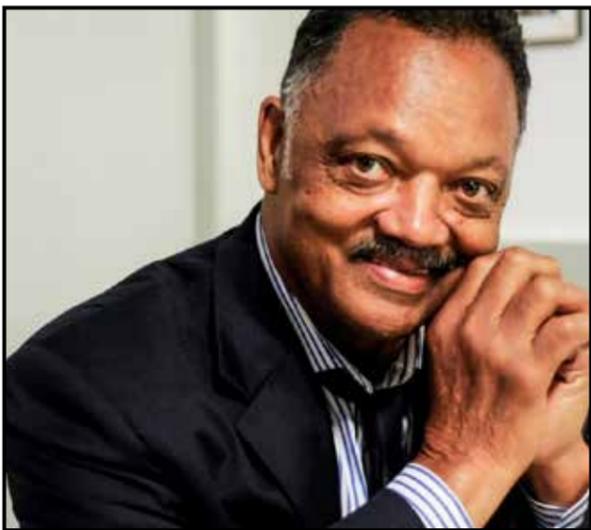




THE LIFE OF REV. JESSE JACKSON



Services will be held in Chicago, South Carolina and Washington D.C.

"I have known Reverend Jackson since I was 12 years old," rev. Sharpton said. We spent a lifetime together. I have seen him stand up against adversity. I have seen him break history. There would not have been a Democratic Party the way it is today had it not been for him changing the rules that opened the door to Barack Obama and Bill Clinton...he raised a generation of us to deal with activism and he never gave up."

"We see this as an unique opportunity to lay down some of the political rhetoric and to lay down some of the division that deeply divides our country and to reflect upon a man who brought people together," Jackson Jr. said.

The public visitation began on last Thursday morning at Rainbow PUSH Headquarters.

Jesse Jackson Jr. said his family has been strengthened by the support they have received.

Inside the visitation, the late reverend's children, Chicago Mayor Brandon Johnson, former Congressman Bobby Rush and the Reverend Al Sharpton were all in attendance greeting the public inside.

Friday, March 6

The People's Celebration at House of Hope
Location: 752 E. 114th St. Chicago 60628
Doors open: 9 a.m.
Service: 10 a.m. To 2 p.m.

Saturday, March 7

Private Homegoing Celebration at Rainbow PUSH Coalition
Location: 930 E. 50th St. Chicago, 60615
Doors open: 8a.m.
Service: 10a.m. To 2p.m.

Limited capacity

In Chicago, some street closures will be in effect. Northbound and southbound traffic will be closed on South Drexel Avenue from 51st to 49th streets. Northbound traffic will be controlled access on South Ellis Avenue from 51st to 49th. East 50th street will be closed to all traffic at South Ellis Avenue.

STADIUM FEVER



What is Soldier Field's future?

Maybe you don't care, but the Chicago Park District is moving ahead with plans for life after the Chicago Bears. The Bears still don't know if they will move at all, but it would likely be built in either Arlington Heights or Hammond, Indiana. There is a plan to make Soldier Field a world-class concert venue and to host other major sporting events. A number of major artists have already slated to perform there this summer. The plan would cost \$630 million in improvements to help with parking and traffic management. Soldier Field brings in millions of dollars in revenue from parking and amusement taxes through concerts.

That money helps fund the park district programs across the city. Officials concede that a new Bears stadium elsewhere could lure concerts away.

The Bears rent Soldier Field for about \$7 million a year. But the team and the Chicago Park District do not pay a penny toward the debt for the stadium. It is supposed to be paid by Chicago's 2% tax on hotel room rentals. But that revenue has been insufficient to pay the annual debt, forcing the city to pay nearly \$6 million last year, and a total of nearly \$52 million over the past four years. The only viable option is the land the Bears own in northwest suburban Arlington Heights.

Illinois lawmakers mulling over a bill that

would make it easier for the Bears to negotiate more easily with local taxing bodies on their property tax rate if they were to move to the site of the former Arlington Racecourse, which the team purchased a few years ago for \$197 million.

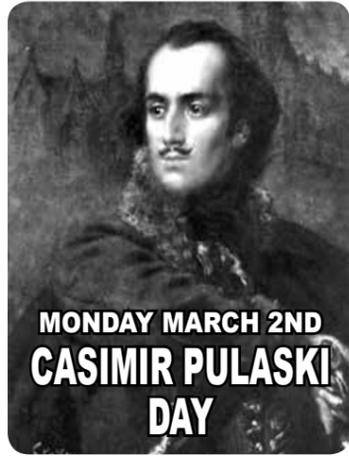
As the Bears get all the publicity, the Chicago Fire are building a privately funded \$750 million soccer stadium in the South Loop. It was announced in June, that they were building a 22,000 seat, open air soccer facility at the north end of The 78, a mega development planned for 62 acres along the Chicago River south of Roosevelt Road. It will feature 50 luxury suites, intimate seating, and a canopied roof to keep fans protected from the ele-

ments.

"It's not just an investment in the future of our club, but it's an investment in the future of our city", said Dave Baldwin, the Fire's president of business operations. "Whatever happens with the other teams in town, we wish them the best of luck, but we're really focused on getting this stadium built and making it the best stadium experience in Chicago," Baldwin said.

"Governor Pritzker has always been clear that he wants to keep the Bears in Illinois, ensure that we are responsible stewards of taxpayer dollars, and preserve opportunities to attract economic activity," said Matt Hill, a Pritzker spokesman.

Editorial & Opinions



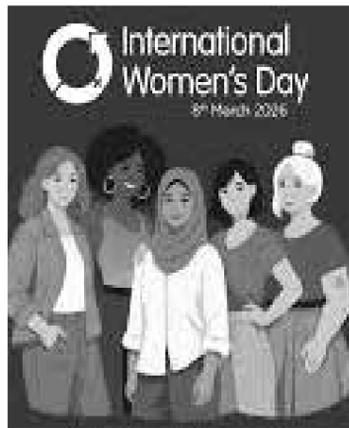
**MONDAY MARCH 2ND
CASIMIR PULASKI
DAY**

SUNDAY



**Daylight Saving Time
begins March 8TH**
**At 2am turn
your clocks
ahead
one hour**

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**International
Women's Day**
8th March 2026

**SUNDAY
MARCH 8TH**



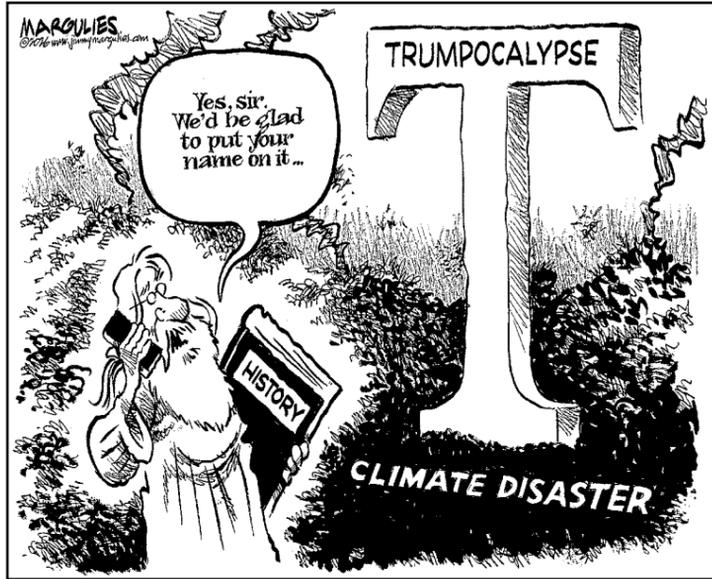
**Happy
ST. PATRICK'S
DAY**

**TUESDAY
MARCH 17TH**



**First Day of
SPRING**

**FRIDAY
MARCH 20TH**



• **On March 9, 1841**, at the end of a historic case, the U.S. Supreme Court ruled, with just one dissenting vote, that the enslaved Africans who seized control of the Amistad slave ship had been illegally forced into bondage and thus were free under American law.

• **On March 10, 1982**, all solar system planets aligned on the same side of the sun in an event called a syzygy. Fortunately, and contrary to the natural catastrophes predicted in the 1974 bestselling book "The Jupiter Effect" by John Gribbin and Stephen H. Plagemann (including an earthquake in the San Andreas fault), Earth went on with business as usual.

• **On March 11, 1997**, former Beatle Paul McCartney added "Sir" to his name when he was knighted by Queen Elizabeth II for his "services to music" at London's Buckingham Palace. Three of his children accompanied him, but wife Linda was unable to attend as she was deal-

ing with breast cancer, which would end her life a little more than a year later.

• **On March 12, 1988**, a sudden hailstorm caused a stampede of fans at a soccer match in Kathmandu, Nepal's National Stadium, killing at least 70 people and injuring hundreds more.

• **On March 13, 1942**, the Quartermaster Corps of the United States Army began training dogs for the newly established War Dog Program, or "K-9 Corps." More than a million dogs served on both sides during World War I, the most famous being Rin Tin Tin, who made his film debut in 1922.

• **On March 14, 1979**, Judy Chicago's art installation "The Dinner Party" debuted at the San Francisco Museum of Modern Art, earning praise for its feminist focus as well as controversy over its use of genital imagery. It remains on permanent display at the Brooklyn Museum in New York City.

• **On March 15, 2021**, Deb Haaland became the first Indigenous person in American history to serve as a cabinet secretary when she was sworn in as Secretary of the Interior.

Americanisms



"There are two ways of spreading light: to be the candle or the mirror that reflects it."

— Edith Wharton

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Jack Hughes or Eileen Gu?

The Winter Olympics had its thrills and spills — and a deep philosophical divide represented by two American, or American-born, athletes.

Jack Hughes, the gold medal-winning American hockey player for the U.S. team, gave voice to a patriotic reflex in his heartfelt expressions of love of his country. Eileen Gu, the gold medal-winning American-born freestyle skier competing for China, exemplified a cosmopolitan ideal that floats above mere nationhood.

This difference — between the bloody-mouthed hockey player draped in his own country's flag and the exceptionally talented part-time model resistant to any questions about national loyalty — drives many of the divisions in American society.

Is loyalty to country a matter of choice or an unalterable commitment? Do borders mean anything? Is our common culture essential or dispensable? Is the appropriate attitude toward America one of fundamental gratitude or critical distance?

These types of questions are involved in disputes over immigration policy, over American history and how to teach it in schools, over the status of the English language, and over how much we should care about so-called international opinion.

It was a subtext at the Munich Security Conference a couple of weeks ago when Marco Rubio said that we must fight for Western civilization, while Alexandria Ocasio-Cortez rendered "Western culture" in sneer quotes, as if it were a fiction or contemptible concept.

The right is naturally drawn to the patriotic or nationalistic attitude, whereas the left is more cosmopolitan, tending to believe that attachment to one's own is narrow-minded and patriotic displays are crude and simplistic.

Cosmopolitanism has a long history. As I note in my book "The Case for Nationalism," the term "cosmopolitan" has its root in the Greek word

"kosmopolites," or citizen of the cosmos or world.

The fourth-century B.C. Cynic philosopher Diogenes is the first recorded person to use what has now become a cosmopolitan cliché: "When he was asked where he came from, he replied, 'I am a citizen of the world.'"

That was a radical, or even senseless, statement since the Greeks considered citizenship possible only through the polis, or city. During the Enlightenment, the cosmopolitan idea was expressed in the notion of Weltbürger, or world citizen.

This tendency has been given stark expression by the likes of the novelist Virginia Woolf, who urged the rejection of "pride of nationality," and the titanic Russian writer Leo Tolstoy, who thought it "obvious that patriotism as a sentiment is bad and harmful; as a doctrine it is stupid."

Cosmopolitanism has always been open to the charge that — whatever its real or purported idealism — it cultivates a disregard for what's near, immediate and tangible in favor of what's far off.

Behind cosmopolitanism is what the British writer Paul Gilroy has called "the principled and methodical cultivation of a degree of estrangement from one's own culture and history."

The problem is that no one is really a citizen of the world, rather of particular nations that have formed us in obvious and subtle ways. Yes, people emigrate and there are literary and intellectual exiles, but most of us have an attachment to home that feels natural and important.

One reason that people were so moved by the U.S. hockey team was the palpable bonds of the players — to one another, to their country, to the memory of their tragically deceased former fellow player Johnny Gaudreau. These weren't bonds that were chosen, so much as accepted and embraced; they were true to their teammates and nation.

In contrast, Eileen Gu claims to be true to herself. If asked if she is proud of the accomplishments of her countrymen, she might have to ask, "Which countrymen?"

It is certainly the case that the Olympics bring athletes around the world together, but the Games themselves are testament to the enduring power of patriotism. It was, after all, a unique kind of sports joy to witness the triumph of our boys in red, white and blue.

Rich Lowry is editor of the National Review.

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Lakeview Newspaper

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VETERANS POST

by Freddy Groves

Two very different scammers

Scammers come with varying motives, intelligence levels — and with different intentions.

While it's disturbing that anyone steals from the VA, it's twice as bad when the scammer is a veteran. Here is a guy, a veteran, who claimed he was disabled and couldn't work due to service-connected injuries; he therefore received VA disability benefits.

You'd think he would stay home, being so disabled, but instead he used his benefit money on luxury international vacations, worked out several times a week, ran his own business and had a very active lifestyle.

His scam netted him nearly a quarter of a million dollars before he was stopped. After pleading guilty to 10 counts of theft, he was only sentenced to 18 months in prison (not long enough) and will have to pay back the money as well as a \$20,000 fine.

Then there's the young computer hacker who broke into the U.S. Supreme Court 25 times, as well as the VA health system computers and AmeriCorps, by using stolen login credentials. Bragging about what he'd done, he took screenshots of someone's personal information and posted it all online. Then, using other stolen credentials, he got into the VA's "MyHealthEvet" website and grabbed his victim's personal information — and posted it online.

Among other pieces of information, he got the victim's name, email address, phone number, home address, date of birth and the answers to three security questions. For other victims he was also able to get (and post) information about citizenship status, Social Security number, veteran status, blood type and list of medications prescribed.

For all this fraud against others, leaving them shocked and feeling violated and at risk for identity theft, he could get a mere one year in prison (not long enough) and a \$100,000 fine. It appears that he didn't try to sell the information, that he only wanted the bragging rights for his hacking.

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Strange BUT TRUE

By Lucie Winborne

• The cubicle got its name from the Latin "cubiculum," meaning bed chamber.

• When your "inner voice" speaks in your head, it triggers small muscle movements in your larynx.

• Harriet Tubman was the first woman to lead a U.S. military raid.

• Java junkies, take note: The American Psychiatric Association's DSM-5 handbook classifies caffeine withdrawal as a mental disorder.

• A newborn blue whale gains about 200 pounds a day during its first year.

• Jim Henson made his first Kermit puppet using his mother's old coat and two halves of a ping-pong ball.

• Sometimes it snows on Mars, but the snowflakes are made out of carbon dioxide, not water. The flakes don't fall, but create a fog-like effect.

• Australia is home to approximately 170 kinds of snakes, including some of the world's most venomous. The good news? Snake bites aren't common and are rarely fatal. One study estimated that snake bites account for just two deaths per year in Australia.

• Scottish band the Bay City Rollers chose their name after sticking a pin in a map of America, which landed on the city Michigan.

• Actor Benedict Cumberbatch is the second cousin, 16 times removed, of King Richard III, whom he portrayed in the 2016 BBC miniseries "The Hollow Crown."

• Members of the Secret Service's Presidential Protection Division always travel with bags of blood in the motorcade in the event a transfusion is needed.

• Wisdom teeth serve no purpose. They're left over from hundreds of thousands of years ago. As early humans' brains grew bigger, mouth space was reduced, crowding out this third set of molars.

• One of Walt Disney's first art jobs was drawing cartoons for a local barber in exchange for haircuts.

Thought for the Day: "Friends are the siblings God never gave me." — *Mencius*

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SENIOR NEWS LINE

by Matilda Charles

Almost hacked!

I received a text message from a company I do a lot of business with, this time thanking me for my recent order and saying the automatic payment would be made that night as soon as I verified one little piece of information. I hear from them frequently, and have for many years. When I heard from them again, in that text message on my phone, I didn't think much about it at first. I went to press the link in the message ...

Wait, I said to myself, that company doesn't have my cellphone number. They only have my email address. They couldn't have sent me the text message. At the last minute I pulled my hand away and did not click that link.

I called the company in question and asked if they had sent me a text message about an order. No, they said. I asked for the fraud department, beginning to panic.

The man on the other end of the call was professional, and fast, firing off a lot of questions, but most especially asking if I had clicked the link. No. After asking several more questions, he determined that I was safe — this time.

The moral of this little story is, for me, to slow down! I was all too willing to jump right ahead with what I thought was a genuine text message from a company I know. I won't make that mistake again.

Some hints:

Don't do banking or any kind of internet business on your cellphone.

Keep a throwaway email address for the times you are in contact with companies.

And most of all, do not click any links in text messages unless you are one hundred percent certain you know who sent the message.

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KOVELS® Antiques & Collecting

By Terry and Kim Kovel

Venetian Glass

Venetian glass has been prized since the 13th century, but it has never been stuck in the past. The Venini glass factory in Murano has been at the forefront of modern design since it was founded in 1921. It also brought in talent from other parts of Europe.

In 1936, Paolo Venini hired the company's first freelance designer, Tyra Lundgren. She was also the first woman to design for the company. Like many modern designers, Lundgren worked in several media, including ceramics and textiles.

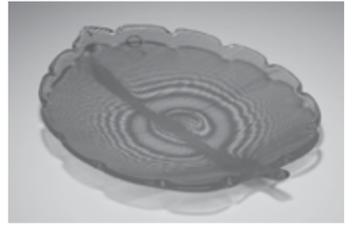
By the time Paolo Venini met her, she had years of experience designing glassware for major companies. She worked at the famous Moser factory in Karlsbad, known for its heavily enameled pieces and later experimental glass, in the 1920s.

Her designs for Venini rendered forms from the natural world, like birds, fish, leaves and flowers, in the clean, abstract lines of modernism. They are some of her most enduring works. This leaf-shaped dish by Venini, which sold for \$756 at a Wright auction, was made in 1995 from a design Lundgren created in 1938.

Q: My brass spyglass has been in my family for years, and I was wondering if there was anything you might be able to tell me about it. If there is a way you might tell me what it would be worth, I would appreciate it. There is a small dent on the end cap.

A: Brass spyglasses were made throughout the 19th century and used for surveying, for nautical purposes and by hobbyists. Most follow similar designs, with three or four draws and a wood or leather grip. Some are marked with the maker's name on the end cap or eyepiece. It is extremely difficult to identify the maker of an unmarked spyglass. There were many makers throughout England, France and the U.S. Brass spyglasses sell for about \$150 to \$300 at auctions.

The dent on yours will probably



Venetian glass factories brought modern style and international influence to their products. This leaf-shaped bowl made by Venini was the work of Swedish designer Tyra Lundgren.

not affect the value unless it affects its function. Most antique spyglasses and telescopes show signs of wear and age. For more information, you may want to contact a collector's club like the Antique Telescope Society (antiquetelescopesociety.org) or a science museum in your area. Your library may have books on the history of telescopes or collecting scientific instruments.

TIP: Look through the wrong end of a telescope you plan to buy. If it can be focused, all the parts are there.

CURRENT PRICES

Pottery, midcentury, bowl, cabbage, fluted sides, textured exterior, red to mottled green, bright yellow interior, signed, dated, RAK, 1970, 5 x 13 inches, \$75.

Sports, snooker, scoreboard, mahogany, walnut, shaped top, gilt urn finial, three mirrors, sliding markers, Victorian, 27 1/2 x 38 inches, \$255.

Teddy bear, Shuco, panda, mohair, black and white, yes/no, glass eyes, stitched nose, 13 inches, \$595.

Furniture, chest, painted, blanket, painted, sailor on shore, mermaids, on stand, green paint, door, shaped base, signed, Martha Cahoon, 13 1/2 x 29 1/2 x 18 inches, \$1,455.

For more collecting news, tips and resources, visit www.Kovels.com

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by Ryan A. Berenz

1. What controversial baseball diary, first published in 1970, is pitcher Jim Bouton's account of his 1969 season with the Seattle Pilots and the Houston Astros?

2. In 2017, UCLA basketball players LiAngelo Ball, Jalen Hill and Cody Riley were arrested and detained after they were accused of shoplifting sunglasses from a Louis Vuitton store in what country?

3. What former NFL wide receiver served as host of the CBS revival of the game show "Hollywood Squares" beginning in 2025?

4. For which team did U.S. Olympic speed skater Brittany Bowe play college basketball from 2006 to 2010?

5. Before earning Super Bowl XXII MVP honors with Washington, Doug Williams played quarterback for what NFL team from 1978 to 1982?

6. What term rose from British folklore to describe a sports tournament format in which every participant plays against every other participant?

7. What style of skiing, named after the region of Norway where it originated, uses toe-only bindings on downhill skis to perform turns with one ski forward and the other ski trailing?

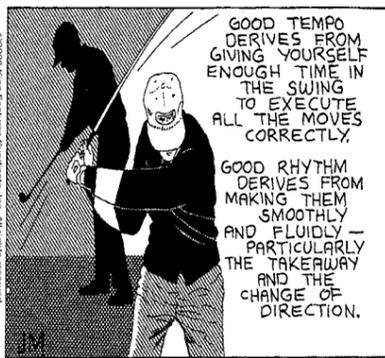
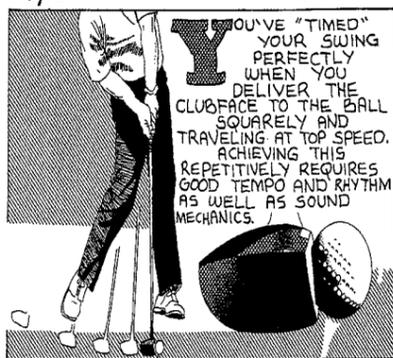
Answers

1. "Ball Four: My Life and Hard Times Throwing the Knuckleball in the Big Leagues."

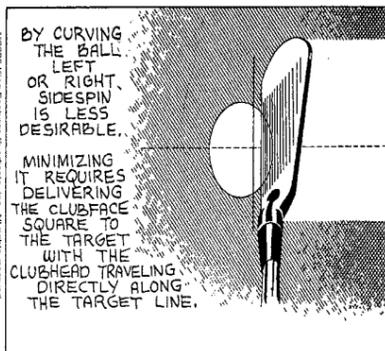
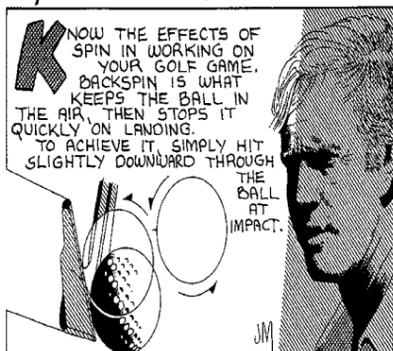
- 2. China.
- 3. Nate Burleson.
- 4. The Florida Atlantic Owls.
- 5. The Tampa Bay Buccaneers.
- 6. Round robin.
- 7. Telemark skiing.

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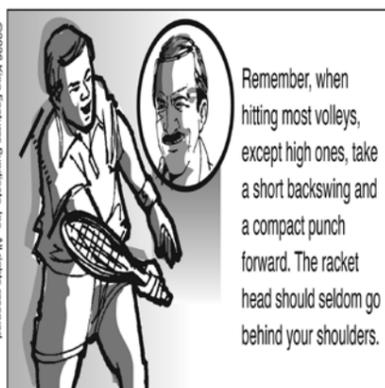
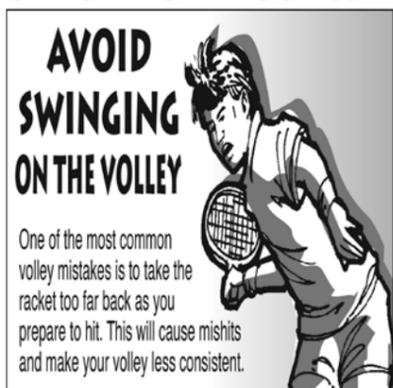
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Play Better Golf with JACK NICKLAUS



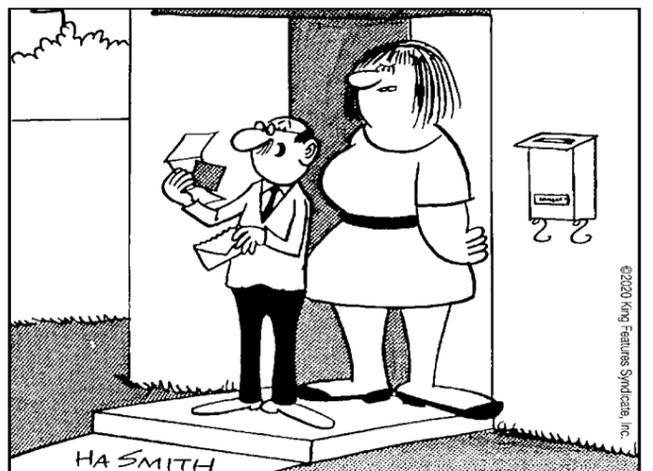
STAN SMITH'S TENNIS CLASS



GRIN and BEAR IT



LAFF - A - DAY



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Health



Getting Vaccines in the Same Day or Arm Is up to Preference

DEAR DR. ROACH: I have notes from friends at home who are getting their COVID vaccines and high-dose flu shots on the same day in the same arm. They talk about being completely wiped out and the cons of having two sore arms. Does it matter if you get the shots in one arm or the other? I suspect that it's fine to do them both in one arm, and there's no advantage to dividing it over time or by arm. — N.W.

ANSWER: Recent studies seem to suggest that getting the COVID-19 vaccine in the same arm as previous vaccines leads to higher short-term vaccine effectiveness; however, another recent study shows that getting a subsequent COVID-19 vaccine in the opposite arm leads to higher antibody levels, which are also longer-lasting.

I suspect that there is no major difference whether you consistently get the vaccine in the same arm or not. Personally, I always get my COVID vaccine in my nondominant arm, but I have colleagues who prefer the vaccine in their dominant arm (as they are convinced that moving more means a faster resolution to a sore arm, which is very common after any vaccine).

Getting both your COVID and flu vaccines at the same time is convenient for people who have trouble getting to their provider or when there is no pharmacy near them that provides the vaccine. It's most efficient to get both done at the same time, but when I have done so, I get one in one arm and one in the other. Again, it's a personal preference. ***

DEAR DR. ROACH: I have high blood pressure and a chronic heart condition that is treated with rosuvastatin and clopidogrel. I do not have high cholesterol. Even so, my cardiologist strongly recommends that I continue rosuvastatin as a precautionary measure. Does this make sense? — T.L.

ANSWER: The goal of rosuvastatin and other statin drugs is to reduce the risk of heart disease complications, including heart attacks, strokes and death. Not everybody who gets these complications will have high cholesterol.

They might have other risk factors such as the high blood pressure you have, or they might have diabetes or less-common lipid issues like a high Lp(a). A high Lp(a) is a risk factor that is not always looked for, but it is important in a person with known heart disease or in those who have a strong family history despite having no traditional risk factors.

In a person who is at a higher risk despite normal or even desirable cholesterol levels (especially a person with known blockages in their arteries), the benefits of treatment outweigh the risks for nearly everyone. There are several calculators your doctor can go over with you to estimate your risk — with and without medicines like rosuvastatin.

It's critical to remember that statin drugs (and other medications that we traditionally call "cholesterol medicines") are effective in people who are at a high risk even if their cholesterol levels are normal.

You are on clopidogrel (Plavix), which is given to people to prevent blood clots, especially people who are at a high risk such as those with a stent or a history of a stroke. This suggests to me that your doctor thinks you are at a high risk, so the use of a potent statin like rosuvastatin is appropriate in this case.

Learn the Proper Inhaler Technique for Asthma/COPD Medication

DEAR DR. ROACH: In a recent column, you noted that many patients do not properly use their inhaled asthma/chronic obstructive pulmonary disease (COPD) medications, but you didn't tell us how to properly use them. I'd hate to think that I've been doing Advair and albuterol incorrectly all these years. A little help, please? — Anon.

ANSWER: The proper inhaler technique is much more easily demonstrated than it is described. I found a good video showing the proper technique from the American Lung Association at tinyurl.com/inhaler-video, but the ideal way is

to have your doctor or nurse watch you use your inhaler.

I have seen people make several common mistakes, including not taking the cap off the inhaler; activating the inhaler, waiting, and then breathing in; and breathing in, then activating the inhaler while breathing out. For it to work, the person needs to breathe in while the inhaler is activated. ***

DEAR DR. ROACH: When you get a letter from a patient who is really sick, does your response take precedence over other people's emails? — B.N.

ANSWER: My column is primarily to help educate readers about common and uncommon medical issues. While I hope that I can be of some value to the readers who are writing in, I can't act as their doctor. Furthermore, due to the time that it takes to edit and publish these columns, there are several weeks between when I write my column and when it's published. So, I am often not much help to readers for urgent matters.

There have been a handful of times when a reader has written to me with a concern that has terrified me. Very early on when I started writing this column, a reader wrote in that he had an aortic aneurysm of over 7 centimeters and didn't think that he needed surgery. (The risk of a rupture at this size is very high, and it would likely be immediately fatal.)

This letter came via the postal service, so I had no way to get a hold of him beyond taking my response (for him to please get this repaired as soon as possible) to the post office and mailing it back to him. ***

DEAR DR. ROACH: I am confused by your remark in a recent column about blood thinners being a good thing to take for the rest of your life. My brother was put on them after suffering from a stroke and ended up dying due to esophageal bleeding because of them.

Why can't doctors prescribe a natural way to thin blood without medication? Are there not natural alternatives like apple cider vinegar or something else? This confuses me as I would not take any long-term medication. — G.B.

ANSWER: Anticoagulants, which reduce the blood's ability to clot, are only a "good thing" to take if you are at a high risk for a dangerous blood clot. In the column that you mention, the reader actually had his heart stop due to a large blood clot in his lung before being brought back by his wife.

In this case, anticoagulants are more

likely to keep people alive by preventing a fatal blood clot than they are to cause serious bleeding. I am sorry for the experience of your brother, but physicians always need to weigh the risk of doing something against the risk of not doing something.

Apple cider vinegar has no effect on blood clotting. There are natural products that do. Warfarin (Coumadin) is based on a compound made by a fungus that grows on wet, sweet clover hay. For decades, it was the most common anticoagulant. Newer drugs are safer and more effective for most people, but there are still a few conditions that require warfarin.

The Cost of Medicine for IBS Is \$811 Even With Insurance

DEAR DR. ROACH: After a month of testing from my gastrointestinal doctor, I have been diagnosed with irritable bowel syndrome (IBS). I have been sick for several months and have lost 12 pounds. (I'm now down to 100 pounds.)

I have been prescribed Xifaxan. The cost from my pharmacy is \$811. Normally, I never have a co-pay. I checked around, and there are no discounts with any other pharmacies. I read many chats about the medicine, and 50% of people in these chats believe that it does not work well and is very hard to digest for the two weeks that you have to take it.

I am meeting with a nutritionist to increase my weight, but every couple of days, I get so sick due to the IBS and can't gain weight. What are your thoughts on taking this medication? — V.H.

ANSWER: IBS is a functional disease of the intestine. The cause is not certain, and there are several factors involved in IBS, including abnormal movement of the intestine; changes in pain sensitivity; unhealthy bacteria in the gut; and often sensitivities to certain foods. The hallmarks of IBS are changes in bowel habits (diarrhea, constipation or both) and abdominal pain, which is often but not always improved after a bowel movement.

Xifaxan (rifaximin) is an antibiotic that is not well-absorbed in the body, so it only kills the bacteria in the gut. It is intended to preferentially kill harmful bacteria in the gut, improving the microbiome and decreasing bacterial products

that cause symptoms of bloating and diarrhea. I have several patients who take it occasionally when other therapies aren't working, and their experience has been favorable.

When used wisely, it can help people with their symptoms. Of course, patients in whom it doesn't work aren't going to use it again, but it does work well for some people. The \$811 cost with insurance is much better than the \$2,500 to \$3,200 cost for a course of treatment without insurance.

People do not take it for a long time; my patients typically take a course one to four times per year. If it helps you, I hope you find it worth the expense, but I don't know whether you are fortunate to have this much money to spend on prescriptions that are over and above your insurance costs.

Severe weight loss with IBS is not common and should be considered an alarming symptom. I have seen many patients who were diagnosed with IBS, sometimes for years, before another comprehensive evaluation is performed. This sometimes lead to the diagnosis of inflammatory bowel disease (Crohn's disease or ulcerative colitis). If you have not had a recent evaluation, including an endoscopy and/or a colonoscopy as well as stool studies, it may be time to repeat these. ***

DEAR DR. ROACH: What are the benefits of washing your hands? — W.L.A.

ANSWER: Not getting sick is the main one. Regular handwashing reduces respiratory illnesses (colds, flu and pneumonia) by about 20%. Handwashing reduces foodborne gastrointestinal illnesses by about 30%.

You also reduce the likelihood of passing on germs to others. People are the most contagious right before symptoms start for most respiratory diseases. Health care professionals wash their hands (or use hand sanitizer) before and after every patient. It only takes 20 seconds for it to be effective. ***

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu.

Financial

WHAT'S A QDRO?

A QDRO (pronounced "quad-row") is a qualified domestic relations order, a legal document that accompanies a divorce decree, like an order for child support. QDROs allow a pension or balance in an employer-sponsored retirement account like a 401(k) to be split without either spouse having to withdraw money, an action that might incur a tax bill and penalties. Negotiating for a share of re-

tirement funds, is incredibly smart, since it can be one of a married couple's most valuable assets. Unfortunately, many people get the paperwork wrong.

A divorce decree requiring a QDRO should name who has to obtain it (typically the spouse receiving the funds). That person must find a lawyer or specialist to write the QDRO at a cost of \$500 or more. Next, the court must sign it, the retirement plan administrator has to verify that it complies with plan rules, and both spouses have to sign off on it. Only

then can the court approve it. Money in 401(k)s and similar accounts is divided when the plan processed the approved QDRO — an incentive to get it done. But with pensions, payments might not begin for years after the divorce, so people often procrastinate.

If you're divorcing now:

Have the QDRO approved by the court as part of the divorce process. Negotiate for survivor benefits. Monthly payments might be small-

er than what you'd receive if the payments ceased with your spouse's death.

But, the trade-off is worth it — especially for women, who are likely to outlive their ex-husbands.

If you're already divorced:

Were you awarded a share of pension benefits but no QDRO was completed and approved? You or your lawyer should ask the plan administrator for a summary plan document detailing it specific rules.

In either case, reach out to the plan administrator annually to tell them that you are due a pension payment based on a QDRO. Check that they have a copy of the document and that no payments have started. If there's a problem, sometimes paperwork gets lost when a plan's management change, go back to the original employer to reconnect the dots.

The nonprofit Pension Rights Center (pensionrights.org) maintains a directory of attorneys experienced in drafting QDROs.



1. Name the artist who wrote and released "Jump into the Fire."
2. Who wrote and released "Games People Play"?
3. Name Aerosmith's first song to reach the charts.
4. Which singer wrote and released "I Go Crazy"?
5. Name the song that contains this lyric: "All the leaves have gone green and the clouds are so low, You can touch them and so, Come out to the meadow."

Answers

1. Harry Nilsson, in 1972. The song has been used in several films, including "Goodfellas" (1990) and "A Bigger Splash" (2015).
2. Joe South, in 1968. Even though the only place the song topped the charts was in South Africa, it won both the Grammy Award for Song of the Year (1970) and the Grammy Award for Best Contemporary Song (1970).
3. "Dream On," in 1973.
4. Paul Davis, in 1977. The song went to No. 7 on the Hot 100 chart and has been covered by several others, including Lee Greenwood and Barry Manilow.
5. "Jean," by Oliver in 1969. The song was used in the film "The Prime of Miss Jean Brodie" starring Maggie Smith as a teacher at a school in Scotland. The film was nominated for Best Original Song.

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**What's better?
A great story
or
A great idea?
Lakeview Newspaper
Thoughts to think about.**

Strange BUT TRUE

By Lucie Winborne

- Ever wonder where the term "jay-walker" originated? Back in the day, "jay" was slang for a foolish person. So when pedestrians ignored street signs, to their own peril, they were labeled jaywalkers.
- Relative to their body size, barnacles have the largest sex organs in the animal kingdom.
- During World War II, Charles Richard Drew, a Black physician, developed blood banks for military personnel. However, when he discovered that the military was separating blood donations according to race, he quit working for the Red Cross.
- Some beaches in the Maldives glow in the dark.
- If you have a daily routine, some scientists believe that your dog can tell when you're coming home by the amount of your scent that's left in the house.
- As astronauts spend months traveling to Mars, their eyeballs may change shape. Some scientists believe this is due to pressure from fluids that won't drain from their heads, thanks to low gravity.

- Ackwards is an old English dialect word for a creature lying on its back that can't get up.
- In the popular Roadrunner/Wile E. Coyote cartoons, the latter character shouldn't have been outwitted by his desperately hunted prey, since coyotes typically outpace roadrunners by a good 23 mph.
- According to a poll of 11,000 Americans, 84% of vegetarians and vegans return to eating meat.
- When Angelfire launched in the mid-1990s, it offered medical transcription services as well as web-building tools.

Thought for the Day: "I do not know what I may appear to the world, but to myself I seem to have been only like a boy playing on the seashore, and diverting myself in now and then finding a smoother pebble or a prettier shell than ordinary, whilst the great ocean of truth lay all undiscovered before me."
— Isaac Newton

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top 10 movies!

1. **GOAT** (PG) Caleb McLaughlin, Gabrielle Union
2. **Wuthering Heights** (R) Margot Robbie, Jacob Elordi
3. **I Can Only Imagine 2** (PG) Arielle Kebbel, Milo Ventimiglia
4. **Crime 101** (R) Chris Hemsworth, Mark Ruffalo
5. **Send Help** (R) Rachel McAdams, Dylan O'Brien
6. **How to Make a Killing** (R) Glen Powell, Margaret Qualley
7. **EPiC: Elvis Presley in Concert** (PG-13) Elvis Presley
8. **Solo Mio** (PG) Kevin James, Jonathan Roumie
9. **Zootopia 2** (PG) Ginnifer Goodwin, Jason Bateman
10. **Avatar: Fire and Ash** (PG-13) Sam Worthington, Zoe Saldana



"56 Days" (TV-MA) — Between the thrills and the steaminess that this new series brings, binge-watchers might not be able to resist it! An adaptation of Catherine Ryan Howard's 2021 novel of the same name, "56 Days" stars two actors who got their start on Disney and Nickelodeon, respectively — Dove Cameron ("Liv and Maddie") and Avan Jogia ("Victorious"). The steamy duo play couple Oliver and Ciara, who commenced their passionate love affair after a chance meeting at a supermarket. (What a dream!) Fifty-six days after the chance meeting, a body is found in Oliver's apartment, which leads detectives to probe deeper into Oliver's life and his relationship with Ciara. All eight episodes premiere on Feb. 18. (Amazon Prime Video)

"Urchin" (R) — Harris Dickinson ("Babygirl"), who will be playing John Lennon in the 2028 biopic film about the Beatles, decided to make his directorial debut before donning Lennon's signature glasses. This drama film premiered at the most recent Cannes Film Festival and stars Frank Dillane ("Harry Potter and the Half-Blood Prince") as a homeless young man named Mike. Struggling with addiction and poverty, Mike attempts to get off the streets and find a reliable way to make a living. But with life continuing to put obstacles in the road, the immense pressure that Mike feels is enough to make even an urchin like him lose his mind. Premieres Feb. 17. (Hulu)



Courtesy of MovieStillsDB
Dove Cameron, left, and Avan Jogia star in "56 Days."

"Can You Keep a Secret?" (TV-14) — This sitcom features a handful of movie and television stars from across the pond, including Dawn French ("French and Saunders"), Mark Heap ("Piglets"), and Craig Roberts ("22 Jump Street"). Loosely based on the real-life disappearance of John Darwin, the six-episode series follows retired couple Debbie (French) and William (Heap), who capitalize on an opportunity to claim life insurance after William is mistakenly pronounced dead. Although their son, Harry (Roberts), tries to persuade them to give the money back because this is, indeed, a criminal activity, he somehow gets sucked into the charade as well. The first episode is out now, with subsequent episodes premiering every Thursday. (Paramount+)

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Fun Fact

The country with the highest number of dogs is the United States with 90 million, followed by Brazil with 60 million and China with 58 million. The Philippines own 20.5 million and Thailand has 18.5 million. Surprisingly, the country that has the most dogs owned per every 100,000 in population is Portugal, with 28,890.

Source: worldpopulationreview.com
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by Jo Ann Derson

- "I purchased a roll of reflective tape to mark our basement stairs. It reflects the light from the open doorway at the top of the stairs, and I can turn the downstairs lights off before heading up. I had some leftover, so I put a strip on my dog's collar. When I let him out at night, I can shine a flashlight and spot him instantly, since the tape is more visible in the night." — V.R. in Pennsylvania
- Tongs lost their clip? Use the rubber band from a bunch of broccoli to hold the ends together in storage.
- "I am an avid craft sewer. One trick I have used that was passed down from my mother is to save the bar soap when it gets to a sliv-

er. Then I use it to trace patterns on cloth. I like it better than chalk. It makes a clear mark that 'sticks.' But it will wash right out when you are done." — I.W. in Kansas

- Use an old vegetable peeler in the shop to sharpen pencils.
- "Diaper rash hurts. The best medicine, in my opinion, is a little diaper-free time for baby. But there are times when it's not practical to let the little one go about pants-free. When you just can't air-dry an angry baby bottom, you can help dry the skin up with a couple minutes of warm air from a hair dryer." — P.M.
- Wrap the metal end of your paintbrush with masking tape before painting. Then you can peel it off and there's no stuck-on paint.
- Store plastic wrap in the refrigerator or even freezer to keep it from sticking to itself.

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THROW A SHAMROCKIN' St. Patrick's Day Party

FAMILY FEATURES

It doesn't take the Luck o' the Irish to throw a great St. Patrick's Day party. These tips and recipes will help you throw a festive celebration you'll enjoy as much as your guests — including make-ahead corned beef and a minty-green cookie recipe both adults and little leprechauns will love.

"We've developed recipes that make the tastes of Ireland easy to create — from a simple Irish Soda Bread to a classic corned beef and cabbage recipe that can be made in a slow cooker," said Mary Beth Harrington of the McCormick Kitchens. "And don't forget the treats! Our Mint Chocolate Chip Cookies are the perfect ending to a perfectly green party."

For more St. Patrick's Day recipes, check out www.McCormick.com and visit McCormick Spice on Facebook and Pinterest.



WITH IRISH CLASSICS AND GREEN-TINTED TREATS

Savory Irish Cheese Soda Bread

Prep time: 10 minutes
Cook time: 40 minutes
Servings: 12

- 2 1/2 cups flour
- 1/2 cup sugar
- 1 1/2 teaspoons baking powder
- 1/2 teaspoon baking soda
- 1/2 teaspoon salt
- 2 teaspoons McCormick Caraway Seed
- 1 teaspoon McCormick Garlic Powder
- 1/4 teaspoon McCormick Red Pepper, Ground
- 1/2 cup shredded Irish Cheddar cheese
- 2 eggs
- 1 1/4 cups buttermilk

Preheat oven to 350°F. Mix flour, sugar, baking powder, baking soda, salt and seasonings in large bowl. Stir in cheese. Set aside. Mix eggs and buttermilk in medium bowl. Add to dry ingredients; stir until well blended. Spread in lightly grease 9-inch round cake pan.

Bake 30-40 minutes or until toothpick inserted in center comes out clean. Cool in pan on wire rack 10 minutes. Remove from pan. Cool completely on wire rack.

Tip: Make muffins instead of bread. Prepare dough as directed and divide among 12 greased muffin cups. Bake 20-25 minutes or until toothpick inserted in center comes out clean.

Slow Cooker Corned Beef and Cabbage

Prep time: 10 minutes
Cook time: 8 hours
Servings: 12

- 8 small red potatoes
- 2 cups baby carrots
- 1 small onion, quartered
- 1 corned beef brisket (4 pounds), rinsed and trimmed
- 2 tablespoons McCormick Mixed Pickling Spice
- 1 teaspoon McCormick Minced Garlic
- 1/2 head cabbage, cored and cut into wedges

Place potatoes, carrots and onion in slow cooker. Place corned beef brisket over vegetables. Sprinkle with pickling spice and minced garlic. Add enough water (about 8 cups) to just cover meat. Cover.

Cook 7 hours on high. Add cabbage. Cover. Cook 1-2 hours on high or until cabbage is tender-crisp.

Remove corned beef brisket to serving platter. Slice thinly across grain. Serve with vegetables.

Tip: For best results, do not remove cover while cooking in slow cooker.

Mint Chocolate Chip Cookies

Prep time: 15 minutes
Cook time: 10 minutes
Servings: 3 dozen, or 36 (1 cookie) servings

- 2 1/2 cups flour
- 1 teaspoon baking soda
- 1/2 teaspoon salt
- 1 cup (2 sticks) butter, softened
- 1 1/4 cups sugar
- 2 eggs
- 1-1 1/2 teaspoons McCormick Green Food Color
- 1 teaspoon McCormick Pure Peppermint Extract
- 1 1/2 cups semi-sweet chocolate chips

Preheat oven to 375°F. Mix flour, baking soda and salt in medium bowl. Set aside. Beat butter and sugar in large bowl with electric mixer on medium speed until light and fluffy. Add eggs, food color and peppermint extract; mix well. Gradually beat in flour mixture on low speed until well mixed. Stir in chocolate chips.

Drop by heaping tablespoons about 2 inches apart onto ungreased baking sheets.

Bake 10-12 minutes or until edges are lightly browned. Cool on baking sheets 1 minute. Remove to wire racks; cool completely.



Good Housekeeping

Irish Soda Bread

A rich and tender rustic Irish quick bread — the ideal dinner companion for corned beef.

- 1/4 cup sugar
- 1 tablespoon baking powder
- 1 teaspoon salt
- 1 teaspoon baking soda
- 4 cups plus 1/2 teaspoon all-purpose flour
- 6 tablespoons cold margarine or butter
- 1 cup golden or dark seedless raisins
- 1/2 cups buttermilk

1. Heat oven to 350 F. Grease large cookie sheet.
 2. In large bowl, combine sugar, baking powder, salt, baking soda and 4 cups flour. With pastry blender or 2 knives used scissor-fashion, cut in margarine or butter until mixture resembles coarse crumbs. With spoon, stir in raisins, then buttermilk just until evenly moistened.
 3. With floured hand, gently knead dough in bowl a few times until dough forms a ball (do not overmix, or bread will be tough). Place dough on cookie sheet; shape into a 7-inch round loaf (dough will not be smooth).
 4. Sprinkle loaf with remaining 1/2 teaspoon flour. With sharp knife, cut 4-inch-long cross, about 1/4-inch deep, on top of loaf. Bake loaf 1 hour or until toothpick inserted in center comes out clean. Cool on wire rack. Makes 12 servings.
- Each serving: About 275 calories, 6g total fat (1g saturated), 6g protein, 49g carbohydrates, 2g fiber, 1mg cholesterol, 485 mg sodium.

Comfort foods

Made fast and healthy



by Healthy Exchanges

Swiss Steak Skillet

I don't think there is a "meat and potatoes" man around who won't give this comforting dish two thumbs up.

- 16 ounces lean tenderized minute or cube steaks, cut into 16 pieces
- 1/2 cups finely sliced celery
- 1 cup chopped onion
- 1 (8-ounce) can tomato sauce
- 1 (8-ounce) can stewed tomatoes, undrained
- 1 teaspoon dried parsley flakes
- Sugar substitute to equal 1 tablespoon sugar, suitable for cooking
- 1/8 teaspoon black pepper
- 3 cups hot cooked noodles, rinsed and drained

1. In a large skillet sprayed with butter-flavored cooking spray, saute meat, celery and onion for 10 minutes. Stir in tomato sauce, undrained stewed tomatoes, parsley flakes, sugar substitute and black pepper. Lower heat, cover and simmer for 30 minutes, stirring occasionally.
 2. For each serving, place 1/2 cup noodles on a plate and spoon about 1 cup meat mixture over top. Freezes well. Serves 6.
- Each serving equals: About 233 calories, 5g fat, 22g protein, 25g carb., 307mg sodium, 3g fiber; Diabetic Exchanges: 2 Meat, 1 1/2 Vegetable, 1 Starch.

Good Housekeeping

Twice-Baked Potatoes Caesar

Try these potatoes with your favorite steak dish.

- 3 (about 6 ounces each) small baking potatoes
- 2 tablespoons margarine, substitute butter
- 1 small garlic clove, crushed with press
- 1/2 cups sour cream
- 4 anchovy fillets, minced, substitute 1 teaspoon anchovy paste
- 1/4 teaspoon salt
- 1/4 teaspoon grated fresh lemon peel
- 1/8 teaspoon coarsely ground pepper
- 1/2 cup (plus 2 tablespoons) grated Parmesan cheese

1. Preheat oven to 450 F. With fork, pierce potatoes in several places. Place potatoes on oven rack and bake 35 minutes or until fork-tender.
 2. Cut each potato lengthwise in half. With spoon, carefully scoop out potatoes, placing flesh in medium bowl and leaving potato-skin shells intact.
 3. In small saucepan, melt margarine over medium heat. Add garlic and cook 15 seconds.
 4. With potato masher, mash potatoes with margarine mixture, sour cream, anchovies, salt, lemon peel, pepper and 1/2 cup Parmesan. Spoon mixture into 4 reserved potato-skin shells, mounding slightly.
 5. If you like, cover and refrigerate remaining 2 shells for use another day. Place potatoes in shallow baking pan; sprinkle with remaining 2 tablespoons Parmesan.
 6. Return potatoes to oven and bake about 15 minutes or until hot on the inside and golden on top.
- Each serving: About 275 calories, 15g total fat (7g saturated), 24mg cholesterol, 620mg sodium, 27g total carbohydrate, 2g dietary fiber, 10g protein.

Good Housekeeping

Corned Beef and Cabbage

- 1 8-inch square cheesecloth
- 12 parsley stems
- 2 garlic cloves, crushed with side of chef's knife
- 2 bay leaves
- 1 tablespoon black peppercorns
- 1 corned beef brisket, flat (thin) cut (3 1/2 to 4 pounds)
- 1 1/2 pounds small red potatoes, unpeeled and each cut into 1 1/2-inch chunks
- 1 pound carrots, cut into 2-inch pieces
- 1 small head green cabbage (about 1 1/2 pounds), cut into 8 wedges

1. In cheesecloth, wrap parsley, garlic, bay leaves and peppercorns; tie with string and place in bottom of 5 1/2- to 6-quart slow cooker. Add corned beef; top with potatoes and carrots. Pour in enough water to cover meat. Place cabbage on top. Cover slow cooker with lid and cook on low setting 10 to 12 hours or until beef is very tender.
 2. To serve, thinly slice corned beef across the grain; transfer to warm large platter with vegetables. Makes 8 main-dish servings.
- Based on individual serving: 440 calories, 25g total fat (8g saturated), 27g protein, 28g carbohydrates, 6g fiber, 125 mg cholesterol, 1,480 mg sodium.

Good Housekeeping

No-Cook Shrimp Rolls

A fresh carrot salad gives these creamy sandwiches a burst of flavor and crunch.

- 4 small radishes (thinly sliced)
 - 2 scallions (thinly sliced into matchsticks)
 - 1 small carrot (peeled into ribbons)
 - 4 tablespoons fresh lime juice
 - 1/4 cup mint leaves
 - 3 tablespoons mayonnaise
 - 1 tablespoon gochujang
 - 4 buns
- Remaining shrimp from Charred Shrimp and Avocado Salad

1. In medium bowl, toss small radishes, scallions and small carrot with 2 tablespoons fresh lime juice; fold in mint leaves.
 2. In large bowl, whisk together mayonnaise, 2 tablespoons fresh lime juice and gochujang. Remove and discard tails from reserved shrimp, if any. Cut shrimp into pieces and toss with sauce. Fill buns with shrimp mixture and top with carrot ribbon salad. Serves 4.
- Each serving: About 375 calories, 14.5g fat (2.5g saturated), 30g protein, 1,525mg sodium, 30g carbohydrates, 2g fiber.

Good Housekeeping

Potted Cheddar and Beer Spread

The flavors in this recipe were borrowed from the famous dish Welsh Rabbit, where Cheddar cheese and beer are melted together and served over toast. Include some nice biscuits with this, such as water crackers or plain flatbread crisps.

- 1/2 pounds (6 cups) extra-sharp Cheddar cheese, shredded
- 1 can (12-ounce) beer
- 6 tablespoons (3/4 stick) margarine or butter, softened
- 1 tablespoon Dijon mustard
- 1 tablespoon Worcestershire sauce
- 1/8 teaspoon ground red pepper (cayenne)
- 1/8 teaspoon ground nutmeg

1. In large bowl, combine cheese and beer. Let stand 30 minutes or until cheese softens.
 2. In food processor with knife blade attached, blend cheese mixture, margarine or butter, and remaining ingredients 3 to 5 minutes until smooth.
 3. Pack cheese into crocks or decorative airtight containers and store in refrigerator up to 1 month or in freezer up to 3 months. To serve, let cheese stand at room temperature 30 minutes or until soft enough to spread. Makes about 5 cups.
- Each serving: About 45 calories, 4g total fat (2g saturated), 9mg cholesterol, 70mg sodium, 0g carbohydrate, 2g protein.

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Theft on the 1200 block of West Cornelia Avenue.

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Assault on the 1400 block of North Mohawk Street.

Assault on the 1400 block of West Hollywood Avenue.

Theft on the 800 block of North Milwaukee Avenue.

Burglary on the 2100 block of West North Avenue.

Theft on the 1800 block of West Montrose Avenue.

Theft on the 1400 block of North Throop Street.

Theft on the block of West Chicago Avenue.

Theft on the 1700 of West Fullerton Avenue.

Vandalism on the 3700 block of North Broadway.

Vandalism on the 1900 block of West Fullerton Avenue.

Theft on the 1500 block of West Fullerton Avenue.

Theft on the 1100 block of West Foster Avenue.

Theft on the 3500 block of North Broadway.

Burglary on the 4500 block of North Ashland Avenue.

Theft on the 100 block of North Division Street.

Assault on the 1600 block of West North Avenue.

Theft on the 2300 block of West Wabansia Avenue.

Burglary on the 200 block of West Montrose Harbor Drive.

Assault on the 4100 block of North Marine Drive.

Theft on the 1500 block of North Damen Avenue.

Theft on the 2600 block of North Lakeview Avenue.

Assault on the 1100 block of West Thornedale Avenue.

Assault on the 4000 block of North Ashland Avenue.

Theft on the 1500 block of North Clybourn Avenue.

Theft on the 900 block of West Fletcher Street.

Assault on the 1300 block of West Cleveland Avenue.

Theft on the 1200 block of North State Parkway.

Robbery on the 3500 block of North Clark Street.

Theft on the 1600 block of West Foster Avenue.

Theft on the 2300 block of Wabansia Avenue.

Theft on the 500 block of West Deming Place.

Theft on the 5000 block of North Clark Street.

Theft on the 2400 block of West Homer Street.

Theft on the 100 block of West Oak Street.

Theft on the 1300 block of North Cleveland Avenue.

Theft on the 3500 block of North Halsted Street.

Assault on the 3000 block of North Clybourn Avenue.

Assault on the 2400 block of North Elston Avenue.

Shooting on the 3600 block of West Armitage Avenue.

Burglary on the 2900 of West Diversey Avenue.

Robbery on West Eddy Street and North Clark Street.

Robbery on the 2000 block of North Hoyne Avenue.

Robbery on the 1700 block of North Fullerton Avenue.

Vandalism on the 1900 block of West Fullerton Avenue.

Theft on the 1500 block of West Fullerton Avenue.

Theft on the 2900 block of West Diversey Avenue.

Theft on the 3500 block of North Broadway.

Burglary on the 4500 block of North Magnolia Avenue.

Assault on the 1600 block of West North Avenue.

Assault on the 3000 block of North Pulaski Road.

Assault on the 4200 block of North St. Louis Avenue.

Assault on the 4900 block of North Harding Avenue.

Vandalism on the 2500 block of North Avers Avenue.

Assault on the 4100 block of North Marine Drive.

Theft on the 1500 block of North Damen Avenue.

Shooting on North Rockwell Street and West Glenlake Avenue.

Shooting on the 3600 block of West Armitage Avenue.

Assault on the 4800 block of North Francisco Avenue.

Theft on the 1200 block of West Cornelia Avenue.

Assault on the 6000 block of North Mozart Street.

Arrest made on the 2700 block of West Evergreen Avenue.

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IMMIGRATION-RELATED CRIME

Immigration-related crime in Chicago, particularly surrounding recent Operation Midway Blitz in 2025, has involved federal targeted enforcement against undocumented immigrants, including those with criminal records. While some reports highlight arrests of individuals involved in gangs or violent acts, a significant portion of detainees (nearly 97%) in recent federal actions lacked prior criminal records.

Key Aspects of Immigration and Crime in Chicago 2025-2026
Operation Midway Blitz: This federal operation targeted undocumented individuals with criminal histories in the Chicago area, including surrounding suburbs.

Arrest Data: Although targeted at criminals, data showed that out of hundreds of arrests, a very high percentage had no criminal records, sparking debate about the nature of the enforcement.

Types of Crimes: Reports indicate arrests of individuals involved in serious offenses such as armed robbery, domestic battery, and sexual abuse, as well as gang related activity. Other reports suggest many interactions with police are or lower level, nonviolent offenses, such as traffic or theft.

Sanctuary City Conflict: Federal efforts have highlighted a tension between federal immigration enforcement and local, state level sanctuary policies, with instances of Cook County Jail releasing individuals despite ICE detainees.



What's Hot In Hollywood & Gardening

HOLLYWOOD -- Leonardo DiCaprio considered playing the late daredevil **Evel Knievel** for director **Damien Chazelle's** ("La La Land") upcoming film but opted instead to do another film with **Martin Scorsese**, who is now 83. Chazelle will likely wait until DiCaprio becomes available again. DiCaprio, 51, has never been married or seriously linked to anyone except a few models. ... It could be that he's married to his work!



Depositphoto

Leonardo DiCaprio ("One Battle After Another")

being spare parts of junk to Great Britain's top spy hunk!

Once, we had classic films that were story-driven and starred legendary superstars, like "Gone with the Wind" (with **Clark Gable** and **Vivien Leigh**); "The Wizard of Oz" (with **Judy Garland**); and "Wuthering Heights" (with **Laurence Olivier** and **Merle Oberon**). Now the top-10 grossing films of all time are based more on comic books than historic novels.

The No. 1 film of all time is "Avatar" (2009) with just under \$3 billion. No. 2 is "Avengers: Endgame" (2019) at \$2.8 billion. No. 3 is "Avatar: The Way of Water" (2022) at 2.3 billion. No. 4 is "Titanic" (1997) at \$2.25 billion. No. 5 is "Ne Zha 2" (2025) at \$2.2 billion. No. 6 is "Star Wars: The Force Awakens" (2015) at \$2.06 billion. No. 7 is "Avengers: Infinity War" (2018) at \$2.04 billion. No. 8 is "Spider-Man: No Way Home" (2021) at \$1.9 billion. No. 9 is "Zootopia 2" (2025) at \$1.7 billion. No. 10 is "Inside Out 2" (2024) at \$1.6 billion.

"Titanic" would still be No. 1, but ticket prices were lower in 1997. "Top Gun: Maverick" (No. 15) and "Barbie" (No. 17) were story-driven in the old-fashioned way but couldn't crack the top 10.

Tom Selleck's been trying to make a sixth "Jesse Stone" TV film. His last "Jesse Stone" was "Lost in Paradise" (2015), and it was on the Hallmark Channel. The new "Jesse Stone: The Last Watch" will again be for Hallmark and is rumored to star **Kathy Baker**, **William Devane**, **Gloria Reuben** and **Stephen McHattie**. The Hallmark Mystery channel will have to commit to a two-picture deal.

Jacob Elordi received Critics Choice and Golden Globe nominations for "Frankenstein," as well as a Best Supporting Actor nomination at the Oscars. Perhaps this is why Universal, who is always trying to revive their monster roster, are preparing a new "Mummy" movie. The original starred **Boris Karloff** in 1932.

Brendan Fraser starred in three "Mummy" films in 1991, 2001 and 2008, and **Tom Cruise** made one in 2017. This new one will star 33-year-old Irish actor **Jack Reynor**, but Fraser said that he also wants to star in "The Mummy 4."

On Feb. 11, we'll get to see Elordi in "Wuthering Heights" with **Margot Robbie**. With all his award buzz, Elordi, at 28, is now the top contender to play James Bond. He'll graduate from

Ramon since 2022.

The Chia Pet made its debut in 1977, and there have been many pets that were made to resemble famous people such as Homer Simpson, Sophia of "The Golden Girls," Oscar the Grouch, Hello Kitty, Abraham Lincoln, The Mandalorian from "Star Wars," Godzilla, and even our current president! But they're taking it up a notch ...

It's been announced that they'll be making a major motion picture starring -- you guessed it -- the Chia Pet! Have they finally run out of things to make movies about?

When Universal Pictures invested in the Broadway production of "Wicked" in 2003, they had no idea it would earn them \$1.8 billion over the next 22 years. No doubt the big money signs from Broadway colored their judgment when they split the movie version into two parts. If they had heeded the reviews from Broadway critics who all wrote that Act II of "Wicked" had no great songs and was not as satisfying as Act I, they would have curbed their greed and not split it into two films.

"Wicked: Part I" received glowing reviews and 10 Oscar nominations including Best Picture, Best Actress, and Best Supporting Actress, but it only won two Oscars for Best Costume Design and Best Production Design. "Wicked: Part I" earned a big \$758.8 million, while "Wicked: For Good," made \$527.8 million (probably because of great audience expectations). "Wicked: For Good" didn't receive a single Oscar nomination -- not one. Guess "Wicked: For Good" couldn't make it "Over the Rainbow!"



Courtesy of Vestron Pictures

Jennifer Grey and Patrick Swayze in "Dirty Dancing" (1987)

HOLLYWOOD -- For many years, **Jennifer Grey** has been trying to launch a sequel to "Dirty Dancing" (which made \$214 million in 1987) and, again, play Frances "Baby" Houseman. Grey confesses, "The role of Baby has held a very deep and meaningful place in my heart, as it has in the hearts of so many fans over the years. I've long wondered where we might find Baby years later ..."

More importantly, where will they find a leading man like **Patrick Swayze**, who passed away in 2009 at 57 from pancreatic cancer? Has it been too long since the first film? Can they find an actor who can match the charisma that she and Swayze brought to the screen? Stay tuned!

Brad Pitt has never rested on his laurels. The 62-year-old superstar elevated his recent sports film "F1," which became the highest-grossing auto-racing film of all time. "F1" grossed \$633.1 million and earned four Oscar nominations, including Best Picture.

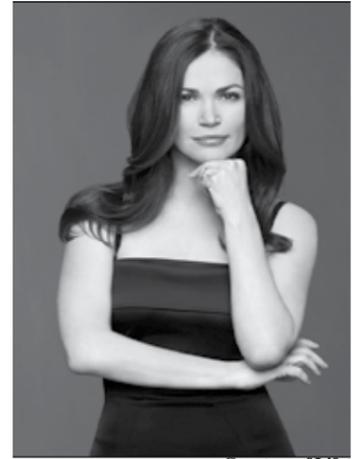
Next up, Pitt is in the action-adventure film "Heart of the Beast" with **J.K. Simmons**. He's also just wrapped "The Adventures of Cliff Booth," which was written as a sequel by **Quentin Tarantino** to "Once Upon a Time in Hollywood" (2019). **Scott Caan** and **Elizabeth Debicki** (of "Guardians of the Galaxy") co-star in the film with him.

Pitt's been dating jewelry executive **Ines de**



by Dana Jackson

Q: I saw a news story about **Kim Delaney's** personal life recently. I remember watching her on "All My Children" as **Jenny** when I was younger. Is she doing OK? Is she still acting? -- W.E.



Courtesy of Lifetime

Kim Delaney as Claudia Joy Holden in "Army Wives"

A: The love story between **Jenny** and **Greg** is probably only second to **Luke** and **Laura's** in ABC daytime soap history. **Kim Delaney** earned a Daytime Emmy Award nomination for the role of **Jenny Gardner** on "All My Children" -- her first major role. Her time on "AMC" was brief for soap standards, only three years (1981-1984), before she pivoted her career to feature films.

While she never became a movie star, her career did take off once again when she was cast as **Detective Diane Russell** in the hit series "NYPD Blue." It was only supposed to be for four episodes, but fans (likely many who knew her from her soap opera days) responded well to her performance opposite **Jimmy Smits' Detective Bobby Simone**. She was then offered a contract and even won an Emmy in 1997 for the role.

In 2007, she landed another hit show -- a soapy drama series on Lifetime called "Army Wives," where she played **Claudia** until 2012. In 2020, "General Hospital" lured her back to daytime television with an offer to play **Jackie Templeton**, a popular character whom **Port Charles** hadn't seen since **Demi Moore** departed from the role in 1984. **Delaney** left "GH" in 2021, and her last on-camera role was a recurring one on NBC's "Chicago Fire." She has no upcoming projects listed on her IMDb page at this time.

Emma Roberts. Pop superstar/actress **Ariana Grande** ("Wicked") is also said to be joining the cast. Filming is said to begin this month or in March.

Q: I remember seeing the **Tom Hanks** movie "The 'Burbs" in theaters back in the day and want to check out the new TV series of the same name. Is that **Julia Duffy** I see on the commercials? I loved her on "Newhart"! -- J.J.

A: Yes, that's the hilarious comedic actress **Julia Duffy** occupying the neighborhood in the new Peacock series "The 'Burbs," which is said to be loosely based on the 1989 movie of the same name. The series stars **Keke Palmer** ("Nope") and **Jack Whitehall** ("Bad Education") as a young couple who move back into the husband's childhood home, which is surrounded by creepy -- and nosy -- neighbors. The eight-episode first season of "The 'Burbs" is currently available to binge on Peacock.

Send me your questions at NewCelebrityExtra@gmail.com.

Q: When is the next chapter of "American Horror Story" coming out, and what is it about? -- J.K.

A: The 13th season of **Ryan Murphy's** anthology series "American Horror Story" will premiere on FX on Halloween later this year. The story is said to be related in some way to prior season three's "Coven" and season eight's "Apocalypse" stories. It will usher in the return of **Murphy's** muse, **Sarah Paulson**, and other favorites like **Even Peters**, **Jessica Lange** and



Planning your growing space

- Consider a container garden if you have a small space or a patio. Compact veggies like peppers like to grow in pots.
- For smaller properties, a raised garden bed gives more space and control than containers, but less permanent than in-ground beds. They're great for root crops, onions, garlic, cabbage, zucchini and squash.
- An in-ground garden works if there is full sun, good soil and space for what you'll grow. This requires the most time and effort. Corn, tomatoes, winter squash and perennial herbs like more space to grow. -- *Brenda Weaver*

Source: thehomesteadchallenge.com

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Southern start

- In Texas, Georgia, Florida and other southern states, February is the start of garden season.
- It's time for southerners to plant root vegetables, including carrots, beets, and onions sets. Plant your peas if you haven't already, and get your cabbages, kales, and broccoli in the ground.
 - Cut back ornamental grasses and dead stalks on perennials.
 - Transplant snapdragons and pansies. Direct seed poppies and sweet peas.
 - Give the compost pile a flip. -- *Brenda Weaver*

Source: www.bhg.com

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The rose variety "Gertrude Jekyll"

was named "World's Favourite Rose" by the World Federation of Rose Societies at its May 2025 convention held in Fukuyama, Japan. Rose enthusiasts all over the world love its vibrant pink color, its elegant shape, large blooms loaded with petals from late spring through fall, and its exquisite perfume. A Gertrude Jekyll rose needs a minimum of 4 hours of sunlight per day during the growing season, well-draining soil and adequate air circulation around it.

-- *Brenda Weaver*

Source: theflorajournal.international, www.bhg.com, www.worldrose.org

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Comics

Out on a Limb



by Gary Kopervas

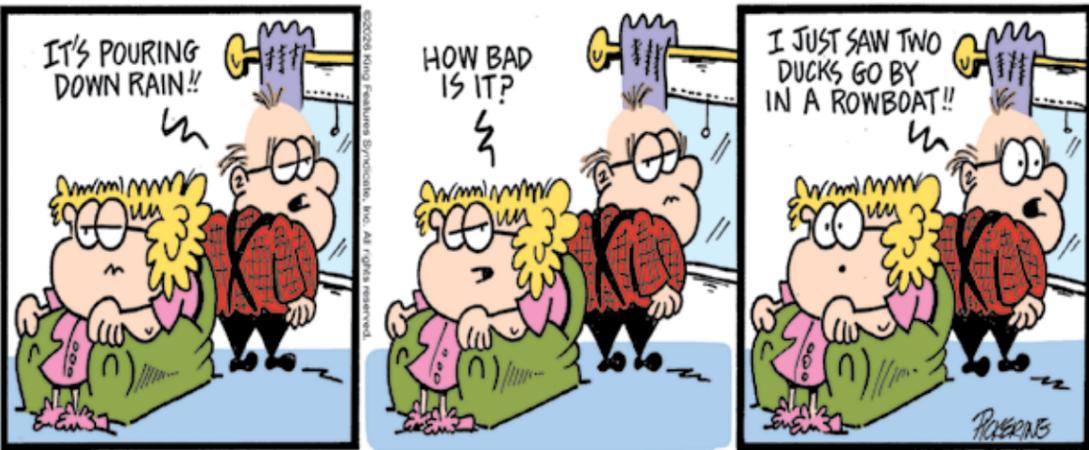


Amber Waves



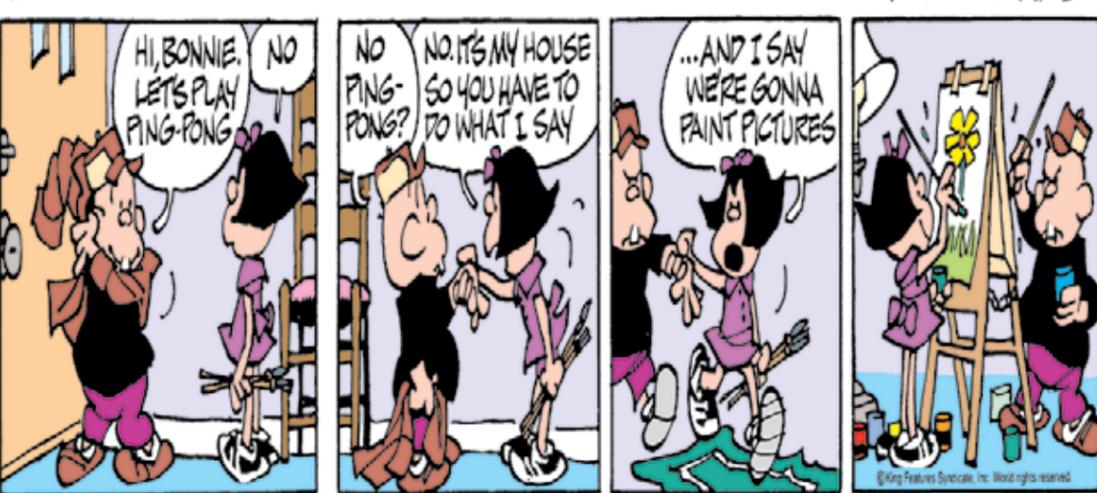
by Dave T. Phipps

The Spats



by Jeff Pickering

TIGER



by BUD BLAKE



Puzzles4Kids

by Helene Hovanec

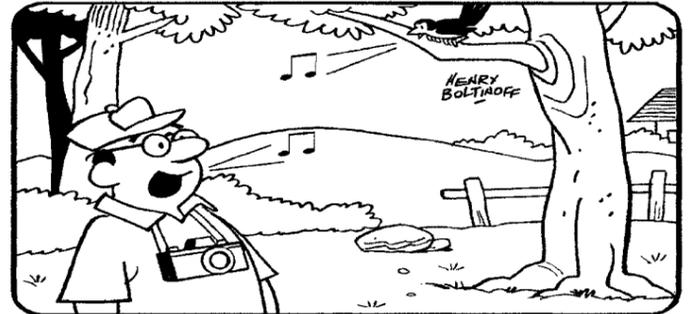
RIDDLE SEARCH - PLACES TO SHOP
 Look up, down, and diagonally, both forward and backward to find every word on the list. Circle each one as you find it. When all the words are circled, take the UNUSED letters and write them on the blanks below. Go from left to right and top to bottom to find the answer to this riddle: **How do meowing animals do their Christmas shopping?**

BAZAAR	B O U T I Q U E F F
BOOKSTORE	O A M I N I M A L L
BOUTIQUE	O R Z K I O S K O E
EMPORIUM	K M M A C T A T G A
FAIR	S U R I A F T R A M
FLEA MARKET	T E A L L R E O L A
GALLERY	O S L A Z A L P L R
KIOSK	R U G D N A T S E K
MART	E M P O R I U M R E
MINI-MALL	S P E T S H O P Y T
MUSEUM	
OUTLET	
PET SHOP	
PLAZA	
STALL	
STAND	

Riddle answer: _____

HOCUS-FOCUS

BY HENRY BOLTIHOFF



Find at least six differences in details between panels.



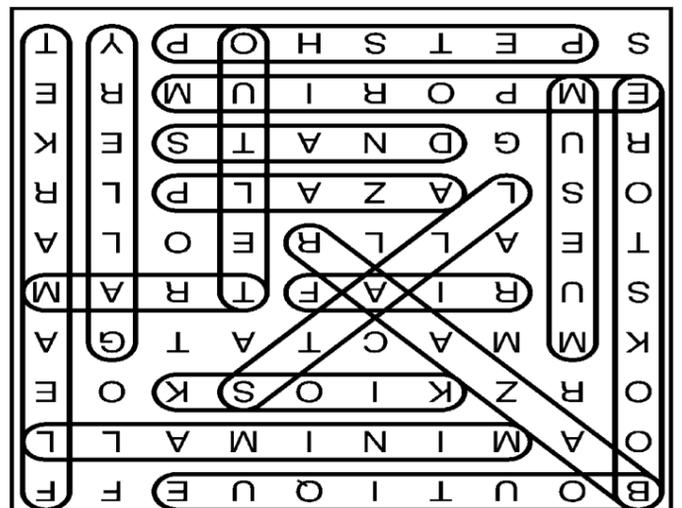
Differences: 1. Camera is lower. 2. Music note is higher. 3. Rail is added to fence. 4. Cap is different. 5. Hill is added. 6. Tree trunk is thicker.

Just Like Cats & Dogs

by Dave T. Phipps

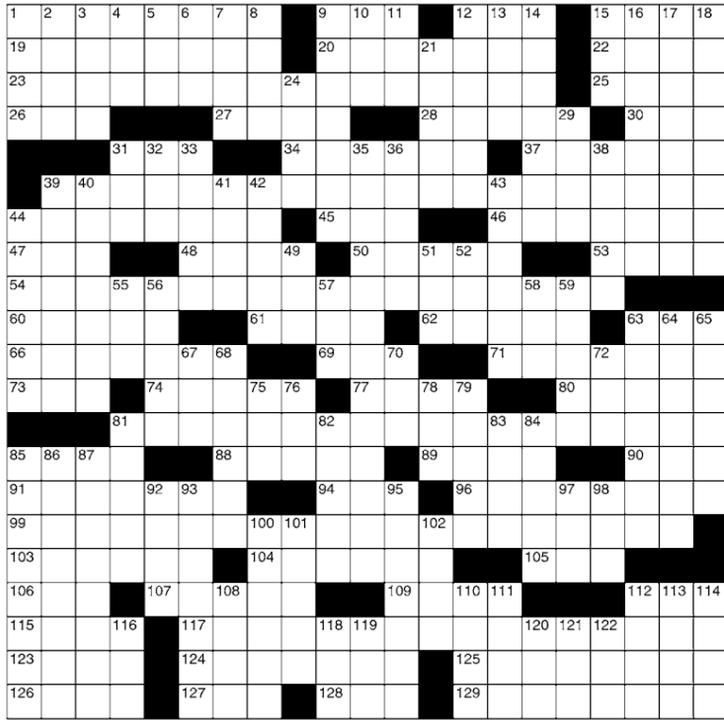


Riddle Answer:
 From catalogs.



Crossword

Super Crossword



- ACROSS**
- 1 Soft drink giant
 - 9 Pappy
 - 12 "Botch-..." (old hit song)
 - 15 Masticate
 - 19 Oval wind instruments
 - 20 Took too far
 - 22 Put concrete on
 - 23 Start of a riddle
 - 25 Partially
 - 26 Heir, often
 - 27 Penta- plus one
 - 28 Spitting beast
 - 30 Everything
 - 31 Unusual
 - 34 "Our Gang" novelist Roth
 - 37 Actress Peet of "Trust Me"
 - 39 Riddle, part 2
 - 44 Leonardo of "Titanic"
 - 45 Curvy letter
 - 46 Given a permanent post
 - 47 Cereal grain
 - 48 Computer menu option
 - 50 Prefix with chemistry
 - 53 Curiosity's planet
 - 54 Riddle, part 3
 - 60 Palatable
 - 61 Computer menu option
 - 62 Revise, as a manuscript
 - 63 Yank's home
 - 66 Try to be like
 - 69 A couple of
 - 71 Mice, e.g.
 - 73 House divs.
 - 74 Kinda
 - 77 And higher, as in price
 - 80 Perfect
 - 81 Riddle, part 4
 - 85 Dalai —
 - 88 Contaminate
 - 89 Big burden
 - 90 Sports draw
 - 91 Paper-folding craft
 - 94 Part of BTW or OTC
 - 96 "Allow me to assist"
 - 99 End of the riddle
 - 103 Allergy sufferer's device
 - 104 White swan in "Swan Lake"
 - 105 Audit org.
 - 106 Spy's device
 - 107 With
 - 112-Across, "Hold on!"
 - 109 Sneak attack
 - 112 See
 - 107-Across
 - 115 Akron's state
 - 117 Riddle's answer
 - 123 Painter Vincent
 - 124 Fastening feature of many a face mask
 - 125 Ultimate consumers of products
 - 126 With
 - 83-Down, Italian veal dish
 - 127 Zine staffers
 - 128 Antis' votes
 - 129 Occupied, as an inn
 - DOWN**
 - 1 Female whales
 - 2 Eight, in Peru
 - 3 "Misery" actor James
 - 4 Prado display
 - 5 102, to Nero
 - 6 Walk- (small roles)
 - 7 Plastering strip
 - 8 Arthur of tennis
 - 9 Troy of "A Summer Place"
 - 10 Gardner or DuVernay of film
 - 11 Biden's party, Abbr.
 - 12 Basketball coach Rupp
 - 13 Re-sol linkup
 - 14 Boiled, salted soybeans
 - 15 1040 pro
 - 16 Dance similar to the tango
 - 17 Unsaintly soul
 - 18 Marshy habitats
 - 21 Holy artifact
 - 24 Trade show
 - 29 "So true!"
 - 31 Fertilizable cells
 - 32 Chip go-with
 - 33 Actress Bo
 - 35 "The risks outweigh the benefits"
 - 36 Intense beam
 - 38 Some reunion-goers
 - 39 U.S. women's soccer star at the Atlanta Olympics
 - 40 Living ink squirter
 - 41 Assistant
 - 42 Idaho's capital
 - 43 Person doing penance
 - 44 One searching for water with a divining rod
 - 49 Tariff
 - 51 Sporty truck, in brief
 - 52 Daiquiri base
 - 55 "Cool" cash amount
 - 56 Very little, as of salt
 - 57 Tantrum
 - 58 Brian of electronics
 - 59 Give as a bonus
 - 63 Like wasted food
 - 64 In a theatrical manner
 - 65 Snoozing
 - 67 Shoe tip
 - 68 Like Nin's writings
 - 70 "Mind Train" singer Yoko
 - 72 Baseball great
 - 75 Old Pan Am competitor
 - 76 "Shy" singer DiFranco
 - 78 ET's craft
 - 79 Fail to keep one's cool
 - 81 Return to base after a fly ball
 - 82 — nous
 - 83 See
 - 126-Across
 - 84 "Likewise"
 - 85 African capital on the Gulf of Guinea
 - 86 Wyoming tribe members
 - 87 Small swine breeds
 - 92 Several
 - 93 Plant-eating sea mammal
 - 95 Catches in a snare
 - 97 "Planet Money" ailer
 - 98 Includes
 - 100 People lugging things
 - 101 Politician Mo, Mark or Tom
 - 102 Ship's rigging
 - 108 "If only — known!"
 - 110 — of March
 - 111 Taboo thing
 - 112 Litigated
 - 113 Poet Pound
 - 114 "— ia viel"
 - 116 "Well well!"
 - 118 Charged atom
 - 119 Animal park
 - 120 Rx
 - 121 Watchdog
 - 121 Dude
 - 122 Suffix of enzymes



Why spay/neuter programs work

DEAR PAW'S CORNER: You often write about feral cat control programs like TNR (trap, neuter, return) and advocate for spaying and neutering. But, do these programs actually work? Because I still see feral cats near my neighborhood every day. — Janine in Spring Hill, Florida

DEAR JANINE: Thank you for spotlighting feral cat programs! Yes, TNR and TNVR (trap, neuter, vaccinate, return) programs have been going on long enough that the organizations running them have collected plenty of data showing that "community cat" populations have declined and stabilized. In fact, there's an organization in your area, Paw Warriors Inc. (pawwarriorsinc.com), that supports these efforts and maintains a no-kill shelter for abandoned cats and feral cats who can no longer fend for themselves outside.

For decades, the University of Florida and the University of Central Florida have had TNR/TNVR programs. Both reported a significant reduction in feral cat populations after the first one to two years — over 66%. Kittens were put up for adoption, and the remaining adult cats were returned to their colonies. The feral cat population remained small but stable afterward. In Washington, D.C., Alley Cat Allies, an advocacy organization formed in 1990, started a TNR program with a feral cat colony. Within seven years, the colony dropped from 54 to just six adult cats; these remaining cats lived longer, healthier lives with the last cat passing away at age 17!

The studies found that TNR/TNVR programs were highly effective even if just over half of a colony was treated. Fewer kittens were born, fewer diseases were transmitted between cats, and fewer fights took place.

When you next see a feral cat near your neighborhood, look closely to see if they have a "tipped" ear (a chunk cut out of the top). This shows that the cat was trapped and neutered or spayed, and that the colony is being monitored.

Send your tips, comments or questions to ask@pawscorner.com.

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4934 S. Knox Ave, Chicago, IL 60632

Please run the ad _____ times.

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Horoscope



ARIES (March 21 to April 19) There could be some negative reaction to your tough stance when making a recent decision. But overall, your efforts result in well-earned recognition and all that can follow from this.

TAURUS (April 20 to May 20) Your financial situation seems confusing, even for the fiscally savvy Bovine. Maybe it's the conflicting advice that you're getting. Check it out before things get too tangled to unknot.

GEMINI (May 21 to June 20) A relaxed attitude goes a long way in helping you deal with any of life's irritants that might be popping up this week. You're also a reassuring role model for others in the same situation.

CANCER (June 21 to July 22) Your aspect favors creativity, which should persuade you to work on your artistic projects. If time is a problem, prioritize your commitments so that your work isn't compromised.

LEO (July 23 to August 22) Scrutinize all the job offers that interest you. Most are honest and worth considering, but a few might not be completely forthcoming about what the job is and what the salary and benefits are.

VIRGO (August 23 to September 22) An unexpected snafu could delay the completion of a project that you're eager to finish. Find out what's causing it, fix it, and if you need help, don't be shy about asking for it. Good luck!

LIBRA (September 23 to October 22) An idea that could be helpful to

you comes from an unlikely source. Listen to it. Discuss it. If necessary, adjust it. If it looks as if it might work out quite well, go ahead and use it.

SCORPIO (October 23 to November 21) Be careful about allowing someone to share a very personal secret with you. This could cause problems down the line with others who are involved in this person's private life.

SAGITTARIUS (November 22 to December 21) A cooling down of a relationship could be the result of neglect — unintended or not. To save it from icing over, you need to warm it up with a large dose of hot Sagittarius passion!

CAPRICORN (December 22 to January 19) This is a good time to get involved with a number of family matters that deal with money or other issues that might jeopardize the closeness between and among family members.

AQUARIUS (January 20 to February 18) Cheer up! A difficult person who appears to be deliberately stalling your project might just need to be reassured of the value that they bring to it.

PISCES (February 19 to March 20) Good news! Expect to feel reenergized now that you've gone through a stressful energy-depleting period that involved a lot of changes. Now, go out there and show them what you can do!

BORN THIS WEEK: You have a warm, giving nature that inspires many to follow your example. You show all of us what it's like to lead with love.

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Weekly SUDOKU

5	7	3						
			7	1	5			
8	2	1	4	5		6		
1	8	4	2			9		6
	9				7	3	1	
	6		4					
6	3	9	7					8
		8		2	6	7	3	
7	5							6

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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Weekly SUDOKU

Answer

1	6	4	8	6	3	2	5	7
6	3	7	9	2	5	8	1	4
9	3	7	6	2	5	8	1	4
5	8	2	4	1	7	9	3	6
2	5	8	9	4	1	7	9	3
4	1	3	7	8	6	5	9	2
9	7	9	5	3	2	4	8	1
7	9	6	3	5	4	1	2	8
3	2	5	1	7	8	9	4	6
8	4	1	2	6	9	3	7	5

Super Crossword

Answers

A	T	L	V	D	E	Y	A	V	L	S	S	O	N	S	D	E	O	S	O
S	R	S	G	U	F	O	N	E	P	O	F	O	T	R	E	L	H	O	G
E	Z	U	A	V	A	D	O	D	V	Z	I	O	L	T	H	E	I	O	I
S	E	C	S	E	D	I	D	A	I	D	R	A	V	I	V	A	M	A	P
I	N	S	R	I	R	E	N	I	E	D	O	N	E	I	N	E	P	E	
A	N	P	A	W	O	C	C	N	I	E	R	O	T	C	F	I	N	M	
L	P	H	N	V	C	I	E	H	T	E	I	M	A	G	A	V	I	O	
I	E	I	E	S	U	N	O	L	N	I	V	A	T	A	M	V	A	L	
G	L	E	A	D	V	A	B	A	F	O	R	N	M	O	E	H	E	T	
I	E	A	D	I	D	P	N	O	N	O	A	T	A	R	O	S	S	M	
S	T	N	E	D	O	R	O	M	T	L	E	V	L	U	E	M	E	S	
V	A	U	S	D	N	E	M	E	L	I	X	E	S	D	I	F	A	S	
S	R	S	M	A	S	N	U	R	N	E	L	I	D	E	D	A	T	O	
D	R	U	N	E	T	S	E	S	O	I	R	P	A	P	O	I	D	I	
N	O	L	E	M	A	H	C	A	U	T	O	A	B	A	R	A	V	I	
O	A	N	D	A	V	A	P	L	I	P	H	A	B	D	D	O	D	O	
L	T	A	V	A	M	A	L	L	A	V	X	E	H	N	O	S			
T	I	B	A	F	O	E	M	A	V	E	H	L	T	A	V	H	M		
E	L	A	V	E	R	D	O	A	S	A	N	I	R	I	O	C	O		
W	E	H	C	E	A	M	E	A	D	A	D	A	L	A	C	O	C		

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Central Savings Rated

“Outstanding” for Community Reinvestment!

An “Outstanding” CRA rating is achieved by fewer than 10% of banks in the nation.

1 Year Jumbo CD

3.50% *APY

\$100,000 Minimum Balance

*Annual Percentage Yield (APY) is effective as of 12/12/2025 and may change at any time.
There may be a substantial penalty for early withdrawal, which may also reduce earnings.
\$100,000 minimum deposit required to open account.

Multi-Family (Apartment) Loans

Commercial Real Estate Loans

Up to \$4 Million

Quick Commitments

Credit Scores Not Considered

10 Year Loans

Low Income Loan Program

Deposit Accounts Not Required

Contact:

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