you into a deal. Sometimes the message will leave a call-back number. Or they'll claim they're returning your call, or calling because you recently bought one of their products.

If you answer, a typical message will say, "This is Kristen with benefits advisers calling on a recorded line. How are you today?" No matter what you say, they launch into their spiel, sometimes about Medicare, sometimes about Social Security, or your mortgage or your student loan, or car insurance, your disability or senior-living home improvement. The range of topics is long.

Just hang up.

With other types of calls, however, what they're looking for is "yes." With that simple word, they can steal your identity and your money.

Here's how it works: The first question they usually ask is "Can you hear me?" What they want is for you to say "yes." Sometimes the question is "Are you having a good day?" or "Is this X?" if they have your real name.

Do not say "Yes!"

Once they have a recording of that one word from you, they're free to do all kinds of things. They can sign you up for a service or send items to you in the mail. They have proof, they claim, that you agreed to those ... because they have your "yes" recorded in your own voice!

Just hang up.

# VETERANS POST

by Freddy Groves

## Why Such a Long Wait for Copies of Records

If you've been waiting for copies of military records so you can apply for benefits from the Department of Veterans Affairs, you've likely been waiting for a long time. Unfortunately, your wait might continue, depending on the reason for your request.

Due to COVID, the National Personnel Records Center is closed, with a 10% staffing level and a backlog of half a million records requests. Most of the 60 million older records are on paper, so they must be accessed and touched by humans. The only exceptions are emergencies: burials, medical treatments or homeless veterans who are trying to get into a homeless shelter.

For anything else, the NPRC is specifically requesting that you don't ask for records. If it's records research, corrections to records or replacement medals, it's not an emergency... at least for the NPRC.

I can foresee situations where getting medal replacements for an elderly, ill veteran might well be considered an emergency if that veteran wants to see his medals one last time, and tell stories and maybe give them in person to a grandchild.

If you have a genuine emergency, as defined by the NPRC, you'll need to submit a Standard Form 180, Request Pertaining to Military Records (find it online). Sign it and then fax it to (314) 801-0764.

The good news is that newer records might be online. Check www.archives.gov, click Veterans' Service Records, then click on More Ways to Get Service Records on the left.

It could be much worse: In 1973, up to 18 million files were destroyed in a fire at the St. Louis record center. Plus, VA had loaned the NPRC millions of records, which also went up in smoke.

Over time they've tried to re-create those records using auxiliary sources, but the Certificate of Service they send you contains only basic service information — like a Little League participation trophy.

# Strange BUT TRUE

By Lucie Winborne

• Alligators will give manatees the right of way if they swim near each other.

• A day on Mars lasts 24 hours, 39 minutes and 35 seconds. You'd assume therefore that there are fewer days in a Martian year than an Earth year, right? Nope — because Mars orbits the sun more slowly than Earth, a Martian year actually comprises 687 days.

• The board game Cranium was the first non-coffee product to be sold at Starbucks.

• A Mickey is the smallest detectable movement of a mouse cursor on a screen. The term was coined by computer scientists, who use it when programming mice and other input devices.

• And while we're on the subject of "small," the tiniest item ever photographed is the shadow of an atom, captured via a super-high-resolution microscope by a team at Australia's Griffith University in 2012.

• The Welsh word for jellyfish is "Psygod wibli wobli."

• Out of the millions of creatures that inhabit planet Earth, humans are one of just three species capable of laughter, the other two being chimpanzees ... and rats!

• "The Galop Infernal," composed for an opera as a soundtrack to a man descending into hell, is better known to most of us as "The Can-Can" song.

• Proof that some things never change: the world's oldest known joke is a Sumerian fart joke.

• The most expensive pizza in the world will set you back a cool \$12,000. Why? Well, it takes 72 hours to make, can only be produced in your home by three Italian chefs, and is topped with three types of caviar, bufala mozzarella, lobster from Norway and Cilento, and pink Australian sea salt!

\*\*\*

**Thought for the Day:** "Don't worry about failures, worry about the chances you miss when you don't even try." — Jack Canfield

# KOVELS Antiques & Collecting

By Terry and Kim Kovel

## Tramp Art Birdcage

What is "tramp art"? There is folk art, regional art, naive art, fine art and other very special names for groups of collectibles and antiques, but tramp art is probably the latest one to become popular. Tramp art has been made for many years, but the name was invented by a folk-art author in 1959 to describe whittled objects made from old cigar boxes and other scrap wood. Although wooden cigar boxes were used to hold cigars since the 1850s, the idea of chip carving the wood into picture frames, birdcages, dollhouses and more didn't become a noticeable craft until about 1875 to the 1930s.

What is still called tramp art was made not only by the "tramps" (hobos) of the past, but also by prisoners, sailors and others, almost always men. Today we can use a cellphone to fill lonely hours, but in the past, whittling and other crafts were popular. At first collectors thought it was an American idea, but by the 1980s, antiques dealers were finding similar carved boxes in Europe, especially Germany, and bringing them back to sell at shows.

Today tramp art, like graffiti, has been accepted as an art form. This 34-inch-wide architectural tramp art birdcage has five doors and other openings. It sold at a Skinner auction in Boston as part of a collection of tramp art for \$615.

\*\*\*

**Q.** I've been holding onto a pair of candlesticks given to me more than 40 years ago, and I never use them. They're not really my thing. Can you help with the marks? It has a "W" in a circle with three curved lines on either side. It also says "sterling cement reinforced." Any pricing info would be great, too.

**A.** Your candlesticks were made by Frank M. Whiting Co., of North Attleboro, Massachusetts. The company was in business from 1878 to 1940, when it became a division of Ellmore Silver Co. That company went out of business about 1960. Silver that is "cement reinforced" also is called "weighted" silver. The heavy base



It might be hard to see the bird in this cage, but it is probably a model that was part of a tramp art collection. It sold for \$615.

helps the candlestick stand up. One of the ways to value silver is to find the meltdown value by multiplying the current price of silver by the weight. The cement is heavy and makes judging silver value different. A weighted Whiting candlestick sold online for about \$20.

\*\*\*

### CURRENT PRICES

Stoneware, water cooler, barrel, cobalt blue bands, crown stencil, metal spigot, Robinson Ransbottom, 4 gallon, 15 1/2 inches, \$59

Folk art, cane, dog handle, full body, wood, carved, Pennsylvania, 1800s, 33 3/4 inches, \$71

Gaudy Dutch, Single Rose pattern, plate, green & yellow leaves, blue & yellow border, 10 inches, \$148

Toy, Robot, Rotate-O-Matic Super Astronaut, black, red, feet, stop 'n go, hinged door, blinking & shooting gun, sounds, S.H. mark, Japan, box, 1960s, 11 3/4 inches, \$315

\*\*\*

TIP: Do not dry-clean an old quilt. The chemicals will damage the fabric.

Need prices for your antiques and collectibles? Find them at Kovels.com, our website for collectors. More than 1,000,000 prices and 11,000 color photographs will help you determine the value of your collectibles.

© 2021 King Features Synd., Inc.



by Ryan A. Berenz

1. On May 6, 2019, what caused an 18-minute delay in the start of a game between the San Francisco Giants and the Cincinnati Reds at Great American Ball Park?

2. The Billiken — a charm doll described as "The God of Things as They Ought to Be" — is the mascot for what Jesuit university's athletic programs?

3. What horse beat Triple Crown winner War Admiral in a head-to-head match at Pimlico Race Course in 1938?

4. Goodison Park in Liverpool is the home stadium of what English Premier League football club?

5. Billy Johnson, an NFL wide receiver and return specialist who was famous for his touchdown dances, was known by what popular nickname?

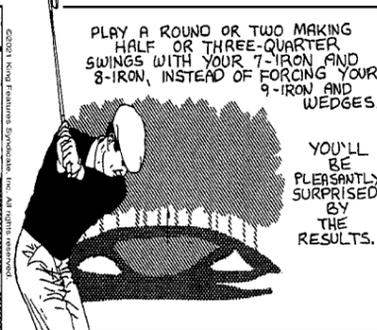
6. Michael Jordan, Wayne Gretzky and Bo Jackson were animated superheroes in what Saturday-morning cartoon series that aired on NBC in 1991?

7. What all-female professional baseball team, sponsored by Coors Brewing Company, barnstormed across America from 1994-97?

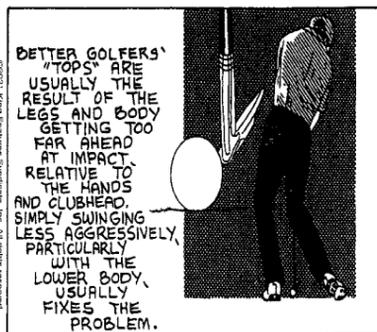
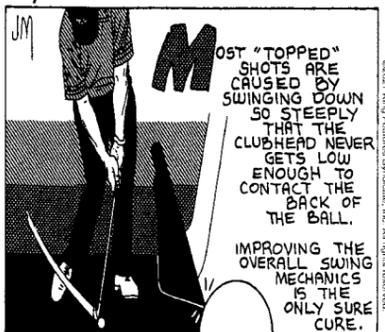
### Answers

1. A swarm of bees.
2. Saint Louis University.
3. Seabiscuit.
4. Everton F.C.
5. "White Shoes."
6. ProStars.
7. The Colorado Silver Bullets.

### Play Better Golf with JACK NICKLAUS



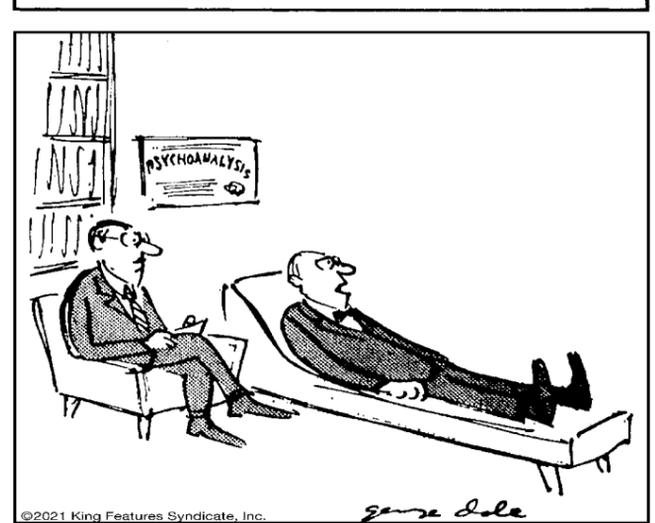
### Play Better Golf with JACK NICKLAUS



### STAN SMITH'S TENNIS CLASS



### LAFF - A - DAY



"I had a very happy childhood. What does a child know about taxes?"

### GRIN like BEAR IT



"Someday this will all be your fault, son."

# Health



## Strategies to Reduce Risk of Colon Cancer

**DEAR DR. ROACH:** I am 70 years old. I seem to be getting more polyps (which are removed). In the past five years, I have gone from one diverticulum to extensive diverticulosis throughout my entire colon. I try to have a high-fiber diet and use psyllium in my oatmeal daily. What more can I do? Eliminate red meat entirely and go vegan? — J.D.

**ANSWER:** Polyps in the colon confer a higher risk of colon cancer, and the more polyps a person has, the more frequently they should be screened, preferably with colonoscopy. There are some lifestyle changes most people can make to reduce the risk of polyps and of colon cancer.

Regular exercise and eating plenty of fruits and vegetables are clearly shown to reduce colon cancer risk. Fiber has long been thought to be protective, but the results of trials have been contradictory.

Among the many other possible protections to colon cancer, aspirin probably has the most benefit, but aspirin has other risks as well. People at high risk for colon cancer should discuss the use of aspirin with their doctors.

\*\*\*

**DEAR DR. ROACH:** My husband and I are both 72 and of normal weight. I have fought high cholesterol and triglycerides for many years and have taken various statins for a long time. My triglycerides still trend high, but my other numbers are now normal.

My husband eats a ton of processed meats, all the fat he wants and drinks three to five beers per day. His lipid panel results came back today, and his total cholesterol is 167, his LDL is 90, his HDL is 71, and his triglycerides are 29! He has never been on statin drugs. His only med is lisinopril for slightly high blood pressure.

What I am concerned about is a CT scan done as part of a study we participated in. My husband's results have mentioned calcification of heart arteries over the years, and the most recent says he has "SEVERE calcification of coronary arteries." I want him to go to a

cardiologist, but his family doc says that this is not a problem and as long as he keeps his blood pressure low, he can live a long time with this. He is satisfied with that answer.

I'm really anxious to hear your thoughts about him needing to see a specialist. I hope you will be able to shed some light on the calcification and the reason why it happens with such good cholesterol readings. — D.B.

**ANSWER:** There are several important lessons in your story. The most important is that a poor diet increases the risk for heart disease even in a person with normal or good cholesterol results. Of people with a heart attack, 21% had cholesterol levels that would not trigger treatment with a statin drug. I suspect, but can't be sure, that your husband has blockages in his coronary arteries; the severe calcification of the coronary arteries is an indicator that it is very likely.

I would add my recommendation to yours that your husband see a cardiologist. He has a LOT of work to do at improving his diet, he is drinking more alcohol than recommended and because of the coronary artery calcification, I suspect his new cardiologist would be strongly considering medication treatment to reduce heart disease risk.

## TB Test Recommended Only for Those at Risk

**DEAR DR. ROACH:** I am a nursing student in my 30s and originally from the Philippines. As part of my testing, I had a skin test for tuberculosis, which was positive. I had a friend in the hospital recently with tuberculosis. My doctor has recommended that I get treated for latent tuberculosis. What does this mean? — A.C.S.

**ANSWER:** Most people who are exposed to tuberculosis will not develop the disease. Some people will develop "latent" infection. This means there is active tuberculosis bacteria in their body, but their system is keeping it from becoming a full-blown infection. People in this situation are at risk of the latent tuberculosis escaping the immune system and developing into tuberculosis. Treatment of the latent tuberculosis is intended to reduce the risk of this happening.

Testing is recommended only for people who are likely to be treated. You have two reasons to be tested: First, as a health care worker — congratulations on becoming a nurse, we need you! — you are at risk of acquiring tuberculosis infection and should be screened. Second, people born in the Philippines are at risk for having acquired tuberculosis, often in childhood.

People in their 30s are generally at very low risk of serious side effects from the medications used to treat latent tuberculosis infection. Isoniazid (INH) and rifampin are the medicines commonly used. Since the risk of developing disease later in life is much higher than the risk of a serious side effect, treatment is recommended in your case.

\*\*\*

**DEAR DR. ROACH:** I'm an 85-year-old woman with no major health problems. I lead an active life and exercise daily. About four years ago, I began being bothered by cold feet at night. At first, I could just wear socks to bed. Now I must put my feet in an electric heated pouch in my bed, which doesn't stay in place. When I travel, I take the heated insoles skiers use to keep their feet warm. Without some device, I'm kept awake by a feeling of icy soles. I am not diabetic. I've described the problem to a neurologist, a rheumatologist and my primary caregiver. No one has explained what causes the icy feet or if there's any cure. Is there one? — J.S.

**ANSWER:** There are quite a few possible causes for your cold feet, and your doctors need to first identify why they are cold. To do this, they should start by checking the blood flow to the feet. At age 85, the likelihood of blockages to the arteries in your feet are pretty high. A simple test can make the diagnosis. Since blockages in the feet predict blockages in the heart too, it's important to know. Treatment can improve symptoms as well as reduce risk of a heart attack.

Severe anemia and low thyroid levels can cause very cold feet. Nerve damage is common in diabetes and unusual without it, but a neurologist should have found physical findings for neurologic causes.

Raynaud's syndrome, which usually happens in the hands, occasionally affects the feet preferentially to the hands. Medicines, especially beta blockers, can cause cold feet.

Sometimes there isn't a known cause, and physicians are left advising on treatments to relieve symptoms. I wouldn't give up before a circulation test, however.

## Heart Attack vs. Stroke: Balancing the Risks

**DEAR DR. ROACH:** Your recent article on statins/strokes piqued my interest since you mentioned that statins might cause hemorrhagic strokes. My husband had a hemorrhagic stroke in 2014, cause unknown. The stroke caused aphasia and seizures. He was prescribed Crestor 10mg and then increased it to 20mg. His calcium score is very high.

He also had an ischemic stroke in February 2019 and was prescribed aspirin and 40 mg of atorvastatin. I am more concerned now as to whether he should be taking statins. His LDL is 63 and HDL is 47. Your comments on this would be appreciated. — F.D.

**ANSWER:** Before I comment on your husband's situation, let me make a few of the terms clear. An intracranial hemorrhage is a bleed inside the brain. The resultant pressure inside the head can cause permanent damage to nearby brain structures: a hemorrhagic stroke. Risk factors for a hemorrhagic stroke include anticoagulants — aspirin has a very small risk, but other agents, especially warfarin (Coumadin)

and to a lesser extent, newer agents such as dabigatran (Pradaxa), have a more significant risk.

Poorly controlled high blood pressure is a risk, as is consumption of large amounts of alcohol. Some people have no identifiable risk.

Your husband's case is a situation that requires clinical judgment and more knowledge than I possess to give the most informed answer. However, for most people, the risk of an ischemic stroke and of a heart attack is significantly higher than the risk of hemorrhagic stroke. Further, the benefit in statins helping with heart attack and ischemic stroke is well-studied and moderate in magnitude.

By contrast, the increase in hemorrhagic stroke risk, if any, is likely to be small. The balance of risks would be in favor of treating. His high calcium score indicates a higher risk for heart attack, making a statin more important for him. If he had a risk factor for his previous hemorrhagic stroke that can be modified, then I would be more confident of the net benefit of a statin.

\*\*\*

**DEAR DR. ROACH:** What is the safest and most effective way to clean wax from ears? I have worn hearing aids for roughly 40 years, but with a new set of high-tech hearing aids, ear wax has become a problem. How can I best remove it without using a sharp tool to dig it out? — M.L.W.

**ANSWER:** Most people do NOT need to do anything about ear wax, and many traditional home remedies are unsafe. The old advice to never put anything smaller than your elbow in your ear is a good one for most people. Candling is unsafe and ineffective. Anything sharp is very dangerous.

For someone with recurrent ear wax, especially with a hearing aid, one approach is to use a cotton ball dipped in mineral oil and place in the external ear canal for 10-20 minutes once a week. This can be followed by a gentle rinse with warm water using a rubber bulb syringe. The cotton ball treatment can be used to prevent symptoms as well as to treat mild cases.

Another option is the use of an ear wax removing agent, such as carbamide peroxide. These can be irritating and should not be used routinely — only for symptoms.

If you don't get relief after a few days of home treatment, you'll need to have your clinician look into your ears.

## Homemade 'Foot Box' Relieves Night Cramps

**DEAR DR. ROACH:** I am a very healthy 74-year-old male. I am not on any medications and enjoy normal blood pressure and great stats from my regular bloodwork. I weigh 140 pounds and have been exercising every day faithfully for decades.

A couple of years ago, I started getting cramps in both legs throughout the night. My toes would curl down and my entire leg would get stiff; the pain was horrible.

I had a terrible time "walking it off," and very often when I finally got it to pass, as soon as I got back in bed the whole thing would start all over again. Sometimes I would go a few nights without having a problem, but there was always the fear that I would have another episode.

I read online advice to get the weight of the sheet and covers off the feet. I took a strong cardboard box and sleep with my feet in the open end of the box. The first time I got in bed with this rigged up, it felt very strange not having anything on my bare feet, but eventually I got used to it. The remarkable news is that I have not had a single episode since fabricating the box over six months ago. — G.K.

**ANSWER:** I appreciate your writing in. I have had many patients use a box during sleep for acute gout, where even a sheet on top of the affected toe can be exquisitely painful, but I had not heard this used for nocturnal leg cramps. Some patients have noticed that the symptoms do seem to be started or exacerbated by the weight of blankets.

Before resorting to that, I recommend regular exercise, even a few minutes of riding a stationary bicycle before bed can help. Couple that with regular stretching of the calf and hamstring muscles and adequate hydration. Although many readers ask about it, I do not recommend quinine for most people, and it's quite rare for the cause to be disturbances of sodium, potassium, calcium or other electrolytes. B complex vitamins and magnesium are helpful in some people, but I restrict iron to people with proven iron deficiency.

If all else fails, prescription medications such as verapamil may be helpful.

\*\*\*

**DEAR DR. ROACH:** I'm getting low grade tumors in my bladder. I just had my second operation after the Bacillus Calmette-Guerin treatment didn't work. I read that tumors can't grow in an alkaline environment. Should I eat vegetables, like broccoli and sprouts? Also, would vitamin E and selenium be helpful? — R.G.

**ANSWER:** It is true that having an acid urine pH is a risk factor for bladder cancer. Many fruits and vegetables make urine pH more alkaline, whereas meat and dairy make the urine more acid. Smoking also makes the urine more acid.

Eating more fruits and vegetables (and abstaining from smoking) will help reduce recurrence of bladder cancer, though I'm not sure it's through urine acidity. Please don't stop your doctor's recommendations, though, as diet alone is not adequate therapy for bladder cancer.

A 2012 study found no benefit in selenium and vitamin E on prevention of bladder cancer. It's unlikely to be significantly effective in treatment.

*Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu.*

# Financial

## Understanding auto loan terms before you head to the dealership

You head for the dealership and find the vehicle of your dreams. But as you discuss financing, unfamiliar terms on the contract might turn your excitement into confusion. Here's a glossary of auto loan terms to help you better understand the lingo and get the best deal possible.

## Annual percentage rate (APR)

This rate is your total cost each year to borrow money. It combines your interest rate and fees into one figure that's expressed as a percentage. The higher the APR, the more you'll ultimately pay to purchase the vehicle.

## Credit Report

This statement contains information about your credit activity, loan-paying history and the status of your current credit accounts. Your credit report also includes your credit score.

## Dealer incentives

Manufacturers offer this type of promotion to boost sales. Dealers sometimes pass along those savings to buyers.

## Dealer prep charge

This negotiable charge represents the dealership's cost to prepare your car for sale after it arrives from the factory.

## Dealer price sticker (aka Monroney sticker)

By law, this sticker on a car's window must clearly show

the car's base price (the cost without the dealer's options and fees), the manufacturer's installed options, the manufacturer's suggested retail price (the cost with the dealer's options and fees) and the car's fuel economy.

## Debt-to-income (DTI) ratio

This ratio comes from a buyer's monthly debt payments, divided by the buyer's gross monthly income and expressed as a percentage. The number measures a buyer's ability to manage monthly auto loan payments.

## Destination charge

This charge is the cost of transporting your vehicle to the dealership from the factory or port of entry. This delivery fee is also listed on the dealer price sticker of every

new car.

## Down payment

This cash payment, which you make at the time of purchase, lowers the amount of money you'll need to borrow.

## Lien

Created when you take out a loan, this is the lender's legal right to possession of the vehicle until the loan is repaid. When the loan is paid off, the lien is released.

## Loan-to-value (LTV) ratio

This percentage expresses the amount you'll need to borrow compared to the value of the vehicle.

## Manufacturer's suggested retail price (MSRP)

Also known as the list price

or sticker price, it is the recommended selling price from the manufacturer (but not necessarily what you will pay). It differs from the car's base price because the MSRP includes dealer options and fees.

## Term

The term is the total length of time you have to pay back your loan.

## Trade-in value

Trade-in value is the amount that the dealership will pay for your old vehicle. If you decide to trade in your old vehicle, that value is subtracted from the sales price of the vehicle you want to buy and will reduce the amount of money you'll need to borrow.

Showroom Expansion for outdoor Furniture Season open now thru Summer! Get your patio set up and ready for the warm weather while it lasts!



Contact us today for an appointment  
[Greenforestfireplaceandpatio.com](http://Greenforestfireplaceandpatio.com)  
[Greenforestfireplace@gmail.com](mailto:Greenforestfireplace@gmail.com)  
 3105 N. Ashland Ave, Chicago, IL 773-348-9111



1. Name the artist who left a Braille message embossed on the back of his album "Red Rose Speedway."
2. Which group released "Love (Can Make You Happy)"?
3. Where did Aretha Franklin's hit "The First Time Ever I Saw Your Face" originally come from?
4. Which artist released an album titled "Escape From Domination"?
5. Name the song that contains this lyric: "Way down Louisiana close to New Orleans, Way back up in the woods among the evergreens."

Answers

1. Paul McCartney. It's believed McCartney left the Braille message to Stevie Wonder. It read "We love ya, baby."
2. Mercy, in 1969. The song, written by band member Jack Sigler, Jr., was used in the film "Fireball Jungle," as was the B-side, "Fireball."
3. It was a 1957 folk song written by Scottish songwriter Ewan MacColl. Several folk singers covered the song, but it was Franklin's 1972 version that won a Grammy for Record of the Year.
4. John David "Moon" Martin, in 1979. Martin wrote "Bad Case of Lovin' You (Doctor, Doctor)" and "Cadillac Walk."
5. "Johnny B Goode," by Chuck Berry in 1958. The song is one of the most recognizable in popular music and ranks seventh on Rolling Stone's "500 Greatest Songs of All Time" list.

© 2021 King Features Syndicate

**What's better?  
A great story  
or  
A great idea?  
Lakeview Newspaper  
Thoughts to think about.**

# Strange BUT TRUE

By Lucie Winborne

- Kim Walker played clique leader Heather Chandler in the movie "Heathers." Her character was noted for stinging one-liners, one of which — "Did you have a brain tumor for breakfast?" — had a tragic echo. Walker died of a brain tumor 13 years after uttering the line onscreen.

- The fingerprints of a koala are so indistinguishable from humans that they have occasionally been confused at a crime scene.

- Charles VI of France, aka Charles the Mad, believed he was made of glass and could shatter at any moment. One method he used to avoid this dire fate involved ordering his tailors to sew iron rods into his clothing.

- The world record to remove and replace a car engine is 42 seconds.

- Rabbit jumping, shin kicking, toe wrestling, bog snorkeling and aggressive sitting are all actual sports.

- Discarded shoes can take up to 1,000 years to break down.

- Jerry Seinfeld was such a fan of comic book hero Superman that he included a reference to the character in every episode of his eponymous sitcom.

- It only takes 23 people to enter a room to give you an even chance that two of them have the same birthday. Put 75 people in the room and the chances rise to 99%.

- Chinese paintings from as far back as 200 B.C. depict people participating in the sport of mountain climbing.

- The US government trains sea lions to find and retrieve equipment lost at sea and to identify intruders swimming into restricted areas. While they don't have sonar like dolphins, they do have excellent eyesight.

- In some countries it is not illegal to escape prison as long as no laws are broken.

\*\*\*

**Thought for the Day:** "Teachers open the doors, but you must enter by yourself." — Chinese proverb

© 2021 King Features Synd., Inc.



1. **Godzilla vs. Kong** ..... (PG-13) Alexander Skarsgard, Millie Bobby Brown
2. **Nobody** ..... (R) Bob Odenkirk, Aleksey Serebryakov
3. **The Unholy** ..... (PG-13) Jeffrey Dean Morgan, Cricket Brown
4. **Raya and the Last Dragon** .(PG) animated
5. **Tom & Jerry** .....(PG) Chloe Grace Moretz, Colin Jost
6. **Voyagers** ..... (PG-13) Colin Farrell, Tye Sheridan
7. **The Girl Who Believes in Miracles** .....(PG) Mira Sorvino, Austyn Johnson
8. **In the Earth** ..... (R) Joel Fry, Reece Shearsmith
9. **The Courier** ..... (PG-13) Benedict Cumberbatch, Merab Ninidze
10. **The Croods: A New Age** ...(PG) animated

Source: Box Office Mojo

**top ten**

**Recycling No-Nos**

1. Plastic bags
2. Pizza boxes
3. Gift wrap
4. Small bits of metal
5. Receipts
6. Food residue/containers
7. Broken crockery
8. Diapers
9. Shredded paper
10. To-go coffee cups

Source: Wild Minimalist



April 29 is International Dance Day, in case you didn't know. It's so placed on the calendar to celebrate the birthday of Jean-Georges Noverre (1727-1810), creator of modern ballet. That's according to the International Theatre Institute, the founder and creator of IDD. Here are seven films that each celebrate the art of dance in their own special way.

**Dirty Dancing** — Way up in the Catskills, Francis "Baby" Houseman (Jennifer Grey) learns more than the meringue from resident hunky dance instructor Johnny Castle (Patrick Swayze). When Johnny's is looking for a dance partner for the big, summer-ending dance, Baby steps in, falls in love and learns to fly.

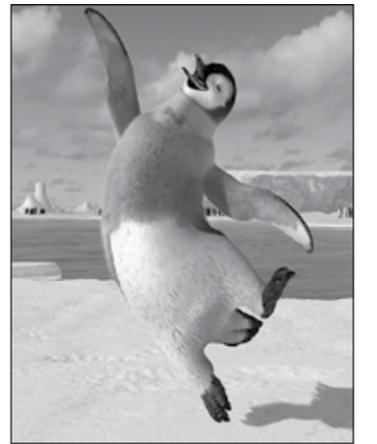
**Black Swan** — Natalie Portman plays Nina, a passionate, talented, obsessive dancer in Darren Aronofsky's dark psychological thriller. As a replacement for the previous prima ballerina, Nina fixates on the possibility of being replaced, personified by newcomer Lily (Mila Kunis).

**Happy Feet** — Elijah Wood voices Mumble, an Emperor penguin who can dance but not sing. This is a problem, because Emperor penguins find their soul mate by each casting a unique heartsong. Mumble stumbles his way through courtship, attempting to win the heart of Gloria (Brittney Murphy) while standing up for his own unique heartsong.

**Billy Elliot** — The story of an 11-year-old English boy (played by Jamie Bell) who is sent by his miner father to a gym to learn boxing and instead gravitates instantly to a dance class — an artform at which he excels. His father and family, as well as the townspeople, must band together to give this special young man a shot at the future he richly deserves.

**You Got Served** — Marques Houston and Omari "Omarion" Grandberry star as Elgin and David, two street dancers and friends who have the opportunity to participate in a dance competition for a \$50k prize and a spot in a Lil' Kim video (who performs as herself).

**Girls Just Want to Have Fun** — Straight-laced Janey (Sarah Jessica Parker) is an Army brat, Catholic schoolgirl and classically trained dancer obsessed with the local "Dance TV" show and a contest to add a new dancing couple to their lineup. Helen Hunt plays Lynne, a wild-spirit enabling friend who covers for Janey while she works out a routine (and some bad girl feelings) for local hunk Jeff (Lee Montgomery).



Warner Bros. Pictures

Scene from "Happy Feet"

**Footloose** — Kevin Bacon plays Ren McCormack, a heck of a teen dream who sullenly relocates from Chicago to a small town. There, he must appeal to the gods — and the local minister (John Lithgow) and town council — to allow the high-school students to hold a senior prom, in a town where dancing has been banned as leading youth astray. He enlists the help of the minister's lovely daughter (Lori Singer), a rebel spirit with an angel's heart.

© 2021 King Features Synd., Inc.

# WWW.COM

**Join Us Online**  
www.stlukechicago.org

Worship Sundays 9:00 a.m.  
Bible Class Thursdays 12:00 p.m.

**Saint Luke Church**  
1500 West Belmont  
Chicago, IL 60657  
773.472.3383

Saint Luke Academy  
773.472.3837  
info@stlukechicago.org

**Lakeview Newspaper**

P.O. Box 578757 Chicago, IL 60657  
Phone: (312) 493-0955  
WWW.Lakeviewnewspaper.com  
Email: LKVVNEWS@aol.com

"We don't make the news.  
We just report it.

See our newspaper online  
and click through to our  
advertisers web sites.



- Video on Demand**
1. **News of the World** ..... (PG-13) Tom Hanks
  2. **Wonder Woman 1984** ... (PG-13) Gal Gadot
  3. **Promising Young Woman** ..... (R) Carey Mulligan
  4. **City of Lies** ..... (R) Johnny Depp
  5. **Assault on VA-33** ..... (R) Sean Patrick Flanery
  6. **The Croods: A New Age** .....(PG) animated
  7. **Barb and Star Go to Vista Del Mar** ..... (PG-13) Kristen Wiig
  8. **The Little Things** ..... (R) Denzel Washington
  9. **SpongeBob Movie: Sponge on the Run** .....(PG) animated
  10. **Judas and the Black Messiah** ..... (R) Daniel Kaluuya

- DVD, Blu-ray Sales**
1. **Wonder Woman 1984** ... (PG-13) Warner Bros.
  2. **Soul** .....(PG) Pixar
  3. **News of the World** ..... (PG-13) Universal
  4. **Shadow in the Cloud** ..... (R) Lionsgate
  5. **Wonder Woman 2-Film Collection** ..... (PG-13) Warner Bros.
  6. **The Croods: A New Age** .....(PG) Universal/Dreamworks
  7. **Monster Hunter** ..... (PG-13) Sony
  8. **Neighbors 2-movie Collection** ..... (R) Universal
  9. **Crawl** ..... (R) Paramount
  10. **Godzilla: King of the Monsters** ..... (PG-13) Warner Bros.
- Source: Comscore/Media Play News  
© 2021 King Features Synd., Inc.



*It's Time to Spring into Summer!*

Stop in or Call

Greenforest Fireplace & Patio for Chicago's best selection of Kingsley Bate Outdoor Furniture, along with Primo Grills & Smokers and Lion BBQ Gas Grills.

**Greenforest Fireplace and Patio Co.**  
www.Greenforestfireplaceandpatio.com  
3105 N. Ashland Ave. • FREE Parking in lot • NE corner of Ashland and Barry  
Stop by and see us for Great Pricing (773) 348-9111

To advertise here call (312) 493-0955 for more information.

**Lakeview**  
ROSCOE VILLAGE

Vibrant. Eclectic.  
The Quintessential Chicago  
Neighborhoods.

www.LakeviewRoscoeVillage.com

# What's Hot In Hollywood

**HOLLYWOOD** — Dear **Elton John**: Taking on the Vatican and the Pope is admirable but futile. You aren't the first and won't be the last to chide the Vatican for its hypocrisy about same-sex marriage. Elton tweeted, "How can The Vatican refuse to bless gay marriage when they invested nearly \$2 million in 'Rocketman,' a film that celebrates my finding happiness from a marriage (to my husband) **David**?"

The Vatican maintains "blessing a relationship outside of marriage, the union of a man and a woman is open in itself to the transmission of life, but unions between persons of the same sex is not." When referencing "Homosexual inclinations," they're against approving or encouraging "a choice and a way of life that cannot be recognized as objectively ordered to the revealed plans of God and they do not and cannot bless sin." In other words ... if a baby isn't a product of a same-sex union and it can't further the numbers of the Catholic Church ... it's a sin!

So why did the Vatican invest \$2 million in a film that depicts Elton John's gay lifestyle if it is so averse to the subject matter? Answer: The film grossed nearly \$200 million is why. Doesn't its antiquated point of view miss the fact that gay couples who adopt children ARE furthering the numbers of the Catholic church?

**Alexander Skarsgard** is the closest thing we have these days to a versatile swashbuckling matinee idol. He made many swoon as "Tarzan" and held his own against **Nicole Kidman** (as her husband Perry Wright) in the HBO series "Big Little Lies," for which he won an Emmy and a Golden Globe.

Skarsgard has an impressive roster of upcoming films befitting a superstar: the \$200 million "Godzilla vs Kong," which dropped March 31 with **Millie Bobby Brown**, **Rebecca Hale** and **Kyle Chandler**; his smaller film "Passing," about African-Americans pretending to be white; and the historical thriller "The Northman," which again pits Skarsgard against Nicole Kidman as he plays the Nordic Prince Amleth, who seeks revenge after his father is murdered (shades of "Hamlet"). They're supported by **Willem Dafoe** and Icelandic pop star Bjork. Filming began March 2020, production halted August 2020, resumed September 2020 and was completed December 2020.

Skarsgard is an actor who chooses his roles carefully. As **Margot Robbie**, his "Tarzan" co-star, said about having to kiss him, "It's a tough job, but someone's got to do it!"

The Oscar nominations left many people unexcited. Coupled with no red carpet or major stars to gawk at, most fear the lowest ratings ever on Sunday, April 25, and they're already referring to at-home acceptance speeches as "zoom and doom!"

**HOLLYWOOD** — Here's interesting casting ... **Sandra Bullock**, age 56, romantically paired with **Channing Tatum**, 40, in "The Lost City of D." She's a reclusive romance novelist on a book tour with her cover model (Tatum), when they're



Sandra Bullock

kidnapped and thrown into a cutthroat jungle (shades of the 1984 hit "Romancing the Stone," with **Michael Douglas**, **Kathleen Turner** and **Danny DeVito**). Filling in for DeVito is Harry Potter's **Daniel Radcliff** as the villain. Radcliff has completed shooting season three of the TBS series "Miracle Workers," while **Sandra Bullock** is upcoming in "Bullet Train," with **Brad Pitt**, **Joey King**, **Lady Gaga** and **Michael Shannon**. Channing Tatum is due in "Dog," which he also co-directed, opening July 16.

**Zac Efron**, **Russell Crowe** and **Bill Murray** co-star in a film about **Chick Donahue** (Efron), who left New York in 1967 to bring beer to his Army buddies serving in Vietnam. Naturally, Zac will show off his superhero body as he hoists beer through the jungle, wearing shorts and a Hawaiian shirt. Even though it's called "The Greatest Beer Run Ever," you can expect big things since it's being directed by "Green Book" Oscar-winner **Peter Farrelly**.

Zac's also preparing the second season of the Netflix documentary series "Down to Earth," in which he travels around the world with wellness expert **Darin Olien** to find healthy, sustainable ways to live. He's also readying for the remake of the 1984 **Drew Barrymore** film "Firestarter." Crowe is awaiting release of the horror/thriller "The Georgetown Project," with **Sam Worthington** and **David Hyde Pierce**.

Meanwhile, back at Wahlburgers, brother **Mark Wahlberg** is planning the release of "Joe Bell," with **Gary Sinise** and **Connie Britton**, which scored well at the Toronto Film Fest last September; the action-adventure "Uncharted," with **Tom Holland** and **Antonio Banderas**, which opens Feb. 11, 2022; and "Arthur the King" (not

about King Arthur, but a stray dog named Arthur). Wahlberg is currently taking on **Halle Berry** in Netflix's "Our Man in New Jersey," playing a blue-collar James Bond.

Don't know how the Academy plans to save this year's Oscars, but **Elton John** has chosen **Neil Patrick Harris** to host his 29th annual AIDS Foundation Academy Awards Pre-Party. The one-hour event will stream live (sort of), at four different times in North America, the United Kingdom, Europe and Australia/New Zealand. The streaming hosts will beam the charity gala to 100,000 "attendees."

Oscar-winning actress **Helen Mirren**, for 2006's "The Queen," will be the villainous Hespera, daughter of the god Atlas, in the sequel to "Shazam!". **Zachary Levi** and **Asher Angel** return as the superhero and his teenage counterpart, Billy Batson. The original grossed \$366 million and all they could say was "damn," we mean "Shazam!"



Alexander Skarsgard



by Dana Jackson

**Q: What can you tell us about Tyrus on "The Greg Gutfeld Show" on Fox? Did he play pro football? Was he a pro wrestler? He's funny and very articulate. — M.G.**

**A:** The towering 6-foot-8 Tyrus was born George Murdoch. He was a big star with wrestling's WWE when he went by the names Brodus Clay and The Funkasaurus. After departing the WWE, he joined Total Nonstop Action Wrestling as Tyrus, the moniker he went by as a contributor on Fox News' "The Greg Gutfeld Show."

Murdoch didn't play professional football, but he did play as an offensive lineman for the University of Nebraska at Kearney, where he majored in education. His dreams of going to the NFL ended when his appendix ruptured and some nerve endings were reportedly severed during the surgery, resulting in a limp in his gait. His first brush with fame, though, was as Snoop Dogg's bodyguard.

If you're wondering what happened to "The Greg Gutfeld Show" on Saturday nights, it's now airing weeknights and is simply called "Gutfeld!" Tyrus, along with Katherine "Kat" Timpf and Tom Shillue, are among the on-camera personalities on Fox News' version of the late-night talk show.

**Q: Could you tell me what happened to some of the people who worked for "Iron Resurrection"? Several are no longer on the show. — Brenda**

**A:** "Iron Resurrection" is a reality show available on the Motor-Trend network and app about the Martin Bros Customs shop near Austin, Texas. According to Distractify.com, they specialize in "bringing previously irredeemable automobiles back to life," but they don't just concentrate on the exterior.

The most recent fourth season focused on owners Joe and Jason Martin and Joe's wife, Amanda. Phil Cato left the shop because he moved to the Atlanta area for his wife's job and to open Cato's Custom Upholstery (philcato.com). As for Javier "Shorty" Ponce, a



George "Tyrus" Murdoch

Facebook message stated that he left to focus on his own shop in Dallas, DBA Shorty's Custom Paint (shortyscustompaint.com), and to be close to his family now that he is a grandfather.

**Q: I was saddened to hear of the death of James Drury of "The Virginian" last year. Where is he buried, and where is the actual ranch that was used in the series? — K.S.**

**A:** "The Virginian" was the third-longest-running TV Western series behind "Gunsmoke" and "Bonanza." It was a 90-minute show that ran for almost a decade, which was an exhausting filming schedule as it was like making a movie every week, but Drury once said he "would have gone on for another 10 years." Shiloh Ranch was on the backlot of Universal Studios Hollywood on stage 34.

As for Drury, he passed away at age 85 of natural causes in Houston, and his grave is at the Elmwood Memorial Park in Abilene, Texas.

Send me your questions at [NewCelebrityExtra@gmail.com](mailto:NewCelebrityExtra@gmail.com), or write me at [KFSW, 628 Virginia Drive, Orlando, FL 32803](mailto:KFSW, 628 Virginia Drive, Orlando, FL 32803).

© 2021 King Features Synd., Inc.

**Read Lakeview Newspaper and get smarter. Subscribe to Lakeview Newspaper and get a FREE classified ad.**

Subscribe to Lakeview Newspaper for \$24.00 for 12 Issues and get \$26.00 worth of Classified advertising for FREE!

Mail check or Money Order to J2 Associates Inc.  
Check should be made to J2 Associates, Inc.  
Mail to: J2 Associates Inc., c/o Lakeview Newspaper  
P.O. Box 578757,  
Chicago, Illinois 60657

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_  
Email Address (Optional) \_\_\_\_\_

Your free classified ad form will be mailed to you once we receive your check. Check must be received before the 20<sup>th</sup> of the month for subscription to start the following month. Classified ad can only be used once during the year. Expiration on this offer will expire at the end of the year. We do appreciate your reading our newspaper and your subscription. We are a monthly newspaper.

**ASMSC** Advanced Skin and MOHS Surgery Clinics  
DERMATOLOGY, LASER AND COSMETIC INSTITUTE

2845 N. Sheridan Road Suite 912  
Chicago, IL 60657

**STATE OF THE ART MEDICINE AND COMPASSIONATE CARE**

**Dermatology**

- Skin Cancer Screening
- Mole Evaluation
- Acne
- Eczema
- Psoriasis
- Rosacea
- Mohs Surgery
- Hair Loss
- Warts
- Excisions
- Biopsies
- Keloids

**Cosmetic Dermatology**

- Botox / Fillers
- Kybella Fat Removal
- Platelet Rich Plasma
- Laser Hair Removal
- Intense Pulsed Light Therapy
- Vein Treatment
- Morpheus 8
- Skin Rejuvenation

**Plastic Surgery Services**

- Breast Cosmetic Procedures
- Reconstruction
- Scar Revision
- Migraine Treatment
- Body Cosmetic Procedures
- Facial Cosmetic Procedures
- Mohs Reconstruction
- Eyelid Procedures

Advanced Skin and Mohs Surgery Clinic is comprised of seven board-certified and licensed dermatologists, two MOHS Micrographic Surgeons, and two physician assistants trained extensively in dermatology!

Call to make an appointment today: 773-281-0046  
SAME DAY and WALK IN appointments are available  
We Participate in most major insurance plans  
We accept Medicare Assignment  
[www.ASMSC.doctor](http://www.ASMSC.doctor)



Photo courtesy of Getty Images

## Fresh ideas for home upgrades

### FAMILY FEATURES

**S**pring means it's time to start sprucing up your home and garden with a little TLC inside and out. If you're unsure where to begin, consider these tips:

**Make function a priority.** While aesthetic changes may boost value and please the eye, be

sure to consider upgrades that make living easier, like organization units that give you more space or upgrades that create additional living space.

**Keep budget in mind.** Make a list of the projects you'd like to complete and estimate how much each will cost. Use the list to determine what you can afford to complete now.

**Do your research.** If you'll be making a significant purchase such as a new vacuum or grill, be sure to explore your options, read reviews and shop around for the best prices for greater confidence in what you choose.

Set yourself up for a more enjoyable spring with more home and garden tips at [eLivingtoday.com](http://eLivingtoday.com).



### Hands-Free Spring Cleaning

For busy households, an all-in-one vacuum and mop robot like the Deebot N8+ is a perfect daily companion to help automate spring cleaning. It features high suction power (but low noise), TrueMapping technology to create an efficient cleaning path and the OZMO Mopping System to remove 99.26% of bacteria with dual vacuuming and mopping. Controllable with a smartphone app, it includes an Auto-Empty Station for months of hands- and maintenance-free cleaning. Learn more at [ecovacs.com/us](http://ecovacs.com/us).



### Perfect Your Pantry

Cleaning out your pantry is an important step during spring cleaning as it allows you to discard expired items and rethink the space. Start by reorganizing and simplifying the area with ClosetMaid ventilated shelving like this Pantry Organizer. Built with the ShelfTrack system for a fully adjustable space along with close mesh to help prevent items from tipping over, it includes four 4-foot-by-16-inch shelves, a hang track and all necessary hardware. Find more information at [closetmaid.com](http://closetmaid.com).



### Enhance the Space Under Your Deck

Optimize the space beneath an elevated deck by adding a drainage system such as Trex RainEscape. Designed to capture and divert water, this system protects a deck's substructure from moisture damage while creating dry space usable for storage or an additional living area. Homeowners can safely add gas lines and wiring to accommodate grills, appliances, ceiling fans, lights and entertainment components to create an outdoor oasis. For more information, visit [TrexRainEscape.com](http://TrexRainEscape.com).



Photo courtesy of Getty Images

### Get Ready to Grill

A grill's lifespan depends on many factors, including where and how it is stored and your climate. When it's time to upgrade, you'll have some decisions to make. The biggest is which heating style you prefer: gas, electric or charcoal. Other considerations include the overall size, number of burners and grate quality. Also be sure to compare available features, such as side burners and igniters, which are fairly common, and upgrades like lighting and fuel gauges.

## When to Update Home and Garden Goods

Investing in quality products, properly maintaining and storing them all have an impact on how long they'll stay in good working condition. As you tackle spring cleaning this year, take stock of your common home and garden equipment to determine what may need updating.

**Lawn Mower:** If your mower needs a repair that exceeds its value, it's time for a replacement. However, there may be other signs that an upgrade is warranted. Rough operation, frequent breakdowns or other indications of faulty performance deserve a second look. Before you buy new, remember to check your warranty to determine whether repairs might be covered.

**Vacuum:** Many homeowners discard their used vacuum when it stops picking up dirt and debris as efficiently as it did originally. Before you move on, be sure to check that performance issues aren't the result of clogged hoses or a filter than needs cleaning or replacing. A belt may also be worn or need adjusting. Other signs it may be time to replace the vacuum include damaged or frayed cords, motor issues like overheating or making strange noises.

**Grill:** A grill may last anywhere from 5-15 years, depending on the quality of the materials and how it is maintained. However, it's common to have to replace parts along the way. Signs you may need a new grill include a firebox (the main enclosure) with cracks, rust or holes and burners that distribute heat unevenly. Damaged grates can affect even grilling if they're warped or if they're flaky or rusted, they can contaminate food. If you're not able to replace the grates, or any other essential part, including hoses and connectors for a gas grill, you'll be better off replacing the unit.



by Healthy Exchanges

### Tuna Corn Chowder

It's no wonder kids of all ages love canned tuna. It tastes good, it's inexpensive, it's versatile, it's found in every grocery store, and when it comes to good nutrition — it's a virtual "treasure chest" from the sea. Just when you thought you'd heard of every way possible to prepare tuna, along comes this recipe!

- 1/2 cup finely chopped onion
- 1 (10 3/4-ounce) can reduced-fat cream of celery soup
- 1 (12 fluid ounce) can evaporated fat-free milk
- 1/2 cup water
- 1 (6-ounce) can white tuna, packed in water, drained and flaked
- 1 1/2 cups frozen whole-kernel corn, thawed
- 3/4 cup diced cooked potatoes
- 1 (2.5-ounce) jar sliced mushrooms, drained
- 1 teaspoon seafood seasoning

1. In a large saucepan sprayed with butter-flavored cooking spray, saute onion for 5 minutes. Stir in celery soup, evaporated milk and water. Add tuna, corn, potatoes, mushrooms and seafood seasoning. Mix well to combine.

2. Lower heat and simmer 6 to 8 minutes or until mixture is heated through, stirring occasionally. Makes 4 (1 1/2 cup) servings.

• Each serving equals: About 242 calories, 2g fat, 21g protein, 35g carb., 559mg sodium, 2g fiber; Diabetic Exchanges: 1 1/2 Meat, 1 1/2 Starch, 1 Fat-Free Milk, 1/2 Vegetable.



by Healthy Exchanges

### Ham and Scalloped Potatoes

Scalloped potatoes as they were intended to taste! Just fill your slow cooker and forget about it until dinnertime. What could be easier?

- 3 cups diced extra-lean ham
- 6 1/2 cups thinly sliced cooked potatoes
- 1 cup diced onion
- 1 1/2 cups shredded, reduced-fat Cheddar cheese
- 1 (10 3/4-ounce) can reduced-fat cream of celery soup
- 2 tablespoons fat-free half and half
- 1 teaspoon dried parsley flakes

1. Spray a slow-cooker container with butter-flavored cooking spray. Layer half of the ham, half of the potatoes, half the onions and half the cheese in prepared container. Repeat layers.

2. In a small bowl, combine celery soup, half and half, and parsley flakes. Spoon soup mixture evenly over top of potato mixture. Cover and cook on LOW for 4 hours. Mix well before serving. Makes 8 (1 cup) servings.

• Each serving equals: About 230 calories, 6g fat, 18g protein, 26g carb., 876mg sodium, 2g fiber; Diabetic Exchanges: 2 1/2 Meat, 1 1/2 Starch.

### Good Housekeeping

#### Spinach and Strawberry Salad

- 1 pound strawberries, hulled and sliced
- 3 tablespoons lime juice
- 2 teaspoon honey
- 1 teaspoon olive oil
- Salt and pepper
- 1 container (12-ounce) baby spinach
- 10 ounce (2 cups) chicken breast meat, coarsely shredded
- 3/4 cup walnuts, toasted and coarsely chopped

1. In blender, puree 3/4 cup strawberries with lime juice, honey, oil, 1/4 teaspoon salt and 1/8 teaspoon freshly ground black pepper. Transfer dressing to large serving bowl.

2. To bowl with dressing, add spinach, chicken and remaining strawberries; toss to coat. Sprinkle salad with walnuts to serve. Serves 6.

• Each serving: About 220 calories, 13g total fat (2g saturated), 40mg cholesterol, 220mg sodium, 10g total carbohydrate, 8g dietary fiber, 19g protein.

For thousands of triple-tested recipes, visit our website at [www.good-housekeeping.com/food-recipes/](http://www.good-housekeeping.com/food-recipes/).

### Good Housekeeping

#### Shrimp Gemelli

Quick-cooking shrimp and broccoli help put this seafood-packed pasta on the dinner table in just 30 minutes.

- Salt and pepper
- 3 tablespoons margarine or butter
- 1/2 cup fresh breadcrumbs
- 2 large (10 to 12 ounces each) onions, thinly sliced
- 1 pound gemelli
- 1 pound 26- to 30-count shrimp, shelled and deveined, with tail part of shell left on, if you like
- 1 pound small broccoli florets

1. Heat covered 6-quart pot of water to boiling on high. Add 2 teaspoons salt.

2. In 12-inch skillet, melt 1/2 tablespoon margarine on medium-high. Add breadcrumbs and cook 2 to 3 minutes or until golden brown, stirring frequently. Stir in a pinch of salt and freshly ground black pepper. Transfer to plate.

3. In same skillet, melt 2 tablespoons margarine on medium. Stir in onions and 1/4 teaspoon salt. Cover and cook 20 minutes or until golden and very tender, stirring occasionally.

4. Meanwhile, add pasta to boiling water in pot. Cook 4 minutes less than minimum time that label directs, stirring occasionally. Add shrimp and broccoli and cook 3 minutes. Reserve 1 cup pasta cooking water. Drain pasta mixture and return to pot.

5. Add onion mixture, reserved cooking water, 1/2 teaspoon salt, 1/2 teaspoon freshly ground black pepper and remaining 1/2 tablespoon margarine. Cook on medium 2 minutes, tossing to coat. To serve, top with reserved toasted breadcrumbs. Serves 6.

• Each serving: About 455 calories, 8g total fat (2g saturated), 112mg cholesterol, 660mg sodium, 72g total carbs, 7g dietary fiber, 26g protein.

### Good Housekeeping

#### Asparagus Three Ways

Springtime is the peak season for one of our favorite vegetables: asparagus. Versatile and easy to prepare, asparagus also is high in folic acid and a good source of fiber and potassium. With only 4 calories per stalk, it's a flavor bargain.

##### Roasting Technique

- 1 pound asparagus
- 1 tablespoon olive oil

##### Microwave Technique

- 1 pound asparagus
- 1 tablespoon water

##### Saute Technique

- 1 pound asparagus
- 1 teaspoon butter
- 2 tablespoon water

1. Prep: Rinse asparagus under cold running water before cooking. Remove tough ends by bending at the bottom and snapping off.

2. Roast: Preheat oven to 450 F. Spread 1 pound asparagus in a jelly-roll pan. Drizzle with a spoonful of olive oil and roast 12 to 14 minutes or until lightly browned and tender. Shake pan halfway through.

3. Microwave: Place 1 pound asparagus and 1 tablespoon water in glass baking dish. Cover with vented plastic wrap. Microwave on High 2 minutes; rearrange spears and microwave 2 to 3 minutes longer.

4. Saute: In nonstick large skillet, heat 1 teaspoon butter and 2 tablespoons water over medium-high heat until butter melts. Add asparagus and cover; reduce heat to medium and cook 4 minutes. Increase to medium-high; cook, uncovered, 3 to 4 minutes or until asparagus is tender and liquid evaporates.

TIP: When cooked, asparagus should be fork-tender but not mushy, and still bright green.

### Good Housekeeping

#### Gingery Shrimp and Noodles

Light and fresh, this Asian-inspired dish tantalizes with the scents of ginger, soy and green onion. Low-cal shrimp and nearly 2 pounds of nutrient-rich cabbage keep it healthful.

- Salt and pepper
- 3 tablespoons vegetable oil
- 1 bunch green onions, thinly sliced
- 1 tablespoon peeled finely chopped fresh ginger
- 1 pound shelled and deveined 16- to 20-count shrimp, with tail part of shrimp left on, if you like
- 3/4 cup water
- 1/3 cup lower-sodium soy sauce
- 2 bags (14- to 16-ounce) shredded cabbage mix for coleslaw
- 1 pound rice noodles

1. Heat covered 6-quart pot of water to boiling on high. Add 2 teaspoons salt.

2. In 12-inch skillet, heat oil on medium. Add green onions and ginger; cook 2 minutes, stirring occasionally. Sprinkle shrimp with 1/4 teaspoon freshly ground black pepper. Add shrimp to skillet in single layer; cook 3 to 4 minutes or until shrimp just turn opaque, stirring frequently. Transfer shrimp to medium bowl.

3. To same skillet, add 3/4 cup water and soy sauce, scraping up browned bits. Stir in cabbage mix; cover and cook 6 to 7 minutes or until vegetables are crisp-tender, stirring often.

4. Meanwhile, add noodles to boiling water in pot. Cook minimum time that label directs, stirring occasionally. Drain well; rinse under cold water and drain again. Return to pot; add shrimp and vegetable mixture, tossing until well-combined. Serves 6.

TIP: We like to use flat, 1/8-inch-wide dried rice noodles, often labeled pad Thai, thin rice noodles or rice sticks.

• Each serving: About 455 calories, 8g total fat (1g saturated), 115mg cholesterol, 1,050mg sodium, 75g total carbohydrate, 4g dietary fiber, 18g protein.

### Good Housekeeping

#### Israeli Couscous With Currants

Israeli or pearl couscous is a delicious alternative to traditional couscous. This larger, chewier pasta (contrary to popular belief, couscous is not a grain) adds a pleasant texture to the dish, and it takes on a hint of nutty flavor when toasted.

- 1 bunch green onions
- 2 tablespoons margarine or butter
- 3 cups Israeli (pearl) couscous
- 2 cups water
- 1 cup chicken broth
- 1/4 teaspoon ground allspice
- Salt and pepper
- 3/4 cup walnuts, toasted and chopped
- 1/2 cup currants
- 1/2 cup loosely packed fresh mint leaves, chopped

1. Cut white and light-green portion of green onions into 1/2-inch pieces. Thinly slice dark-green portions; set dark-green onion slices aside separately from 1/2-inch pieces.

2. In 4-quart saucepan, heat margarine on medium until melted. Add white and light-green onion pieces, and cook 3 minutes or until beginning to soften. Add couscous and cook 7 to 9 minutes or until most grains are browned, stirring couscous frequently.

3. Add water, broth, allspice, 1/2 teaspoon salt and 1/4 teaspoon freshly ground black pepper to couscous; heat to boiling on high. Reduce heat to low; cover and simmer 8 to 10 minutes or until liquid is absorbed and couscous is tender but still slightly chewy.

4. Remove couscous from heat. Stir in toasted walnuts, currants, chopped mint leaves and reserved sliced green onions. Makes about 6 1/2 cups couscous (12 side-dish servings).

• Each serving: About 220 calories, 7g total fat (1g saturated), 0mg cholesterol, 180mg sodium, 34g total carbohydrate, 3g dietary fiber, 6g protein.

### Good Housekeeping

#### Vermicelli With Spring Onions

Fragrant leeks, tender green onions and delicate shallots add wonderful flavor to this cream sauce for pasta. For a delicious light version (only 1 gram saturated fat per serving) substitute fat-free half-and-half for the regular half-and-half called for in the recipe.

- 3 medium (about 1 1/4 pounds) leeks
- Salt
- 1 package (16 ounces) vermicelli or spaghetti
- 1 tablespoon margarine or butter
- 2 bunches green onions, thinly sliced
- 4 medium (about 1/2 cup) shallots, finely chopped
- 1 clove garlic, crushed with press
- 1/4 teaspoon coarsely ground black pepper
- 1 cup fat-free chicken broth or vegetable broth
- 1/2 cup half-and-half or light cream

1. Cut off roots and leaf ends from leeks. Discard any tough outer leaves. Cut each leek lengthwise in half, then crosswise into 1/4-inch-wide slices. Place leeks in large bowl of cold water; with hand, swish leeks around to remove sand. Transfer leeks to colander. Repeat process, changing water several times, until all sand is removed. Drain well.

2. Heat large saucepot of salted water to boiling over high heat; add vermicelli and cook as label directs.

3. Meanwhile, in nonstick 12-inch skillet, melt margarine or butter over medium-high heat. Add leeks, green onions, shallots, garlic, pepper and 3/4 teaspoon salt, and cook until vegetables are tender and golden, about 10 minutes, stirring often. Add broth and half-and-half; cook 1 minute.

4. Drain vermicelli; return to saucepot. Add leek mixture and toss well to coat. Serves 4.



by Healthy Exchanges

#### Pepperoni Pasta Salad

Pack this in your lunchbox and see if you don't get an "attitude adjustment" with the first bite!

- 1 (15-ounce) can stewed tomatoes, chopped and undrained
- 1/4 cup finely chopped onion
- 1/4 cup fat-free Italian dressing
- 1 teaspoon Italian seasoning
- 3 cups cold cooked penne or rotini pasta, rinsed and drained

- 1/3 cup sliced ripe olives
- 1 (3.5 ounce) package Hormel reduced-fat pepperoni, diced
- 1/2 cup shredded reduced-fat mozzarella cheese
- 1/4 cup grated reduced-fat Parmesan cheese

In a large bowl, combine undrained stewed tomatoes, onion, Italian dressing and Italian seasoning. Stir in pasta, olives, pepperoni and mozzarella cheese. Add Parmesan cheese. Mix gently to combine. Cover and refrigerate for at least 30 minutes. Gently stir again just before serving. Makes 6 (1 cup each) servings.

• Each serving equals: About 205 calories, 5g fat, 13g protein, 27g carb., 729mg sodium, 2g fiber; Diabetic Exchanges: 1 1/2 Starch, 1 Meat, 1/2 Vegetable.w



by Healthy Exchanges

#### Peanut Butter Kisses Muffins

You'll get more than your share of hugs and kisses from everyone who finds these goodies tucked inside their lunch bags or waiting for them at the breakfast table!

- 1 1/2 cups reduced-fat biscuit baking mix
- Sugar substitute to equal 1/4 cup sugar, suitable for baking
- 1/2 cup fat-free milk
- 1/3 cup no-fat sour cream
- 6 tablespoons reduced-fat peanut butter
- 1 teaspoon vanilla extract
- 1/4 cup mini chocolate chips

1. Preheat oven to 350 F. Spray 8 wells of a 12-hole muffin pan with butter-flavored cooking spray, or line with paper liners.

2. In a large bowl, combine baking mix and sugar substitute. Add milk, sour cream, peanut butter and vanilla extract. Mix well just to combine. Fold in chocolate chips.

3. Evenly spoon batter into prepared muffin wells. Bake for 20 to 25 minutes or until golden brown. Place muffin pan on a wire rack and let set for 5 minutes. Remove muffins from pan and continue cooling on wire rack. Makes 8 servings.

• Each serving equals: 183 calories, 7g fat, 5g protein, 25g carbs., 339mg sodium, 1g fiber; Diabetic Exchanges: 1 1/2 Starch, 1/2 Meat, 1/2 Fat.

# Crime

**Assault** on the 300 block of Ridge Avenue.

**Assault** on the 1300 block of North Hudson Avenue.

**Assault** on the 2000 block of West Balmoral Avenue.

**Vandalism** on the 2000 block of West North Avenue.

**Assault** on the 2300 block of West Logan Boulevard.

**Assault** on the 4600 block of North Sheridan Road.

**Theft** on the 1900 block of West Summerdale Avenue.

**Theft** on the 800 block of North Green Street.

**Assault** on the 1600 block of West Fullerton Avenue.

**Crime** on the 3400 block of North Elaine Place.

**Theft** on the 2600 block of North Elston Avenue.

**Theft** on the 2700 block of North Clark Street.

**Assault** on the 3000 block of North Lincoln Avenue.

**Crime** reported on the 400 block of West Elm Street.

**Theft** on the 2200 block of Lincoln Park West.

**Theft** on the 100 block of West Diversey Parkway.

**Robbery** on the 1100 block of West Lawrence Avenue.

**Theft** on the 3200 block of North Clark Street.

**Theft** on the 1500 block of North Clybourn Avenue.

**Assault** on the 4400 block of North Magnolia Avenue.

**Theft** on the 800 block of West Buckingham Place.

**Theft** on the 600 block of West Melrose Street.

**Assault** on the 4700 block of North Malden Street.

**Crime** reported on the 500 block of North Sheridan Road.

**Theft** on the 600 block of West North Avenue.

**Theft** on the 1600 block of West Beach Avenue.

**Assault** on the 3000 block of North Broadway.

**Theft** on the 1200 block of North Larabee Street.

**Theft** on the 500 block of West Roscoe Street.

**Theft** on the 6100 block of North Sheridan Road.

**Theft** on the 4600 block of North Malden Street.

**Theft** on the 1000 block of West Montrose Avenue.

**Theft** on the 2500 block of North Halsted Street.

**Theft** on the 3000 block of North Broadway.

**Assault** on the 1400 block of West Argyle Street.

**Assault** on the 5400 block of North Kenmore Avenue.

**Theft** on the 1500 block of West Hollywood Avenue.

**Crime** reported on the 3000 block of North Sheffield Avenue.

**Assault** on the 4400 block of North Sheridan Road.

**Vandalism** on the 1300 block of North Addison Street.

**Theft** on the 4700 block of North Lincoln Avenue.

**Assault** on the 1900 block of West Fullerton Avenue.

**Theft** on the 2500 block of North Lincoln Avenue.

**Assault** on the 4200 block of North Marine Drive.

**Vandalism** on the 5200 block of North Hoyne Avenue.

**Burglary** on the 3500 block of North Wilton Avenue.

**Crime** reported on the 2500 block of North Ashland Avenue.

**Theft** on the 5300 block of North Paulina Street.

**Assault** on the 2000 block of West Balmoral Avenue.

**Vandalism** on the 2000 block of West North Avenue.

**Assault** on the 2300 block of North Logan Boulevard.

**Assault** on the 4600 block of North Sheridan Road.

**Theft** on the 1900 block of West Summerdale Avenue.

**Assault** on the 3000 block of North Pulaski Road.

**Assault** on the 1600 block of West Fullerton Avenue.

**Crime** reported on the 3400 block of North Elaine Place.

**Vandalism** on the 4400 block of North Central Park Avenue.

**Theft** on the 3100 block of West North Avenue.

**Theft** on the 2600 block of North Elston Avenue.

**Theft** on the 1400 block of West Cortez Street.

**Theft** on the 2700 block of North Clark Street.

**Assault** on the 3000 block of North Lincoln Avenue.

**Assault** on the 2300 block of West Berwyn Avenue.

**Robbery** on the 1100 block of West Lawrence Avenue.

**Crime** reported on the 4800 block of North Lincoln Avenue.

**Theft** on the 3200 block of North Clark Street.

**Theft** on the 800 block of West Buckingham Place.

**Assault** on the 5100 block of North Lincoln Avenue.

**Theft** on the 600 block of West Melrose Street.

**Theft** on the 1800 block of North Mozart Street.

**Theft** on the 2000 block of North Clybourn Avenue.

**Vandalism** on the 4900 block of North Central Park Avenue.

**Theft** on the 4600 block of North Malden Street.

**Assault** on the 4700 block of North Malden Street.

**Theft** on the 500 block of West Roscoe Street.

**Assault** on the 4400 block of North Magnolia Avenue.

**Crime** reported on the 5000 block of North Sheridan Road.

**Vandalism** on the 3100 block of North Drake Avenue.

**Theft** on the 1600 block of West Beach Avenue.

**Assault** on the 3000 block of North Broadway.

**Theft** on the 1000 block of West Montrose Avenue.

**Theft** on the 2500 block of North Halsted Street.

**Crime** reported on the 1800 block of North Central Park Avenue.

**Theft** on the 3000 block of North Broadway.

**Assault** on the 6000 block of North Campbell Avenue.

**Assault** on the 1400 block of West Argyle Street.

**Assault** on the 3900 block of West Diversey Avenue.

**Assault** on the 5400 block of North Kenmore Avenue.

**Assault** on the 4700 block of North Lawndale Avenue.

**Theft** on the 1500 block of West Hollywood Avenue.

**Crime** reported on the 3000 block of North Sheffield Avenue.

**Assault** on the 4400 block of North Sheridan Road.

**Theft** on the 1100 block of Howard Street.

**Assault** on the 300 block of Ridge Avenue.

**Assault** on the 700 block of Dobson Street.

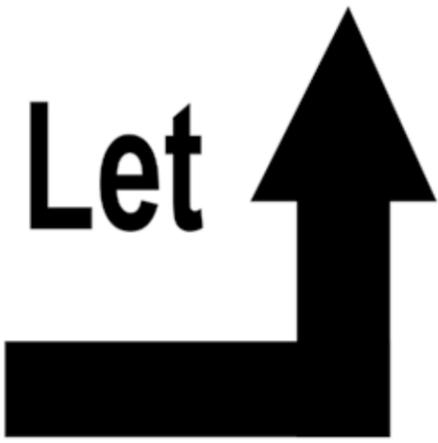
**Arrest** made on the 100 block of Custer Avenue.

**Shooting** on the 1100 block of Howard Street.

City wide Murder has increased 150%, Criminal Sexual Assault has increased 27%, Robbery has increased 38%, Aggravated battery increased 29% and Motor Vehicle Theft is up 69% according to the week of March 22nd, 2021 according to Chicago Police statistics. Just shooting incidents have increased 50% over last year year to date-city wide.

\*Source Chicago Police Department, Week 13

**Don't Let**



**THIS**

**Happen to You!**

**Protect yourself with**

**Pepper Spray from**

**ArmyNavySales.com**

**3100 N. Lincoln Ave**

**(773) 348-8930**

# Happy Mother's Day

May your Mother's Day  
be filled with  
love and happiness



This Mother's Day Greeting made possible by:

**Happy Mother's Day**

**Lakeview Newspaper**  
 Read our newspaper on line for FREE at [LakeviewNewspaper.com](http://LakeviewNewspaper.com)  
 Serving the communities of Lakeview, North Center, Roscoe Village  
 and Lincoln Square for over 25 years.

PO Box 578757 Chicago, Illinois 60657 (312) 493-0955



Thanks to all the women who have served in the armed services and the Mothers and Grandmothers and Great Grandmothers of our service men and women.

**Please go to our website**  
[www.ArmyNavySales.com](http://www.ArmyNavySales.com)

**Army Navy Sales**  
 3100 N. Lincoln Avenue, Chicago, Illinois  
 773-348-8930



**Shop Local  
 and help our local  
 businesses**

**Happy Mother's Day**  
 Alderman  
**Scott Waguespack**  
 32<sup>nd</sup> Ward  
 2657 North Clybourn  
 Chicago, IL 60614  
 (773) 248-1330  
[info@ward32.org](mailto:info@ward32.org)



**HAPPY MOTHER'S DAY**

*Established 1889*

**GREIN**

**FUNERAL DIRECTORS**  
 2114 W. Irving Park Road  
 Chicago, Illinois 60618

Nicole S. Smith, Funeral Director 773-588-6336

**Central Savings**  
 founded 1893

*Just for you Mom...Happy Mother's Day!*

1601 W. Belmont at Lincoln and Ashland 773-528-0200  
 2827 N. Clark 773-528-2800  
 2601 W. Division 773-342-2711




**The Garden Bug**

### Birds use plants



Birds forage among plants for seeds, flower nectar, berries, fruit, nuts and grains. They collect dried grass, pine needles, lichen, moss, twigs, small plant roots, plant down, plant stems, sticks and weeds to use in building their nests. Their favorite places for shelter are in a thorny hedge, spiky plants or trees, in high tree canopy, in densely foliated trees such as conifers, in the cavities of tree trunks or branches, flowering shrubs or in dense ground cover. - Brenda Weaver

Sources: [www.vandusengarden.org](http://www.vandusengarden.org), [www.allaboutbirds.org](http://www.allaboutbirds.org)

© 2021 by King Features Syndicate, Inc. World rights reserved.

**The Garden Bug**

### "Shakespeare" gardens



honor the famous playwright and have been set up in parks all over the world, often near theatres. They contain plants, flowers and trees found in his many works, such as almond, birch, blackberries, camomile, caraway, cedar, daffodil, ebony, fig, gooseberry, hazel, hyssop, lettuce, marjoram, mulberry, nutmeg, oats, olive, pear, pomegranate, quince, radish, rye, rosemary, saffron, strawberry, sycamore, thorn, violet, wormwood and yew. - Brenda Weaver

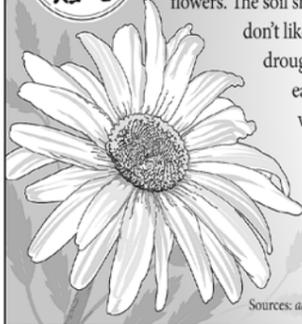
Rosemary (18th-century woodcut)

Sources: *The Plant-Lore and Garden-Craft of Shakespeare* by Henry Ellacombe, 1884; [www.botanicashakespeare.com](http://www.botanicashakespeare.com)

© 2021 by King Features Syndicate, Inc. World rights reserved.

**The Garden Bug**

### Planting Shasta daisies



Daisies love full-sun locations. They need fertile soil, but not too rich, or there will be more vegetation than flowers. The soil should also drain very well, as Shastas don't like soggy soil; in fact, they can tolerate drought conditions to some degree. Space each plant about 1-2 feet apart. Dwarf varieties won't need much protection from the wind, but the taller types likely will, and possibly support stakes also. Divide plants at the roots when they grow too thickly together. - Brenda Weaver

Sources: [almanac.com](http://almanac.com), [americanmeadows.com](http://americanmeadows.com)

© 2021 by King Features Syndicate, Inc. World rights reserved.

# Northcenter Shops and Services

These businesses are true professionals dedicated to you and believe in personal service

**Happy Kidds Group**  
**HAPPY KIDS Daycare Home**

- ◆ Open year round
- ◆ Fenced in play yard
- ◆ City and State licensed for over 15 years
- ◆ Insured
- ◆ Ages 6 weeks to 6 years old
- ◆ Federal Food Program

**2148 W. Montrose 773-728-KIDS**  
**773-728-5437**

Hours: 7am-6pm Mon. thru Fri.  
 (The Big Blue House-Go Cubs)

## Business Spotlight



**Dan Scott**, Co-owner of The UPS Store, 4044 North Lincoln Avenue. He and his staff are packing and shipping professionals.

He is dedicated to giving each and every customer the personal attention required to ensure that your experience will be a positive one.

If you need to rent a mail box, ship a parcel, have copies made, need something faxed or have a presentation or direct mail piece put together he can assist you.

Call The UPS Store at (773) 871-1400

**The UPS Store** 

### Heading to the Post Office? See us first.



**New, more competitive rates.\* Same great service. Shorter lines.**

**Just One Block North Of Irving Park!**  
 4044 N Lincoln Ave  
 Chicago, IL 60618  
 (773) 871-1400  
[store4569@theupsstore.com](mailto:store4569@theupsstore.com)  
[theupsstorelocal.com/4569](http://theupsstorelocal.com/4569)

**Hours:**  
**Mon-Fri** 09:00 AM-07:00 PM  
**Sat** 09:00 AM-05:00 PM  
**Sun** Closed

\*Rates referenced are the UPS® Ground Retail Rates effective as of 7/10/16 and USPS Priority Mail rates effective as of . New competitive UPS Ground rates vs. the Post Office™. Comparison is made by comparing UPS and USPS® retail rate charts of similar weight and distance. Neither UPS nor USPS dimensional weight factors were used in this comparison. Individual package comparison may differ when considering dimensional weight factors. For more information, see the terms and conditions on [ups.com/rates](http://ups.com/rates). For exact rates, come to The UPS Store. Priority Mail rate does not include the published charge of \$2.65, which provides up to \$100 indemnity coverage for a lost, rifled or damaged article. See [usps.com](http://usps.com) for more information. All rates subject to change. Priority Mail is a registered trademark of the United States Postal Service.

The UPS Store® locations are independently owned and operated by franchisees of The UPS Store, Inc. in the USA and by its master licensee and its franchisees in Canada. Services, pricing and hours of operation may vary by location. Copyright © 2016 The UPS Store, Inc.

## Quotes worth your time

**"You don't have a soul, You are a soul. You have a body".**  
 C.S. Lewis

**"Trouble knocked on the door, but hearing laughter, hurried away,"**  
 Benjamin Franklin

**"As a child my family's menu consisted of two choices: take it or leave it."**  
 Buddy Hackett

**"A computer once beat me at chess, but it was no match for me at kick boxing."**  
 Emo Philips

**Reading Lakeview Newspaper will make you smarter.**

**Lakeview Newspaper**  
 PO Box 578757 • Chicago, Illinois 60657  
[www.Lakeviewnewspaper.com](http://www.Lakeviewnewspaper.com)

## Subscribe to Lakeview Newspaper

See form on page 7

# Comics

## R.F.D.

by Mike Marland



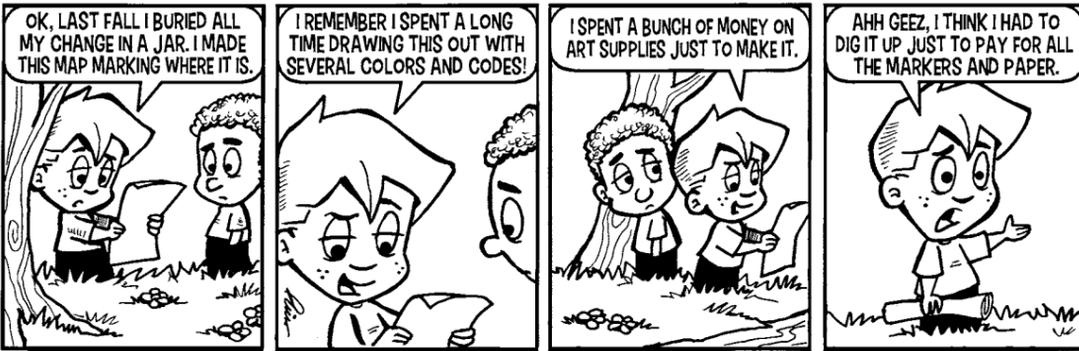
## Out on a Limb

by Gary Kopervas



## Amber Waves

by Dave T. Phipps



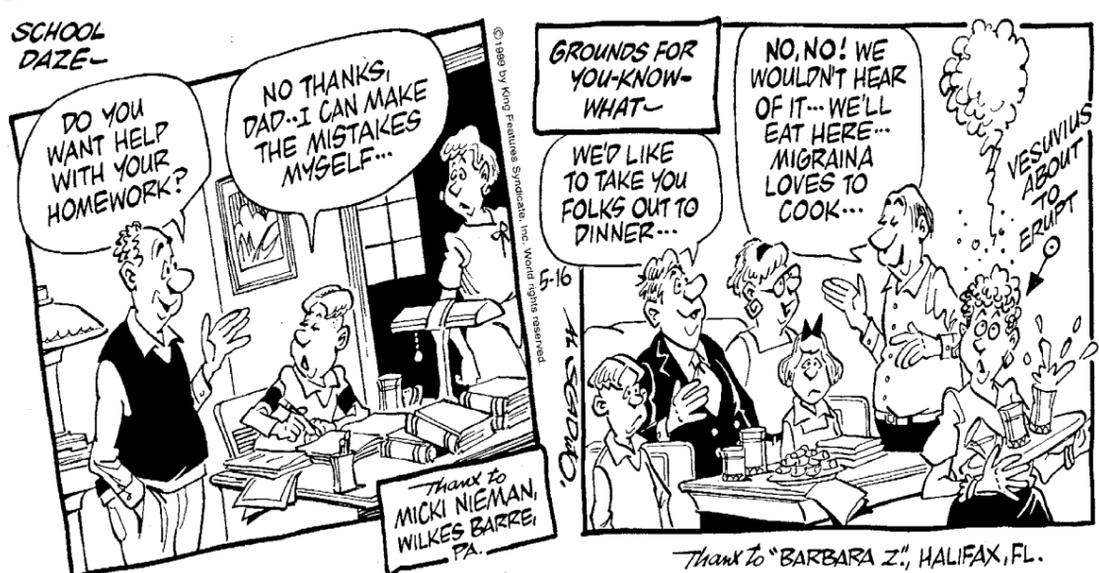
## The Spats

by Jeff Pickering



## THEY'LL DO IT EVERY TIME

BY AL SCADUTO



### Junior Whirl

by Charles Barry Townsend

**HOT DOG!** Jimmy likes to "decorate" his hot dogs in the following order: mustard first, then relish, onions and sauerkraut. What routes should Jimmy take?

**GREEN STUFF!** When Farmer Brown closed up his roadside stand for the day, he found that he took in \$700 in dollar bills, half-dollars and quarters. He also noted that he had an equal number of each. Can you figure out how many of each denomination he had?

**NO MEAT BALL!** Pictured below are two puzzle grids, A and B. Each contains four words that you must figure out. Hints are given beside each word and one letter has already been filled in. Also, the words in Grid B contain the same letters as the corresponding words in Grid A.

**GRID A**

M	E		
	E	A	
			T

**GRID B**

L	E		
	E	S	
			S

**CLUES:**  
 1. Citrus fruit.  
 2. Fast planes.  
 3. Type of cut.  
 4. Famous musical.

### Junior Whirl

by Charles Barry Townsend

**MAVIS LOVES TO MAKE PAPER CHAIN DECORATIONS.** See how many paper links you can count in the above drawing.

**A NEAT WAGER!** Draw nine dots on a sheet of paper (Fig. 1). Challenge your friends to connect them up by drawing four straight lines through them without lifting the pencil from the paper. (See Fig. 2 for solution.)

**THE "M" PYRAMID!** As you move down the word pyramid shown here, each word contains the same letters as the word above it, plus a new letter. We give you all the M's. Here are some hints from the top down:

**ANSWERS:** 1. Assist 2. Field 3. Jump 4. Fleckles 5. Missing 6. Flower 7. Smaller 8. Frame 9. Smaller 10. Jump 11. Smaller 12. Fleckles 13. Missing 14. Flower 15. Smaller 16. Frame 17. Smaller 18. Jump 19. Smaller 20. Fleckles 21. Missing 22. Flower 23. Smaller 24. Frame 25. Smaller 26. Jump 27. Smaller 28. Fleckles 29. Missing 30. Flower 31. Smaller 32. Frame 33. Smaller 34. Jump 35. Smaller 36. Fleckles 37. Missing 38. Flower 39. Smaller 40. Frame 41. Smaller 42. Jump 43. Smaller 44. Fleckles 45. Missing 46. Flower 47. Smaller 48. Frame 49. Smaller 50. Jump 51. Smaller 52. Fleckles 53. Missing 54. Flower 55. Smaller 56. Frame 57. Smaller 58. Jump 59. Smaller 60. Fleckles 61. Missing 62. Flower 63. Smaller 64. Frame 65. Smaller 66. Jump 67. Smaller 68. Fleckles 69. Missing 70. Flower 71. Smaller 72. Frame 73. Smaller 74. Jump 75. Smaller 76. Fleckles 77. Missing 78. Flower 79. Smaller 80. Frame 81. Smaller 82. Jump 83. Smaller 84. Fleckles 85. Missing 86. Flower 87. Smaller 88. Frame 89. Smaller 90. Jump 91. Smaller 92. Fleckles 93. Missing 94. Flower 95. Smaller 96. Frame 97. Smaller 98. Jump 99. Smaller 100. Fleckles 101. Missing 102. Flower 103. Smaller 104. Frame 105. Smaller 106. Jump 107. Smaller 108. Fleckles 109. Missing 110. Flower 111. Smaller 112. Frame 113. Smaller 114. Jump 115. Smaller 116. Fleckles 117. Missing 118. Flower 119. Smaller 120. Frame 121. Smaller 122. Jump 123. Smaller 124. Fleckles 125. Missing 126. Flower 127. Smaller 128. Frame 129. Smaller 130. Jump 131. Smaller 132. Fleckles 133. Missing 134. Flower 135. Smaller 136. Frame 137. Smaller 138. Jump 139. Smaller 140. Fleckles 141. Missing 142. Flower 143. Smaller 144. Frame 145. Smaller 146. Jump 147. Smaller 148. Fleckles 149. Missing 150. Flower 151. Smaller 152. Frame 153. Smaller 154. Jump 155. Smaller 156. Fleckles 157. Missing 158. Flower 159. Smaller 160. Frame 161. Smaller 162. Jump 163. Smaller 164. Fleckles 165. Missing 166. Flower 167. Smaller 168. Frame 169. Smaller 170. Jump 171. Smaller 172. Fleckles 173. Missing 174. Flower 175. Smaller 176. Frame 177. Smaller 178. Jump 179. Smaller 180. Fleckles 181. Missing 182. Flower 183. Smaller 184. Frame 185. Smaller 186. Jump 187. Smaller 188. Fleckles 189. Missing 190. Flower 191. Smaller 192. Frame 193. Smaller 194. Jump 195. Smaller 196. Fleckles 197. Missing 198. Flower 199. Smaller 200. Frame 201. Smaller 202. Jump 203. Smaller 204. Fleckles 205. Missing 206. Flower 207. Smaller 208. Frame 209. Smaller 210. Jump 211. Smaller 212. Fleckles 213. Missing 214. Flower 215. Smaller 216. Frame 217. Smaller 218. Jump 219. Smaller 220. Fleckles 221. Missing 222. Flower 223. Smaller 224. Frame 225. Smaller 226. Jump 227. Smaller 228. Fleckles 229. Missing 230. Flower 231. Smaller 232. Frame 233. Smaller 234. Jump 235. Smaller 236. Fleckles 237. Missing 238. Flower 239. Smaller 240. Frame 241. Smaller 242. Jump 243. Smaller 244. Fleckles 245. Missing 246. Flower 247. Smaller 248. Frame 249. Smaller 250. Jump 251. Smaller 252. Fleckles 253. Missing 254. Flower 255. Smaller 256. Frame 257. Smaller 258. Jump 259. Smaller 260. Fleckles 261. Missing 262. Flower 263. Smaller 264. Frame 265. Smaller 266. Jump 267. Smaller 268. Fleckles 269. Missing 270. Flower 271. Smaller 272. Frame 273. Smaller 274. Jump 275. Smaller 276. Fleckles 277. Missing 278. Flower 279. Smaller 280. Frame 281. Smaller 282. Jump 283. Smaller 284. Fleckles 285. Missing 286. Flower 287. Smaller 288. Frame 289. Smaller 290. Jump 291. Smaller 292. Fleckles 293. Missing 294. Flower 295. Smaller 296. Frame 297. Smaller 298. Jump 299. Smaller 300. Fleckles 301. Missing 302. Flower 303. Smaller 304. Frame 305. Smaller 306. Jump 307. Smaller 308. Fleckles 309. Missing 310. Flower 311. Smaller 312. Frame 313. Smaller 314. Jump 315. Smaller 316. Fleckles 317. Missing 318. Flower 319. Smaller 320. Frame 321. Smaller 322. Jump 323. Smaller 324. Fleckles 325. Missing 326. Flower 327. Smaller 328. Frame 329. Smaller 330. Jump 331. Smaller 332. Fleckles 333. Missing 334. Flower 335. Smaller 336. Frame 337. Smaller 338. Jump 339. Smaller 340. Fleckles 341. Missing 342. Flower 343. Smaller 344. Frame 345. Smaller 346. Jump 347. Smaller 348. Fleckles 349. Missing 350. Flower 351. Smaller 352. Frame 353. Smaller 354. Jump 355. Smaller 356. Fleckles 357. Missing 358. Flower 359. Smaller 360. Frame 361. Smaller 362. Jump 363. Smaller 364. Fleckles 365. Missing 366. Flower 367. Smaller 368. Frame 369. Smaller 370. Jump 371. Smaller 372. Fleckles 373. Missing 374. Flower 375. Smaller 376. Frame 377. Smaller 378. Jump 379. Smaller 380. Fleckles 381. Missing 382. Flower 383. Smaller 384. Frame 385. Smaller 386. Jump 387. Smaller 388. Fleckles 389. Missing 390. Flower 391. Smaller 392. Frame 393. Smaller 394. Jump 395. Smaller 396. Fleckles 397. Missing 398. Flower 399. Smaller 400. Frame 401. Smaller 402. Jump 403. Smaller 404. Fleckles 405. Missing 406. Flower 407. Smaller 408. Frame 409. Smaller 410. Jump 411. Smaller 412. Fleckles 413. Missing 414. Flower 415. Smaller 416. Frame 417. Smaller 418. Jump 419. Smaller 420. Fleckles 421. Missing 422. Flower 423. Smaller 424. Frame 425. Smaller 426. Jump 427. Smaller 428. Fleckles 429. Missing 430. Flower 431. Smaller 432. Frame 433. Smaller 434. Jump 435. Smaller 436. Fleckles 437. Missing 438. Flower 439. Smaller 440. Frame 441. Smaller 442. Jump 443. Smaller 444. Fleckles 445. Missing 446. Flower 447. Smaller 448. Frame 449. Smaller 450. Jump 451. Smaller 452. Fleckles 453. Missing 454. Flower 455. Smaller 456. Frame 457. Smaller 458. Jump 459. Smaller 460. Fleckles 461. Missing 462. Flower 463. Smaller 464. Frame 465. Smaller 466. Jump 467. Smaller 468. Fleckles 469. Missing 470. Flower 471. Smaller 472. Frame 473. Smaller 474. Jump 475. Smaller 476. Fleckles 477. Missing 478. Flower 479. Smaller 480. Frame 481. Smaller 482. Jump 483. Smaller 484. Fleckles 485. Missing 486. Flower 487. Smaller 488. Frame 489. Smaller 490. Jump 491. Smaller 492. Fleckles 493. Missing 494. Flower 495. Smaller 496. Frame 497. Smaller 498. Jump 499. Smaller 500. Fleckles 501. Missing 502. Flower 503. Smaller 504. Frame 505. Smaller 506. Jump 507. Smaller 508. Fleckles 509. Missing 510. Flower 511. Smaller 512. Frame 513. Smaller 514. Jump 515. Smaller 516. Fleckles 517. Missing 518. Flower 519. Smaller 520. Frame 521. Smaller 522. Jump 523. Smaller 524. Fleckles 525. Missing 526. Flower 527. Smaller 528. Frame 529. Smaller 530. Jump 531. Smaller 532. Fleckles 533. Missing 534. Flower 535. Smaller 536. Frame 537. Smaller 538. Jump 539. Smaller 540. Fleckles 541. Missing 542. Flower 543. Smaller 544. Frame 545. Smaller 546. Jump 547. Smaller 548. Fleckles 549. Missing 550. Flower 551. Smaller 552. Frame 553. Smaller 554. Jump 555. Smaller 556. Fleckles 557. Missing 558. Flower 559. Smaller 560. Frame 561. Smaller 562. Jump 563. Smaller 564. Fleckles 565. Missing 566. Flower 567. Smaller 568. Frame 569. Smaller 570. Jump 571. Smaller 572. Fleckles 573. Missing 574. Flower 575. Smaller 576. Frame 577. Smaller 578. Jump 579. Smaller 580. Fleckles 581. Missing 582. Flower 583. Smaller 584. Frame 585. Smaller 586. Jump 587. Smaller 588. Fleckles 589. Missing 590. Flower 591. Smaller 592. Frame 593. Smaller 594. Jump 595. Smaller 596. Fleckles 597. Missing 598. Flower 599. Smaller 600. Frame 601. Smaller 602. Jump 603. Smaller 604. Fleckles 605. Missing 606. Flower 607. Smaller 608. Frame 609. Smaller 610. Jump 611. Smaller 612. Fleckles 613. Missing 614. Flower 615. Smaller 616. Frame 617. Smaller 618. Jump 619. Smaller 620. Fleckles 621. Missing 622. Flower 623. Smaller 624. Frame 625. Smaller 626. Jump 627. Smaller 628. Fleckles 629. Missing 630. Flower 631. Smaller 632. Frame 633. Smaller 634. Jump 635. Smaller 636. Fleckles 637. Missing 638. Flower 639. Smaller 640. Frame 641. Smaller 642. Jump 643. Smaller 644. Fleckles 645. Missing 646. Flower 647. Smaller 648. Frame 649. Smaller 650. Jump 651. Smaller 652. Fleckles 653. Missing 654. Flower 655. Smaller 656. Frame 657. Smaller 658. Jump 659. Smaller 660. Fleckles 661. Missing 662. Flower 663. Smaller 664. Frame 665. Smaller 666. Jump 667. Smaller 668. Fleckles 669. Missing 670. Flower 671. Smaller 672. Frame 673. Smaller 674. Jump 675. Smaller 676. Fleckles 677. Missing 678. Flower 679. Smaller 680. Frame 681. Smaller 682. Jump 683. Smaller 684. Fleckles 685. Missing 686. Flower 687. Smaller 688. Frame 689. Smaller 690. Jump 691. Smaller 692. Fleckles 693. Missing 694. Flower 695. Smaller 696. Frame 697. Smaller 698. Jump 699. Smaller 700. Fleckles 701. Missing 702. Flower 703. Smaller 704. Frame 705. Smaller 706. Jump 707. Smaller 708. Fleckles 709. Missing 710. Flower 711. Smaller 712. Frame 713. Smaller 714. Jump 715. Smaller 716. Fleckles 717. Missing 718. Flower 719. Smaller 720. Frame 721. Smaller 722. Jump 723. Smaller 724. Fleckles 725. Missing 726. Flower 727. Smaller 728. Frame 729. Smaller 730. Jump 731. Smaller 732. Fleckles 733. Missing 734. Flower 735. Smaller 736. Frame 737. Smaller 738. Jump 739. Smaller 740. Fleckles 741. Missing 742. Flower 743. Smaller 744. Frame 745. Smaller 746. Jump 747. Smaller 748. Fleckles 749. Missing 750. Flower 751. Smaller 752. Frame 753. Smaller 754. Jump 755. Smaller 756. Fleckles 757. Missing 758. Flower 759. Smaller 760. Frame 761. Smaller 762. Jump 763. Smaller 764. Fleckles 765. Missing 766. Flower 767. Smaller 768. Frame 769. Smaller 770. Jump 771. Smaller 772. Fleckles 773. Missing 774. Flower 775. Smaller 776. Frame 777. Smaller 778. Jump 779. Smaller 780. Fleckles 781. Missing 782. Flower 783. Smaller 784. Frame 785. Smaller 786. Jump 787. Smaller 788. Fleckles 789. Missing 790. Flower 791. Smaller 792. Frame 793. Smaller 794. Jump 795. Smaller 796. Fleckles 797. Missing 798. Flower 799. Smaller 800. Frame 801. Smaller 802. Jump 803. Smaller 804. Fleckles 805. Missing 806. Flower 807. Smaller 808. Frame 809. Smaller 810. Jump 811. Smaller 812. Fleckles 813. Missing 814. Flower 815. Smaller 816. Frame 817. Smaller 818. Jump 819. Smaller 820. Fleckles 821. Missing 822. Flower 823. Smaller 824. Frame 825. Smaller 826. Jump 827. Smaller 828. Fleckles 829. Missing 830. Flower 831. Smaller 832. Frame 833. Smaller 834. Jump 835. Smaller 836. Fleckles 837. Missing 838. Flower 839. Smaller 840. Frame 841. Smaller 842. Jump 843. Smaller 844. Fleckles 845. Missing 846. Flower 847. Smaller 848. Frame 849. Smaller 850. Jump 851. Smaller 852. Fleckles 853. Missing 854. Flower 855. Smaller 856. Frame 857. Smaller 858. Jump 859. Smaller 860. Fleckles 861. Missing 862. Flower 863. Smaller 864. Frame 865. Smaller 866. Jump 867. Smaller 868. Fleckles 869. Missing 870. Flower 871. Smaller 872. Frame 873. Smaller 874. Jump 875. Smaller 876. Fleckles 877. Missing 878. Flower 879. Smaller 880. Frame 881. Smaller 882. Jump 883. Smaller 884. Fleckles 885. Missing 886. Flower 887. Smaller 888. Frame 889. Smaller 890. Jump 891. Smaller 892. Fleckles 893. Missing 894. Flower 895. Smaller 896. Frame 897. Smaller 898. Jump 899. Smaller 900. Fleckles 901. Missing 902. Flower 903. Smaller 904. Frame 905. Smaller 906. Jump 907. Smaller 908. Fleckles 909. Missing 910. Flower 911. Smaller 912. Frame 913. Smaller 914. Jump 915. Smaller 916. Fleckles 917. Missing 918. Flower 919. Smaller 920. Frame 921. Smaller 922. Jump 923. Smaller 924. Fleckles 925. Missing 926. Flower 927. Smaller 928. Frame 929. Smaller 930. Jump 931. Smaller 932. Fleckles 933. Missing 934. Flower 935. Smaller 936. Frame 937. Smaller 938. Jump 939. Smaller 940. Fleckles 941. Missing 942. Flower 943. Smaller 944. Frame 945. Smaller 946. Jump 947. Smaller 948. Fleckles 949. Missing 950. Flower 951. Smaller 952. Frame 953. Smaller 954. Jump 955. Smaller 956. Fleckles 957. Missing 958. Flower 959. Smaller 960. Frame 961. Smaller 962. Jump 963. Smaller 964. Fleckles 965. Missing 966. Flower 967. Smaller 968. Frame 969. Smaller 970. Jump 971. Smaller 972. Fleckles 973. Missing 974. Flower 975. Smaller 976. Frame 977. Smaller 978. Jump 979. Smaller 980. Fleckles 981. Missing 982. Flower 983. Smaller 984. Frame 985. Smaller 986. Jump 987. Smaller 988. Fleckles 989. Missing 990. Flower 991. Smaller 992. Frame 993. Smaller 994. Jump 995. Smaller 996. Fleckles 997. Missing 998. Flower 999. Smaller 1000. Frame 1001. Smaller 1002. Jump 1003. Smaller 1004. Fleckles 1005. Missing 1006. Flower 1007. Smaller 1008. Frame 1009. Smaller 1010. Jump 1011. Smaller 1012. Fleckles 1013. Missing 1014. Flower 1015. Smaller 1016. Frame 1017. Smaller 1018. Jump 1019. Smaller 1020. Fleckles 1021. Missing 1022. Flower 1023. Smaller 1024. Frame 1025. Smaller 1026. Jump 1027. Smaller 1028. Fleckles 1029. Missing 1030. Flower 1031. Smaller 1032. Frame 1033. Smaller 1034. Jump 1035. Smaller 1036. Fleckles 1037. Missing 1038. Flower 1039. Smaller 1040. Frame 1041. Smaller 1042. Jump 1043. Smaller 1044. Fleckles 1045. Missing 1046. Flower 1047. Smaller 1048. Frame 1049. Smaller 1050. Jump 1051. Smaller 1052. Fleckles 1053. Missing 1054. Flower 1055. Smaller 1056. Frame 1057. Smaller 1058. Jump 1059. Smaller 1060. Fleckles 1061. Missing 1062. Flower 1063. Smaller 1064. Frame 1065. Smaller 1066. Jump 1067. Smaller 1068. Fleckles 1069. Missing 1070. Flower 1071. Smaller 1072. Frame 1073. Smaller 1074. Jump 1075. Smaller 1076. Fleckles 1077. Missing 1078. Flower 1079. Smaller 1080. Frame 1081. Smaller 1082. Jump 1083. Smaller 1084. Fleckles 1085. Missing 1086. Flower 1087. Smaller 1088. Frame 1089. Smaller 1090. Jump 1091. Smaller 1092. Fleckles 1093. Missing 1094. Flower 1095. Smaller 1096. Frame 1097. Smaller 1098. Jump 1099. Smaller 1100. Fleckles 1101. Missing 1102. Flower 1103. Smaller 1104. Frame 1105. Smaller 1106. Jump 1107. Smaller 1108. Fleckles 1109. Missing 1110. Flower 1111. Smaller 1112. Frame 1113. Smaller 1114. Jump 1115. Smaller 1116. Fleckles 1117. Missing 1118. Flower 1119. Smaller 1120. Frame 1121. Smaller 1122. Jump 1123. Smaller 1124. Fleckles 1125. Missing 1126. Flower 1127. Smaller 1128. Frame 1129. Smaller 1130. Jump 1131. Smaller 1132. Fleckles 1133. Missing 1134. Flower 1135. Smaller 1136. Frame 1137. Smaller 1138. Jump 1139. Smaller 1140. Fleckles 1141. Missing 1142. Flower 1143. Smaller 1144. Frame 1145. Smaller 1146. Jump 1147. Smaller 1148. Fleckles 1149. Missing 1150. Flower 1151. Smaller 1152. Frame 1153. Smaller 1154. Jump 1155. Smaller 1156. Fleckles 1157. Missing 1158. Flower 1159. Smaller 1160. Frame 1161. Smaller 1162. Jump 1163. Smaller 1164. Fleckles 1165. Missing 1166. Flower 1167. Smaller 1168. Frame 1169. Smaller 1170. Jump 1171. Smaller 1172. Fleckles 1173. Missing 1174. Flower 1175. Smaller 1176. Frame 1177. Smaller 1178. Jump 1179. Smaller 1180. Fleckles 1181. Missing 1182. Flower 1183. Smaller 1184. Frame 1185. Smaller 1186. Jump 1187. Smaller 1188. Fleckles 1189. Missing 1190. Flower 1191. Smaller 1192. Frame 1193. Smaller 1194. Jump 1195. Smaller 1196. Fleckles 1197. Missing 1198. Flower 1199. Smaller 1200. Frame 1201. Smaller 1202. Jump 1203. Smaller 1204. Fleckles 1205. Missing 1206. Flower 1207. Smaller 1208. Frame 1209. Smaller 1210. Jump 1211. Smaller 1212. Fleckles 1213. Missing 1214. Flower 1215. Smaller 1216. Frame 1217. Smaller 1218. Jump 1219. Smaller 1220. Fleckles 1221. Missing 1222. Flower 1223. Smaller 1224. Frame 1225. Smaller 1226. Jump 1227. Smaller 1228. Fleckles 1229. Missing 1230. Flower 1231. Smaller 1232. Frame 1233. Smaller 1234. Jump 1235. Smaller 1236. Fleckles 1237. Missing 1238. Flower 1239. Smaller 1240. Frame 1241. Smaller 1242. Jump 1243. Smaller 1244. Fleckles 1245. Missing 1246. Flower 1247. Smaller 1248. Frame 1249. Smaller 1250. Jump 1251. Smaller 1252. Fleckles 1253. Missing 1254. Flower 1255. Smaller 1256. Frame 1257. Smaller 1258. Jump 1259. Smaller 1260. Fleckles 1261. Missing 1262. Flower 1263. Smaller 1264. Frame 1265. Smaller 1266. Jump 1267. Smaller 1268. Fleckles 1269. Missing 1270. Flower 1271. Smaller 1272. Frame 1273. Smaller 1274. Jump 1275. Smaller 1276. Fleckles 1277. Missing 1278. Flower 1279. Smaller 1280. Frame 1281. Smaller 1282. Jump 1283. Smaller 1284. Fleckles 1285. Missing 1286. Flower 1287. Smaller 1288. Frame 1289. Smaller 1290. Jump 1291. Smaller 1292. Fleckles 1293. Missing 1294. Flower 1295. Smaller 1296. Frame 1297. Smaller 1298. Jump 1299. Smaller 1300. Fleckles 1301. Missing 1302. Flower 1303. Smaller 1304. Frame 1305. Smaller 1306. Jump 1307. Smaller 1308. Fleckles 1309. Missing 1310. Flower 1311. Smaller 1312. Frame 1313. Smaller 1314. Jump 1315. Smaller 1316. Fleckles 1317. Missing 1318. Flower 1319. Smaller 1320. Frame 1321. Smaller 1322. Jump 1323. Smaller 1324. Fleckles 1325. Missing 1326. Flower 1327. Smaller 1328. Frame 1329. Smaller 1330. Jump 1331. Smaller 1332. Fleckles 1333. Missing 1334. Flower 1335. Smaller 1336. Frame 1337. Smaller 1338. Jump 1339. Smaller 1340. Fleckles 1341. Missing 1342. Flower 1343. Smaller 1344. Frame 1345. Smaller 1346. Jump 1347. Smaller 1348. Fleckles 1349. Missing 1350. Flower 1351. Smaller 1352. Frame 1353. Smaller 1354. Jump 1355. Smaller 1356. Fleckles 1357. Missing 1358. Flower 1359. Smaller 1360. Frame 1361. Smaller 1362. Jump 1363. Smaller 1364. Fleckles 1365. Missing 1366. Flower 1367. Smaller 1368. Frame 1369. Smaller 1370. Jump 1371. Smaller 1372. Fleckles 1373. Missing 1374. Flower 1375. Smaller 1376. Frame 1377. Smaller 1378. Jump 1379. Smaller 1380. Fleckles 1381. Missing 1382. Flower 1383. Smaller 1384. Frame 1385. Smaller 1386. Jump 1387. Smaller 1388. Fleckles 1389. Missing 1390. Flower 1391. Smaller 1392. Frame 1393. Smaller 1394. Jump 1395. Smaller 1396. Fleckles 1397. Missing 1398. Flower 1399. Smaller 1400. Frame 1401. Smaller 1402. Jump 1403. Smaller 1404. Fleckles 1405. Missing 1406. Flower 1407. Smaller 1408. Frame 1409. Smaller 1410. Jump 1411. Smaller 1412. Fleckles 1413. Missing 1414. Flower 1415. Smaller 1416. Frame 1417. Smaller 1418. Jump 1419. Smaller 1420. Fleckles 1421. Missing 1422. Flower 1423. Smaller 1424. Frame 1425. Smaller 1426. Jump 1427. Smaller 1428. Fleckles 1429. Missing 1430. Flower 1431. Smaller 1432. Frame 1433. Smaller 1434. Jump 1435. Smaller 1436. Fleckles 1437. Missing 1438. Flower 1439. Smaller 1440. Frame 1441. Smaller 1442. Jump 1443. Smaller 1444. Fleckles 1445. Missing 1446. Flower 1447. Smaller 1448. Frame 1449. Smaller 1450. Jump 1451. Smaller 1452. Fleckles 1453. Missing 1454. Flower 1455. Smaller 1456. Frame 1457. Smaller 1458. Jump 1459. Smaller 1460. Fleckles 1461. Missing 1462. Flower 1463. Smaller 1464. Frame 1465. Smaller 1466. Jump 1467. Smaller 1468. Fleckles 1469. Missing 1470. Flower 1471. Smaller 1472. Frame 1473. Smaller 1474. Jump 1475. Smaller 1476. Fleckles 1477. Missing 1478. Flower 1479. Smaller 1480. Frame 1481. Smaller 1482. Jump

# Launch Your Boat into a New Season

FAMILY FEATURES

Whether you're racing against the waves or quietly floating with a pole in hand, a day on the water is hard to beat. However, before you can enjoy the excitement of a new season, there are several steps you need to take to make sure your boat is ready for the ride.

### System Check

Your boat's fuel and electric systems need an experienced eye to determine potential problems. Cracked or damaged hoses and connections need to be replaced, and all fittings and clamps should be checked to ensure they're tight and secure. Test exhaust and ventilation systems, and replace worn or loose belts and cables, giving special attention to the steering and throttle cables. If you didn't change the oil and filter before putting your boat in storage, do so before the season begins. Also be sure to check oil, power steering fluid and coolant levels as well as running lights and emergency features such as horns.

### Battery Function

A reliable power source is essential for powering your trolling motor and operating accessories like fish finders when your engine isn't running. You'll need to test your battery before heading out on the water. If it's time for a replacement, look for a powerful and cost-efficient option like Interstate Batteries' Enhanced Flooded Deep-Cycle Marine Battery. The battery features a durable design with extended battery life and includes a two-year, free replacement warranty.

### Visual Inspection

After several months in storage, it's a good idea to give your boat a thorough inspection so you can identify any holes, cracks or dings that may impact its performance or safety. Scan the hull closely to for any abnormalities and check the propeller, as even minor dings and scratches can affect its operation.

### Careful Cleaning

Depending on the security of your storage space and how you covered your boat, you may not have much heavy cleaning to do. However, it's a good idea to start the season fresh by giving everything a thorough wipe down. This can help illuminate any problems you may have overlooked during your visual inspection. In addition, using UV protectant on exposed surfaces can help prevent damage such as cracks and fading caused by harsh sunlight.

### Safety Supplies

Before you hitch the trailer, take inventory of your on-board safety supplies. Be sure your life jackets are in good condition and that you have options to appropriately fit all passengers. Check fire extinguishers to ensure they're in good working order and test the carbon monoxide detector (or add one if there's not already a detector installed). Also scan your safety kit; update any expired items and replenish your supply of bandages or other items that may be running low.

Find more information to get your summer on the water underway at [interstatebatteries.com](http://interstatebatteries.com).



Photos courtesy of Getty Images



### Finding the Best Battery for Your Boat

No matter how you spend your time on the water, a durable and reliable battery is a must. Learn what kind of battery is best for your boating needs from the experts at Interstate Batteries:

**Starting:** Whether you're sailing the ocean or ripping it up in a motorboat, starting batteries are built to withstand most marine conditions.

**Deep-Cycle:** These batteries are the most popular line of marine batteries and offer strong, reliable power. This type of battery is used to start your trolling motor and power other accessories like fish finders whether your engine is running or not.

**Dual-Purpose:** Originally developed for military tanks and submarines, this type of battery has the staying power of a deep-cycle battery coupled with high-cranking performance.

**Powersport:** When you're trying to catch every wave, the last thing you want is a weak battery. These top-quality batteries are built to withstand the most rugged conditions on the water.

# Plan an Angler's Adventure Like a Pro

FAMILY FEATURES

Fishing is a treasured pastime for Americans from coast to coast, but the experience can be as individual as the person reeling them in. A successful angling excursion begins with thoughtful planning and all the right gear.

If you're new to the sport, gearing up for your first fishing season may feel equally exciting and overwhelming. On the other hand, a seasoned pro can always benefit from periodically taking stock of tackle, gear and other equipment to increase the thrill of a great catch.

### License and Registration

With just a few exceptions, fishing requires a license. Thanks to the internet, a fishing license is easy to come by, even if you're not a resident of the place where you'll be dropping a line. Pay close attention to the different types of licenses offered so you're not vulnerable to fines or penalties. It's a good idea to store your permit in a waterproof container in a cubby on your boat or in your tackle box.

### Boat

Unless you're planning to fish strictly from the shoreline or a bridge, you'll probably need a boat to reach the best fishing waters. Boat styles vary depending on the species you're angling for and the body of water you'll use to drop a line, and dozens of features and options let you customize your experience.

A leading boat maker like Alumacraft gives you ample selection with more than 80 models focused on fishing and hunting. The brand, which is celebrating its 75th anniversary this year, puts careful attention into the performance of each vessel while continually introducing innovations like a rigging system, called Alumatrac, that allows a host of custom accessories to be attached to the inner side of a boat's gunwales. A lighter, stronger all-aluminum transom, made for today's larger, more powerful outboard motors, can help enhance your fishing experience.



### Advance Intel

If you're traveling to a place where you don't know the locals, online research and area fishing reports can help you pinpoint the best places to find your favorite catch. For those new to the sport, or if you're branching out to target new species, be sure to do some research and learn from gaming experts about the best tricks for targeting the fish you prefer.

### Tackle and Gear

Some elements of a fishing excursion are obvious, like rods and reels, but also be sure your gear includes a well-stocked first aid kit, sunscreen, sunglasses to reduce glare from the water, snacks and water to keep you safely hydrated. Bring plenty of extra line and tackle so you don't have to call a day short if you snag a favorite lure. Depending on the manufacturer, fishing-specific boats like the Alumacraft multi-species or crossover boats are designed with built-in lockable rod storage and integrated dual aerated, LED-lit livewells for organizing your gear and keeping your catch safe.

Spend more time planning your next fishing adventure at [alumacraft.com](http://alumacraft.com).

### Choose a Boat Style for Your Lifestyle

Not all boats are created equal, so knowing how and where you plan to use your boat will help you determine which boat style you need. Consider these options from the experts at Alumacraft:

**Fish and Sport:** These models provide maximum flexibility for families that love being on the water fishing or enjoying a day of relaxation, water sports and fun.

**Multispecies:** Whether you're looking to catch the next 50-pound muskie or just relax with friends catching panfish, adaptable multispecies boats are designed for all types of deep- or shallow-water anglers.

**Bay:** Versatile bay boats offer equally smooth rides and easy handling on your local river or on intercoastal waters.

**Bass and Crappie:** Designed for shallow-water anglers, these boats feature plenty of storage, powerful engines and flat casting decks.

**Hunt and Utility:** Tough and easy to transport, these durable multi-purpose boats are built for those who are serious about the outdoors.



**founded 1893**

# **Central Savings**

**Serving the Community for over 127 Years**

**Central Savings Rated**

**“Outstanding” for Community Reinvestment!**

An “Outstanding” CRA rating is achieved by fewer than 10% of banks in the nation

**18 Month Jumbo CD**

**.60% \*APY**

**\$100,000 Minimum Balance**

\*Annual Percentage Yield (APY) is effective as of 11/25/20 and may change at any time.  
There may be substantial penalty for early withdrawal, which may also reduce earnings.  
\$100,000 minimum deposit required to open account.

**Multi-Family (Apartment) Loans**

**Commercial Real Estate Loans**

**Up to \$4 Million**

**Quick Commitments**

**Credit Scores Not Considered**

**10 Year Loans**

**Low Income Loan Program**

**Contact: Bonnie Carney, Vice-President  
NMLS#459256**

**Chicago Locations**

**1601 W. Belmont  
(773) 528-0200**

**2827 N. Clark  
(773) 528-2800**

**2601 W. Division  
(773) 342-2711**

